Thank you to our Senior Sounds volunteers for helping us prepare our newsletter to be mailed to YOU!

What’s Inside:

Pages 4-5 What’s Happening at BCSSI
Page 7 Enter our Coloring Contest!
Page 13 BCSSI Olympics
Page 14 Local Chef Serves Seniors

...And More!
Boone County Senior Services, Inc.

2020 Board of Directors

Don Barnett
Roger Burrus
Angie Caldwell
Sara Crew
Maili Davis
Zoe Farrow
Mary Grabianowski
Roger Henry
Eric Imboden
Pat Jones
Bonnie Klingler
Gina Middaugh
Marilyn Neese
Ann Newsom
Alan Quick

Anita Bowen
    Executive Director

Sonya Shoup
    Newsletter Editor, Director of Development

Mission Statement:
To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:
Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.
515 CrownPointe Dr., Lebanon, IN 46052
Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office
Zionsville Town Hall, Rm. 215
Open Wednesday & Friday
9:00AM-4:00PM or by appointment.
765-482-5220 or 317-873-8939
www.booneseniors.org

LIKE US ON facebook
@Bocoseniors

Boocoseniors
From the desk of our Executive Director Anita Bowen

I was kind of dreading my crazy schedule this spring. There was one particular week that my plate runneth over above and beyond with activities, meetings and other commitments. They were all important and good, but it still left me feeling anxious knowing that I’d be running from one day to the next. And then...the Coronavirus Pandemic hit and my plate was cleared. Although I’d not like to ever repeat this time in my life, I am grateful for the opportunity that I am having to “fill my plate” with things that I haven’t had on it in quite some time. Here are some examples:

- My family and I ordered a 500 piece Purdue puzzle (pictured) and each of us contributed to putting it together. I even have a photo to prove it! It is now a favorite wall hanging in our house as we glued it and framed it. We are also continuing to do puzzles together.

- I have dusted off old craft supplies. I didn’t focus on purchasing new items but found those “leftovers” that had been tucked away just waiting for me to use. I now have several pairs of handmade earrings and a few handmade cards that I will enjoy sharing with friends & family this year.

- I have finished reading two books and started another. Note: These books came from the BCSSI Bookshelf located in our Lebanon lobby. You must check it out if you have not already, and we can even deliver books to you.

- I am cooking! And, I confess, doing some baking, too, and using kitchen utensils that don’t always make it out of the cabinets and drawers. I will say that we are definitely eating well.

- I took some weightlifting and workout “lessons” from my 16-year-old son who is adamant about staying in shape while his school weight room and our YMCA are closed. I don’t want to stop exercising either. Our favorite form of “exercise” might be the indoor basketball games that we play at his mini hoop!

- I have rested.

- I have talked to family and friends, neighbors and other kind people just to check on them --- or they are checking on us at BCSSI.

Truly, it is such a wonderful feeling to know that so many community members have taken the time to call, text and e-mail asking how they can help our older adults in Boone County during this temporary difficult situation. It is another one of those times when I am proud to call Boone County my home.

I hope you each are not only surviving during the past several weeks, but that maybe you are thriving, and finding yourself filling your plate with unique and meaningful things that you haven’t done in a while, too. I’d love to hear how you are spending your spontaneous social isolation time this spring. Maybe you’ll share something with me that I want to try, too. Speaking of filling our plates, we have lots of activity time to make up for when we are able to be together again. Please keep checking our social media outlets, and/or give us a call to find out what’s happening at BCSSI. Sure hope to see you out and about soon.

We miss you all very much! Until Next Time,

Anita
Thank you to our many volunteers that help at the Gleaner’s Boone County Senior Mobile Food Pantry each month. Pictured is Jane Hammock, Kim Fortune and Jenny Lemen. For more information about the food mobile turn to page 13.

Our Classy Crafters enjoyed creating a personalized coaster with instructor Betty Henry. If you like to craft and make unique creations we would love to see you at an upcoming class. Classes are held the third Wednesday of each month. Turn to page 9 for more details. Please call ahead to register.

Thank you to our BATS drivers for dropping off BCSSI Care Kits in our community! If you know of a senior that would enjoy a Care Kits with activities and snacks, give us a call! We will personally deliver the kit to their home. Pictured is driver Doug McDonald.

