

**BOONE COUNTY SENIOR SERVICES, INC.**

# SENIOR SOUNDS

Volume XL Number 1

January/February 2019



Warmer weather will be here before we know it!

BCSSI Olympics water aerobic participants enjoying the Witham Family YMCA heated pool.

Page 4-7      What's Happening at BCSSI

Page 8-11     Activities, Van Trips & Lunch & Learn on the Rd.

Page 12       BCSSI Travel Group & BCSSI Spotlight      *...And More!*

# Boone County Senior Services, Inc.

## 2018 Board of Directors

(Board listing will be updated in the March/April issue.)

Gina Middaugh, President

Don Barnett

Margaret Beesley

Roger Burrus

Angie Caldwell

Vicki Carr

Maili Davis

Zoe Farrow

Roger Henry

Pat Jones

Bonnie Klingler

Marilyn Neese

Ann Newsom

Alan Quick

Eric Ragsdale

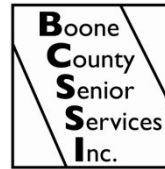
Anita Bowen

Executive Director

Sonya Shoup

Newsletter Editor,

Director of Development



### **Mission Statement:**

*To promote independence and provide enriching opportunities for older adults in Boone County.*

### **Services include:**

Homemaker & Personal Service

Guardianship

Respite

Transportation

Information & Assistance

Friendly Visitor & Volunteers

Activities & Workshops

Insurance Information

Legal Assistance

Prescription Counseling

Computer Classes

Caregiver Support & More!

### **Boone County Senior Services, Inc.**

515 CrownPointe Dr.,

Lebanon, IN 46052

Monday-Friday, 8:00AM-4:30PM

### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 215

Open Wednesday & Friday

9:00AM-4:00PM or by appointment.

**765-482-5220 or 317-873-8939**

**[www.booneseniors.org](http://www.booneseniors.org)**



twitter 

@Bocoseniors

## From the desk of our Executive Director Anita Bowen



It's typical for me during the holiday season to take some extra days off to spend time with my family. Since my son is still in school, it's important to coordinate my work schedule with the school schedule so that we are all home at the same time... or at least that's the goal!

During this time at home, I also like to do a little work in getting rid of "stuff"...whether that be old files that can be purged or clothing and household items that need a new home. I actually like doing this kind of thing, as it makes me feel more organized and we gain a little extra space in the house. For those of you who have lived in your home many, many years, you know that it doesn't take long before the closets, drawers and cabinets are filled to overflowing. Anyone else ever have to shut a closet door quickly before things come tumbling down on you? This is the kind of thing that I am trying to get away from as we begin a new year with a plan to de-clutter and simplify.

At BCSSI during 2018, we also spent months getting organized for a New Year (and actually for the next FIVE years) as we have updated our Strategic Plan out through the year 2023!! You know that we also celebrated our first 40 years of history, so it was a fabulous time of looking back while also planning forward. Here are the four broad goal areas that I would like to share with you, and you can look and listen for more details as the five years unfold:

1. Expand our programming options and attract diverse ages.
2. Broaden our reach throughout Boone County with intentional focus on smaller communities.
3. Increase our organizational capacity by expanding staff and enhancing our physical assets.
4. Develop new revenue sources through a comprehensive development program.

As our customer, or interested person in another way, we want to keep you informed of what's happening at BCSSI, and continue to offer you ways to share your input on what you need and want from a senior service organization AND public transit provider in Boone County. Our door is open to you and we love when you stop by to visit even when we don't have a specific program or activity taking place in the building. Our hours in Lebanon are Monday-Friday, 8 a.m. to 4:30 p.m. and in Zionsville on Wednesdays and Fridays from 9 a.m. to 4 p.m. or other days by appt.

If the weather cooperates this winter, we hope to see you in our cozy Lebanon lobby with a book that you grabbed off of the BCSSI Book Shelf or in the Zionsville Town Hall which offers lots of beautiful meeting space for us to enjoy with you. We can have coffee or hot tea ready quickly and will be happy to have your cheerful company. May it be a safe and healthy winter for us all.

Until Next Time, *Anita*



**Merry Christmas Y'all! Oh what fun we had wreath making! Thank you Anson Senior Living and Creative Carla for making spirits bright during the holiday season and hosting a wreath making party!**

**Santa and the staff from The Waters of Lebanon brought a little extra Christmas cheer to Book Club in December. Pictured is Book Club leader Kay Martin with Santa! Thank you as well to Kay and Ellen Witte for the special gifts and treats enjoyed by the Book Club attendees.**



**BCSSI Personal Services staff members provide special in-home care to our clients so they can stay independent longer. We are thankful for their dedication, hard work and personal touch they bring to each client's home. Thank you ladies!!!**

**Thank you to the BCSSI Board of Directors for hosting and preparing a delicious Christmas meal and party for the BCSSI staff. Thank you to Wilhoite Farms for the delicious pork loin.**





**Congratulations to our Executive Director, Anita Bowen, for being selected as the Boone County Chamber of Commerce Business Person of the Year! We are proud of you Anita! Thank you for your leadership and commitment to BCSSI!**

**Shiloh Rice and her new service dog Dax recently visited BCSSI. Boone Area Transit “BATS” is proud to provide transportation services to Shiloh and her special friend. Thank you Shiloh for using our services and visiting our office! Assistant Director of Transportation Kate Koehler is pictured with Shiloh and Dax. Contact BATS today for your transport... 765-482-5220 or 317-873-8939!**



**Coffee Connection 2 Community assembled special gift bags for our Boone County Sherriff's Department. Coffee Connection enjoys doing special projects and making donations for several groups throughout Boone County. For more information about Coffee Connection turn to page 9 & 10.**



**We are grateful for Ellen Witte (left) showing us how to make terrariums and to Barb Carrell (right) for teaching us how to paint. BCSSI offers many fun activities throughout the year. Mark your calendar now for several of our programs highlighted throughout this issue.**





## Looking For A Good Winter Read?

Stop in and select a book from our BCSSI Bookshelf located in our Lebanon office lobby. Thank you to volunteer Kay Martin for making it possible.

### BCSSI Bookshelf Rules:

- Please take a book or books to enjoy.
- DO NOT return the books, pass them along or donate them to the library book sale.
- You DO NOT have to be a member of the BCSSI book club to take a book.
- Please share how you liked the book with other seniors.

*\*At this time we are not taking book donations. For more information about the BCSSI Book Club turn to page 9!*



**Congratulations to Boone Area Transit driver Dale Gardner for receiving his Master Driver's Award from "RTAP", Rural Transit Assistance Program!**

## Save the Date for BCSSI Theater Thursdays!

Join us at the  
Lebanon 7 Theater  
1600 N. Lebanon St., Lebanon

**9:00AM** – Breakfast Snack

**9:30AM** – Special Movie

**Shown for those age 60 and over for only \$1!**

March 21

April 18

May 16

June 20

July 18

August 15

September 19

October 17

***Movie list coming soon!***

***\*All movies are either rated PG or PG-13  
Review at [www.imdb.com](http://www.imdb.com)***

***For Transit Call (765)482-5220  
or (317)873-8939***

Sponsored By:  
Signature HealthCARE at  
Parkwood/Homewood Health  
Campus  
Excel Home Health Care  
Guardian Angel Hospice



*Thank you, Anita, all your staff, volunteers and sponsors for a wonderful four days of love, friendship and enthusiasm during the 2018 BCSSI Olympics. I enjoyed looking at all the photos of happy participants and officials. You and all the other photographers captured so many memorable scenes that I am sure will keep memories in our hearts for years to come. I am honored to be a subject with*

*others in so many shots. Thanks for that as well. Congratulations to all who made it a success. Our whole County shone with participants' joyful activities and socializing. I am looking forward to next year and more folks joining the fun and fellowship. It makes Boone residents proud I'm sure.*

*Respectfully yours, John M. Quinn, Lebanon resident*

**SAVE THE DATE 2019 BCSSI Olympics August 26-29**



**Annual Celebration**

**“Ruby Memories”**

**February 20, 2019**

8:00AM Social Gathering

8:30AM Breakfast Buffet

9:00AM Program & Awards

BCSSI Community Room



*Everyone is invited to come celebrate with us!*

Breakfast Cost: \$15 per person, RSVP by February 11:

Catered by Poe’s Country Garden Catering

765-482-5220 or 317-873-8939

----- Clip and Return RSVP Below -----



BCSSI Annual Meeting RSVP: \_\_\_\_\_

Number attending (\$15 per person): \_\_\_\_\_

Payment enclosed (Check payable to BCSSI): \_\_\_\_\_

**Mail to:** BCSSI, 515 CrownPointe Drive, Lebanon, IN 46052  
Credit and Debit Cards accepted by calling BCSSI.

## Jan/Feb Classes & Activities

**Call 482-5220 for Registration and Information**

*All Classes & Activities held at BCSSI, Lebanon*



### Tech Time Tuesday

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. **Every Tuesday from 12:00-3:00PM. Call BCSSI for an appointment.**

### SHIP Counseling & CICOA Benefits

Stephanie Balusik-Fultz from CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, Social Security, and more on **January 23 and February 27 Call BCSSI for an appointment.**

### Legal Assistance

Free legal assistance will be offered **January 15 and February 19** BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.**

### Lunch & Learn

Join us for a **FREE** Lunch & Learn about current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the month at noon** and is limited to 30 people. **For reservations call BCSSI.**



- Jan. 2 BCSSI Update
- Jan. 16 Winter Safety
- Feb. 6 Aperion "Who Are We"
- Feb. 20 Nancy Boggs w/Signature Healthcare at Parkwood



Sharon Walker talks about Essential Oils at a recent Lunch and Learn. See above for upcoming topics.

### Classy Crafters

Classy Crafters will meet at **1:30 on January 16 and February 20**. Bring your ideas for the new year!





## **Jan/Feb Classes & Activities**

**Call 482-5220 for Registration and Information**

*All Classes & Activities held at BCSSI, Lebanon*



### **Coffee Connection 2 Community**

The **second Thursday** of every month at **9:30AM** for Coffee and Conversation. **On January 10 please bring gloves, mittens and scarves for Teen Challenge. On February 14 please bring personal items for House of Grace (Thorntown).**



Sandy Whybrew, Diane Davis, Camilla Bowman, and Evelyn Garrison show off their creations from a recent Muffins and Masterpieces.

### **Art Class**

***There will be no art class on Jan. 3.*** **Every Thursday, 9:30AM-12:00PM** with instructor Shirley Luttrell. Cost is \$5 per class. Shirley will work with beginner or intermediate students and any medium. **There will be an all day art class Thursday, January 10 and February 14 from 9:30AM-3:30PM.** Artists can attend all or half of the day. The afternoon will include painting projects, special papers and techniques. Cost is \$10 for the full day. **Call BCSSI to register.**

### **Cover to Cover Book Club Date Change for January**

Book club will meet **Tuesday, January 8 and February 5.**

### **Game Day**

**Every Wednesday from 1:30-3:30.**

Come to for card games, dominoes, Bocce Ball, etc. Bring some snacks to share and come play with us! Players are responsible for organizing enough players for their table.

### **Thank You to all of our 2018 Lunch and Learn Sponsors!**

Clinton House (now Aperion)  
Homewood Health Campus  
Signature Healthcare at Parkwood  
The Waters  
Copper Trace Family-first Senior Living  
Greenhouse Cottages  
The Stratford  
The Hearth at Tudor Gardens  
Zionsville Meadows

*Thank You*



## **Jan/Feb Activities Zionsville**

**Call 317-873-8939 for Registration and Information**  
*Zionsville activities are held in various facilities*



### **Caregiver Support Group**

The group will meet the **2nd Wednesday of each month from 6:00-8:00PM** at the Zionsville Town Hall, 1100 W Oak St., Rm. 203. Elizabeth Oberholtzer, Social Worker at Zionsville Meadows, will be the facilitator. **Call BCSSI to register.**

### **SHIP Counseling & CICOA Benefits**

Stephanie Balusik-Fultz from CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, Social Security, and more on **January 23 and February 27** Call BCSSI for an appointment.

### **Art Class**

***There will be no art class on Jan. 1.*** Every **Thursday, 9:30AM-12:00PM** with instructor Shirley Luttrell. *Class is held in Room 204 of the Zionsville Town Hall.* Cost is \$5.00 per class. **Call BCSSI to register.**

**Zionsville Boone Area Transit Drivers Bill Compton, Jerry Chung and Bob Compte (left to right) are proud to serve our Zionsville residents! Give BCSSI a call today and let these fantastic drivers transport you this winter!**

### **Lunch and Learn**

**2nd and 4th Friday of the month at noon.** Lunch is free to the first 30 registrants in the **Zionsville Town Hall Community Room.** **Call BCSSI to register.**



- Jan. 11 Meet and Greet w/ Homewood Health Campus
- Jan. 25 TBA
- Feb. 8 Stay Fit
- Feb. 22 Meet and Greet w/ Anson Senior Living

### **Coffee Connection/Sip & Learn**

You are invited to join us at **Zionsville Fire Station #91** at **10:30AM** on **January 4 for Winter Safety and February 1 for Cardiac Care Awareness.** Sponsored by: Copper Trace Family-first Senior Living.



# Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



## Shopping

**Tippecanoe Mall**      Thurs. Jan. 31  
9:00AM \$6.00

**Greenwood Park Mall and Old Time Pottery**      Fri. Feb. 15  
9:00AM \$10.00

## Special Interest

**Shopping in Avon:**      Thurs. Jan. 17  
**Hobby Lobby,**      9:00AM \$6.00  
**Michaels and Lunch**



## Food, Fellowship and Fun...

Lunch and Learn on the road enjoyed traveling to Wick's Pies and Warm Glow Candle Company in October.

**Join us in 2019 as we travel to five new locations!**

**See below!**



## Save the Date for the 2019 Lunch and Learns on the Road!

**March 23** (Saturday)- Mystery Café at Buca Di Beppo's  
in Indianapolis *\*Registration begins January 15th.*



**May 22** (Wednesday)- Amish Acres, Nappanee, IN



**July 24** (Wednesday)- Hunter's Honey Farm, Martinsville, IN + Oasis Diner  
& Gilley's Antique Mall in Plainfield, IN

**September 25** (Wednesday)- Anderson's Winery & Vineyard, Valparaiso, IN

**November 22** (Friday)- Museum of Science and Industry, Chicago, IL

## BCSSI Travel Group 2019 Trips

**Virginia Beach and Williamsburg June 16-22, 7 days, 6 nights lodging and 10 meals, \$899.** Enjoy visiting the Virginia Beach Boardwalk, Colonial Williamsburg, Dinner Cruise and entertainment, Nauticus & Battleship, Yankee Candle Village, Virginia Beach Aquarium & Marine Science Center and more!  
**Sign-up is January 9th from 9-10a.m. at BCSSI, Lebanon.**

**Nova Scotia September 9-21.** More information to come in the next Senior Sounds. **No registrations or payments are accepted at this time.**

**Motorcoach transportation provided by Diamond Tours. For information contact travel group leaders: Virginia Beach, Cathy Adams 765-894-0492 and Mount Rushmore, Dan Warkentien 765-864-2665.**



Travel group leader Dan Warkentein and his wife Judy.