Thank you BCSSI transit driver Michele Katssaros for bringing your beautiful dog Hemi for a visit!
Coffee Connection 2 Community collected items for the You’re Not Alone Program, which provides care packages to first time cancer patients and the Boone County Cancer Society. Special guest Police Captain Tyson Warmoth attended along with Clayton Shelburne, AKA the “Blanket Man”, who donated several blankets. To donate to the You’re Not Alone Program, you can mail a check to the Boone County Cancer Society, 117 W. Elm St., Lebanon, with You’re Not Alone in the memo or contact Diane Beltran at 317-518-3906.

Yvonne Welty assists a participant with canvas art during a recent Zionsville craft class. Thank you Yvonne for leading our class! A craft class is held monthly at the Lebanon and Zionsville offices. For more information turn to pages 9 & 10.

Lunch and Learn provides the opportunity for individuals to socialize, enjoy a FREE lunch, and listen to a variety of educational topics that affect older adults. Recently, Elaine Morrison, P.T. with Zionsville Physical Therapy spoke about dealing with arthritis and Elana Hart, N.P. from Witham Health Services spoke about heart health. Turn to pages 9 & 10 for more information.

SAVE THE DATE:

Boone County Senior Health & Wellness Expo
Saturday, October 3
9am-Noon
Boone County Fairgrounds
BCSSI Coloring Contest!
Color the picture located on the following page and mail back to BCSSI at 515 CrownPointe Dr, Lebanon, IN 46052 or drop in our drop box by Friday, May 15th! We will highlight our participants on social media and prizes will be awarded to our winners!

Coming Soon!!! BCSSI Coloring Hour!
Watch for more details to come!

Thank You
Thank you to the following organizations who granted financial support to BCSSI in response to COVID-19 and the work we do to assist Boone County older adults during this unique and challenging time.

- United Way of Central Indiana COVID-19 Community Economic Relief Fund (C-CERF), $20,000
- The Community Foundation of Boone County, $5,000
- Central Indiana Senior Fund, $20,000

Please DO NOT return the books, pass them along or donate them to the library book sale.
Collect Moments, Not Things!
Congratulations Kate Koehler, Assistant Director of Transportation, on your retirement! Thank you for your service and dedication of 14 years to BCSSI! You will be greatly missed!!!

We apologize for the following cancellations and postponements of these programs due to the COVID-19 restrictions:

- Lunch and Laugh with Al Curtis “A Few People I Met Along the Way” is rescheduled for Wednesday, October 7.
- Lunch and Learn on the Road for May 27 to The Lakehouse Grill and Culver Academy is cancelled. All participants who signed up will be contacted to make arrangements.
- Alzheimer’s workshop for May 7 is cancelled
- Vermont trip is postponed and will be held September 26 – October 2, 2021
- New York trip is cancelled
- Art & Photography contest is cancelled
- Book Club for May is cancelled
- The Foundation Legacy Dinner is rescheduled for September 5
- Theatre Thursdays cancelled due to the closing of the Lebanon 7 movie theater
Legal Assistance
Free legal assistance is offered monthly on the third Tuesday. Call BCSSI for an appointment.

Classy Crafters
Classy Crafters meets each month on the third Wednesday at 1:30PM.

Coffee Connection 2 Community
Join us on the second Thursday of each month at 9:30AM for Coffee and Conversation.

Tech Time Tuesday Time Change
Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get free independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. Every Tuesday from 9:00AM-12:00PM. Call BCSSI for an appointment.

Game Day
Every Wednesday from 1:30-3:30. Come for card games, dominoes, Bocce Ball, etc. Bring some snacks to share and come play with us! Players are responsible for organizing enough players for their table.

Lunch & Learn
Join us for a FREE Lunch & Learn about current topics that affect seniors and their caregivers. The luncheon is the first & third Wednesday of the month at noon and is limited to 30 people. For reservations call BCSSI.

Art Class
Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is $5 per class. Shirley will work with beginner or intermediate students and any medium. There will be an all day art class monthly on the second Thursday from 9:30AM-3:30PM. Cost is $10 for the full day. Call BCSSI to register.

Cover to Cover Book Club
Resuming Soon!
Book Club meets the first Thursday of each month at 1:00PM. It has been cancelled for May.

*Mentative*
Muffins and Masterpieces-FREE
Thursday, May 28 from 1:30-3:30PM. Call BCSSI to register. Sponsored by CrownPointe.
May/June Activities Zionsville
Call 317-873-8939 for Registration and Information
Zionsville activities are held in various facilities

Please check our Facebook page or call our office for program availability...thank you for your understanding!
We will not take reservations for activities until our office reopens.

SHIP Counseling & CICOA Benefits
Cancelled - Resuming Soon!
CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, and more.

Caregiver Support Group
The group meets the 2nd Wednesday of each month from 6:00-8:00PM at the Zionsville Town Hall, 1100 W Oak St., Rm. 203. Jessica Evans, BCSSI Director of Outreach, and Anson Senior Living will facilitate. Call BCSSI to register.

Art Class
Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. Class is held in Room 205 of the Zionsville Town Hall. Cost is $5.00 per class.

Zionsville Crafts
Join us monthly on the second Friday at 1:30PM. Call BCSSI to register.

Lunch and Learn
2nd and 4th Friday of the month at noon. Lunch is free to the first 30 registrants in the Zionsville Town Hall Community Room. Call BCSSI to register.

Coffee Connection/Sip & Learn
You are invited to join us at Zionsville Fire Station #91 monthly on the first Friday at 10:30AM, for coffee and information. Sip & Learn is cancelled for May. Sponsored by: Copper Trace Family-first Senior Living.

*Tentative*
Alzheimer's Association Workshop: Understanding Alzheimer's & Dementia
Wednesday, June 3 from 2:00-3:30PM in the Zionsville office.
This is an educational program covering the basics of Alzheimer's & dementia. Join us to learn more about the relationship between Alzheimer's & dementia, risk factors, FDA-approved treatments and what's on the horizon for Alzheimer's research. RSVP to BCSSI.
Get Out and Go with BCSSI!

**Trips depart from:** BCSSI Lebanon
Zionsville, Thorntown or Jamestown pick-up available for some trips

<table>
<thead>
<tr>
<th>Shopping</th>
<th>Special Interest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tippecanoe Mall (Tentative)</td>
<td>Eagle Creek Park &amp; Lunch at Anson</td>
</tr>
<tr>
<td>Tues. June 30 9:00AM $6.00</td>
<td>(Tentative)  Thurs. June 25 9:30AM $6.00</td>
</tr>
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</table>

Lunch and Learn on the Road
To Lake Maxinkuckee, Culver Academy & The Lakehouse Grille
May 27
CANCELLED
All participants who signed up will be contacted to make arrangements.

Peru Amateur Youth Circus
& Harvey Hinklemeyers
Saturday, July 11
Cost is $40

You will enjoy an up-close seat
at this famous three-ring production featuring youth ages 7 to 21!
Exploration at the Circus City Center...known since the 1800s as the Circus Capital of the World!
Lunch at the famous Harvey Hinklemeyers—
fresh food & fun with friends

*Registration begins Thursday, May 28*

Did you know that BCSSI can pick up your groceries and medications and deliver them to you so you can stay in the comfort and safety of your home?
We would love to help YOU!
Give us a call today!
765-482-5220 or 317-873-8939
Budget Friendly Foods to Keep in Your Home
Source: Purdue University Extension Nutrition Education Program eatgathergo.org

Having canned, dried and other shelf stable food items at home can ease the concerns of running out of food due to finances or if you can’t get to the grocery store. These nutritious foods taste great and provide a sense of well-being to those who are looking to stretch their food dollars or want to be prepared for emergencies. Studies show the nutritional content of canned foods is similar to cooked, fresh and frozen varieties, and they provide needed vitamins, and nutrients to our diet. Shelf stable foods are able to survive long periods of time without spoiling. Some canned or frozen foods can be higher in sodium or sugar. When possible, choose options that are whole grain, low in sodium, and have no added sugar.

Proteins: beans, lentils, peas-all either dried or canned, peanut butter, canned tuna, salmon, chicken and other meats, peanuts and other tree nuts.