### BCSSI Spotlight... Betty Linn

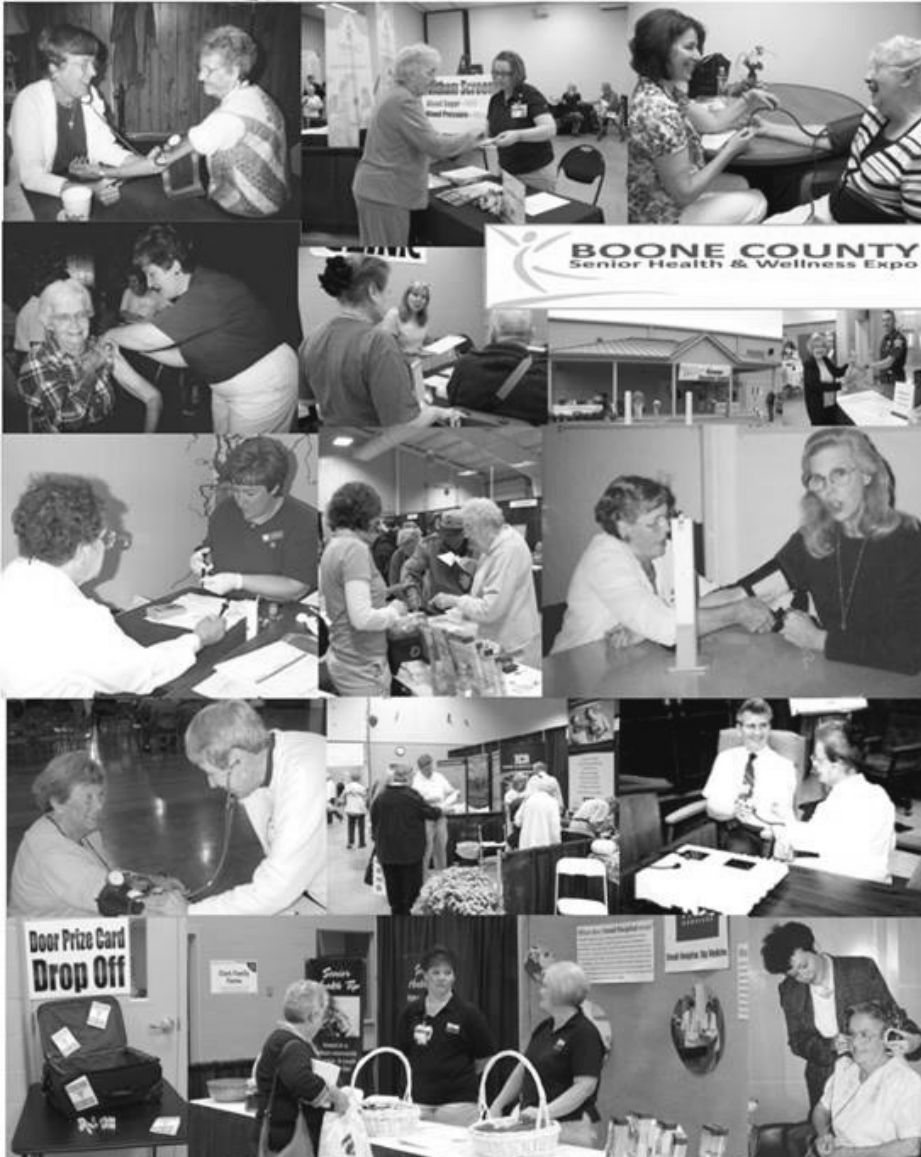
BCSSI celebrated its 40<sup>th</sup> Anniversary in 2018. During the year, we asked current and past

staff, supporters and clients to share some history with us from their involvement with the agency over the years. Long time Boone County resident, retired nurse and BCSSI staff member Betty Linn contacted us and shared a little about her involvement with BCSSI. Betty was hired in the early 1980's by founding Executive Director Margot Corson to assist with the newly formed Home Health Aide program that was modeled after a program in Illinois, and was a joint effort with the Boone County Health Department (BCHD). She also worked with fellow BCHD nurse and BCSSI volunteer Mary Marrs. Betty assisted in implementing a traveling Health Clinic that would go to various locations throughout the county providing health screenings, vaccinations, food and health education and more. BCSSI and the

BCHD maintained health records of each individual who attended the clinics. Betty shared that many residents did not go to a local doctor for a health check-up but would attend the free clinics which were conveniently located near their residence. BCSSI no longer offers the Home Health Aide program but the agency does offer Homemaker Services and the clinics have evolved into the Boone County Senior Health & Wellness Expo which is hosted each fall. (Details on the next page.)

Betty is 94 years young and currently lives at CrownPointe of Lebanon. BCSSI provides transportation services to Betty. She moved to Boone County in 1962 to a family farm with her husband Hank. She has three children Beverly Freshour, Kathy Heath and Tom Linn. She has thirteen grandchildren. Betty is passionate about nursing and helping individuals and enjoyed her time with BCSSI.

BCSSI is thankful to individuals like Betty who assisted in making our agency the wonderful organization it is today. Thank you Betty for sharing your story and passion with us!



## Did you know?

Preventive Health Clinics have always been an integral part of BCSSI. BCSSI has expanded its clinics into an annual Senior Health & Wellness Expo with 50 vendors/exhibitors displaying their services. The Expo offers free screenings, flu shots & more for seniors. About 500 attendees visit each year. The Expo is also a fundraiser for the agency and has profited over \$116,000 in its eleven year history.



Boone County Senior Services, Inc.  
**SENIOR SOUNDS**  
 Volume XXXVIII Number 3 May/June 2017



**ABC's Book Club**  
 The first read and good news is excellent and the book "Abe" written by Mary Lou Stone was selected for the first read. There was a good book and what! Ladies Public Library has started the reading group. For more information on this group, please contact the library at 317-873-8939.