Dairy: Powdered milk, shelf-stable milk, canned evaporated milk and some cheeses.

Grains: Rice, couscous, quinoa, tortillas, pastas, crackers, cornmeal and wheat flours

Fruits and vegetables: Anything called is a great option. Ideas for dried fruits include raisins, apricots, prunes and unsweetened applesauce.

Eggs: They are versatile, an excellent and economical source of protein, and eggs remain fresh in the refrigerator for at least one month.
The 6th Annual BCSSI Olympics will involve competition for those age 60+ during August 24-27, 2020, with several activities throughout Boone County! Events will include golf, bowling, track and field, basketball shoot, euchre, nature walk or fitness walk, swimming, line dancing, horseshoes, bocce ball, pickle ball and table tennis. Proceeds from the Olympics support the mission of BCSSI which promotes independence and provides enriching opportunities for older adults in Boone County.

Watch for registration information and a timeline of events in the next issue of the Senior Sounds newsletter.

Event details and a registration form will be available at www.booneseniors.org.

Thank you to Witham Health Services and Homewood Health Campus for serving as the presenting sponsors.

BCSSI Olympics Cheer Squad Call-Out!

Do you enjoy attending Olympic events and giving encouragement to the participants to do their best?
If yes, then contact BCSSI or Kay Martin for more information.

Cheer Squad coordinator:
Kay Martin 765-714-7167 or lplkay@gmail.com

Gleaner’s Boone County Senior Mobile Food Pantry

3rd Tuesday of each month, 11:00AM-1:00PM
DRIVE THRU SERVICE OFFERED ONLY
Check social media or call our office for the location pick-up which has been changing due to the COVID-19 restrictions.
Must be 55 years of age or older, one per household
I.D. is required and bring your own bags or boxes!
Local Chef Serves Seniors
By: Indiana Connection
Posted February 25, 2020
BOONE REMC

Chef Rick Whiteman has structured his business to incorporate a love of cooking. Since he was a child, he has taken ownership of a farm to fork inspired mission to help those who have a need for nutritious cuisine. “I like knowing where my products come from and chemicals change the taste of the food,” Whiteman said. “I like to buy from local vendors: meat from Becker’s in Colfax, eggs from Zionsville … quality food from where you know what you are getting. It may cost a little bit more, but it is worth it.”

Whiteman’s business is threefold. He provides meal delivery out of his Fisher’s storefront Mondays, Wednesdays, and Fridays. He provides homemade, low cost soup for seniors in Boone County on Tuesdays and Thursdays. He also provides public and private cooking lessons. “There is a huge need for seniors,” Whiteman said. And Whiteman would know. He served on the Boone County Senior Services Board for 12 years and continues to work closely with Executive Director Anita Bowen by providing monthly menus that seniors can order 24 hours in advance at a discounted price and pick up at the senior center in Lebanon. “Rick is so generous,” Bowen said. “If he can find a way to help, he will do it. He understands that nutrition is critical to a senior’s health and he has been able to grow his passion and business around helping others.” Seniors can either pay Whiteman directly or they can leave the money at the Senior Center for collection. According to Bowen, the best thing about Whiteman’s soups is the variety.

“I like to take a recipe and change it and then work it and work it until I feel like I have it and then, test it on my client, and then, it goes to the website,” Whiteman said. “That is my niche. I always like to try something a little bit different. Quiches and soups are my favorites— that’s why I have the soup program.” Think Italian Sausage Spinach Tortellini or Cheeseburger French Onion. When it comes a little more exotic fare, think chocolate crusted steak or raspberry chocolate chicken. He loves to make chili or beef stew. None of them are run of the mill; they are always a little bit different. Seniors are taking advantage of the service. He has served as many as 100. However, anyone can go to his website and take advantage of his services at www.rickscookingschool.com or call 317-503-0745 or go to his Facebook page.

After having a kitchen in Zionsville for years, Whiteman has recently moved to his Fisher’s location. He rents out the facility as a commissary kitchen mostly for food trucks and farmers market vendors. He still lives in Zionsville in his 152-year-old Victorian home where he continues to draw inspiration from his childhood heroes, Julia Child and Jeff Smith. “I see my mother aging and the complications she has, and through the years I’ve wanted to help,” Whiteman said. “When I see seniors suffering, it breaks my heart. Even in high school, I felt a need to volunteer with seniors.” Whiteman has combined his love of two completely different things to fill a need in Boone County, taking his passion and providing healthy, nutritious meals for those who might go without.
Every May, the Administration for Community Living leads our nation’s observance of Older Americans Month. This year, they are pleased to announce the 2020 theme Make Your Mark!

This theme was selected to encourage and celebrate countless contributions that older adults make to our communities. Their time, experience, and talents benefit family, peers, and neighbors every day. Communities, organizations, and individuals of all ages are also making their marks. This year’s theme highlights the difference everyone can make – in the lives of older adults, in support of caregivers, and to strengthen communities.

To promote and celebrate go to: #OAM20 or for more information go to: https://acl.gov/oam/2020/older-americans-month-2020

Attention BCSSI & Foundation Donors…Did you see the implications for charitable organizations in the COVID stimulus bill?

If not, you can get an “above the line” credit for up to $300 in charitable gifts! What does this mean to YOU…?

This means that any donor can give up to $300 this year AND take the standard deduction. The Bill as passed states, “beginning in 2020” although the summary of the Bill states it is just for this year. We would count on it being more than just this year. With the new “giving now Tuesday" coming up on May 5, this could be ideal for small gifts.

Welcome to our newest transit driver Lynda Dominick!
Meal Vouchers Offered For Witham Health Services Cafeteria

BCSSI has applications for meal voucher cards that can be used at the Witham Cafeteria for breakfast and lunch. The meals are valued at $6.75 and will be offered to ages 60+ for a $1, $2 or $3 donation, based on income. You may use up to eight vouchers in a month.

Contact BCSSI with questions:
765-482-5220 or 317-873-8939
jevans@booneseniors.org

BCSSI is proud to have “shared” 160 pieces of personal equipment in 2019!! Thank you to Jenny Lemen for her wonderful leadership in organizing this program. See details below.

BCSSI offers a variety of **FREE** personal equipment such as walkers, canes, wheel chairs, shower benches, toilet seats & more.

**Give us a call!**
765-482-5220
317-873-8939

*We welcome donations!*

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**Caregiver’s Corner**

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact:
Jessica Evans
765-482-5220
317-873-8939
jevans@booneseniors.org

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BCSSI is certified as a Personal Services Agency by the Indiana State Dept. of Health and is an Equal Opportunity Employer.
Agency Memorial & Honorarium Gifts

In Memory of Gene Souders
  Don & Janet Barnett
  Russell & Helen Roberts

In Memory of Alvin Ping
  Bob, Anita and Brayton Bowen
  Joseph & Geraldine Fettig
  William Myers
  Ron & Marilyn Neese
  Jerry & Eva Bohannon
  Dick & Janet Self
  Gene & Denise Long

In Memory of Dan Carmichael
  Ron & Marilyn Neese

In Memory of Loretta Thacker
  Rod & Jean Rose

In Memory of Jayne Doolan
  Rod & Jean Rose

In Memory of Stephen Chinn
  George & Barb Anderson

In Memory of Mariam Lenox
  The Coons Siblings: Frances, Libby, Kate, Margaret, Barbara, Sarah, Jean, John & Matt

In Memory of Rosalie Maggart
  “500 Card Club”

In Memory of Richard Hitch
  Gene Ryan

In Memory of Herb Searles
  Lee & Chris Brown
  Christopher Nelson
  Cheryl Micallef

In Memory of Jerry Jones
  Betty Jones

In Memory of Fredia Spaulding
  Jim & Christina Bush

In Memory of Luanne McGhee
  Gulielma McGowan

In Memory of Eloise Anna Smith
  Gulielma McGowan

In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:
  • Benny Campbell, United States Air Force
  • Charles Slaughter, Philippines/Okinawa/ Purple Heart & Bronze Star medal
  • Jim Evans, Battle of the Bulge
  • Marion Adams, Italy/France
  • Russell Swisher, Marched in Paris Liberty Parade/Huertgen Forest/Battle of the Bulge
  • George Cox, Channel Crossing torpedo survivor/France
  • Dr. Robert Coons, combat medic ETO/ Purple Heart & Silver Star medals
  • Alvin Ping, WWII Submarine Crewman

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Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):
  _____A donation to the Agency
  _____A donation to the Foundation
  _____A memorial in memory of: ________________________________________________
  _____An honorarium in honor of: ______________________________________________

Please send notification card to: ____________________________________________

Street Address: _____________________________________________________________
City, State, Zip: ____________________________________________________________

Thank you for your gift. Please mail form with payment to:
BCSSI, 515 CrownPointe Dr., Lebanon, IN  46052

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17
Let BATS take you door to door!

Boone Area Transit System
County Wide, All Ages
482-5220 or 317-873-8939
Monday-Friday
7:30AM-4:30PM

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2020

Due to increasing demand please allow 2 weeks notice to book your next transit appointment.

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<th>SENIOR SUGGESTED DONATIONS</th>
<th>Cost:</th>
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<tr>
<td>Inside city limits (unlimited stops)</td>
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<tr>
<td>Outside city limits in Boone Co. (unlimited stops)</td>
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<table>
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<td>$20.00</td>
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<tr>
<td>Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone round trip</td>
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</tr>
<tr>
<td>Airport one-way mandatory pay per person</td>
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<tr>
<td>Any trip over 30 miles or more one way add $5.00</td>
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<table>
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<tr>
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<td>Charge each time client boards</td>
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<td>Drive-thru to drop off prescriptions only</td>
<td>N/C</td>
</tr>
<tr>
<td>Drive-thru to pick up medicine, bank, or fast food</td>
<td>$3.00</td>
</tr>
<tr>
<td>Outside city limits in Boone Co.</td>
<td>$5.00</td>
</tr>
</tbody>
</table>
Cheeseburger Pie
Recipe Submitted By: Kate Koehler

1-9” pie crust, unbaked
3/4 lb. ground beef
1/2 c. diced onion
1/2 c. mayonnaise
1/2 c. milk
2 eggs
1 Tbsp. cornstarch
1 1/2 c. shredded cheddar cheese

Preheat oven to 350. Brown the beef and onion. Stir together mayonnaise, milk, eggs and cornstarch until smooth. Spoon ground beef into pie shell and top with cheese. Pour mayonnaise mixture over the beef and cheese and sprinkle with salt and pepper. Bake until browned and firm 35-40 minutes.

Lemon Blueberry Crumb Bars
Recipe From Kraft Food & Family

1/2 c. butter
1 yellow cake mix
2 eggs
2 tsp. lemon zest
3 Tbsp. lemon juice
2-8oz. Packages cream cheese, soft
1/2 c. sugar
2 1/2 c. fresh blueberries

Heat oven to 350. Line a 13x9 inch pan with foil, with ends extending over the sides. Microwave butter in a large bowl 1-1 1/2 min. until melted. Add cake mix, 1 egg and 1 Tbsp. lemon juice. Beat with a mixer until well blended. Press 2/3 of the mixture into the bottom of prepared pan. Beat cream cheese and sugar with mixer until well blended. Add remaining egg, lemon juice and zest. Mix well. Pour over crust and top with berries. Pinch small pieces of remaining cake mix mixture between your fingers and press lightly into cream cheese layer. Bake 48-50mins. Or until center is almost set. Cool completely. Refrigerate for 1 hour. Use foil to lift from pan before cutting into bars. Keep refrigerated. Bake time is 48-50 minutes.

BCSSI CORE VALUES:
Choice for older adults and their families
Enhance, protect and preserve the dignity of older adults
Fiscal responsibility
Cooperation with other agencies
We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your $5 annual donation to defray printing and mailing costs to:

**BOONE COUNTY SENIOR SERVICES, INC.**
515 CROWNPOINTE DRIVE, LEBANON, IN 46052

To receive electronic copies of this newsletter email us at bcassi@booneseniors.org
www.booneseniors.org
Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.

**Boone County Senior Services, Inc.**
515 CrownPointe Drive
Lebanon, IN 46052

**ADDRESS SERVICE REQUESTED**