**What's New:**  
 Page 6 Art & Photography Contest & Winner Thursday  
 Page 8 Art, Activities, Van, Taxes & Loans on the Road  
 Page 10 BCSSI Open House/Event  
 Page 12 Word Search/Bonus? Take a Tea, Oh Class And More

***If you have an address change please contact our office so we can continue to mail your Senior Sounds!***

***Thank you!***

**765-482-5220 or 317-873-8939**

**BOONE COUNTY**

**Senior  
Services  
Foundation**

*Connecting Generations and Providing Support  
Since 1997*

***Thank you to the  
2018 Foundation Board  
of Directors:***

**President**

Dan Mitchell

**Vice President**

Taffy Day

**Secretary**

Patty Hughes

**Treasurer**

Chuck Ritz

**Board Members:**

Vicki Carr

John Cowan

Judy Cunningham

Jody Durham

Erin Herr

Rick Elsbury

Kim Fortune

Baili Hart

Patty Hughes

Paul Mohler

Gary Powell

George Tikijian

***From our supporters...***

“As a former Foundation board member and a recipient of BCSSI services for my mom and myself, I understand the importance of the Foundation. Donations to the Foundation help BCSSI when funds are needed for expenses, such as the recent insurance increase, when no other funds are available.” ~Jane Hammock, Lebanon

“As we grow older, it is a comfort to know Boone County has the Senior Services organization. With a broad range of services and a committed staff, it is an invaluable resource for our aging population. The BCSSI Foundation was established to provide backup financial support to ensure the Agency’s ability to continue and grow to meet the changing needs.” ~George & Nancy Tikijian, Zionsville

“Bob and I support the Boone County Senior Services Foundation as a way of making sure the BCSS Agency can improve its services and meet any short fall of funds during the year. The Foundation helps on insurance, unexpected expenses, and a multitude of needs as they occur.” ~Bob & Diana Lamb, Lebanon

**Mail Donations, Honorariums &  
Memorials To:**

Boone County Senior Services Foundation, Inc.  
515 CrownPointe Dr., Lebanon, IN 46052

*The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so Boone County Senior Services, Inc. (BCSSI) can continue serving older adults in Boone County.*

***SAVE THE DATES 2019***

***Boone Senior Expo: October 5  
BCSSI Olympics: August 26-29***



## **Important Prescription and Over-the-Counter (OTC) DRUG REMINDERS:**

- Be aware that some of your medicines won't mix well with other medications, including OTC drugs, herbal remedies and alcohol.
- Read all labels carefully and follow the directions exactly.
- Look for pictures or statements on your pill bottles that tell you if you need to take the medicine with food; shouldn't drink alcohol; or gives other important instructions.
- Remind your doctor and pharmacist about any previous conditions that might affect your ability to take a certain medicine.
- Don't be afraid to ask questions if you do not understand something about your prescription or want more information.
- Dispose of all medications properly. See disposal locations upper corner of this page.



## **FREE Medication Disposal Available**

The Boone County Jail, Zionsville Police Department and the Whitestown Police Department all offer a medicine collection box. The drop boxes located in the lobby, are available seven days per week and are open for public use. Accepted items include prescription medications, liquids, patches, over the counter medications, vitamins, supplements and pet medications.

***Thank you to Drug Free Boone County for your support of BCSSI and our efforts to help make Boone County a safe and healthy community.***



# 2019 SUBSCRIPTION TO SENIOR SOUNDS

To continue receiving the Senior Sounds newsletter,  
please mail this form with your \$5.00 annual donation to:

Boone County Senior Services, Inc.  
515 CrownPointe Dr, Lebanon, IN 46052

Your Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, Street, Zip: \_\_\_\_\_

**Save \$5 and receive your newsletter by email:**

\_\_\_\_\_

**Thank you!**



### BCSSI CORE VALUES:

- Choice for older adults and their families
- Enhance, protect and preserve the dignity of older adults
- Fiscal responsibility
- Cooperation with other agencies

\* \* \* \* \*  
\* **Caregiver's Corner** \*  
\*  
\* A bi-monthly newsletter \*  
\* filled with information and \*  
\* resources for people \*  
\* caring for others. If you \*  
\* would like to be placed on \*  
\* the mailing list contact \*  
\* Jessica Evans at \*  
\* [jevans@booneseniors.org](mailto:jevans@booneseniors.org) \*  
\* or call 765-482-5220 or \*  
\* 317-873-8939. \*  
\* \* \* \* \*

**Do you or someone you know  
need a little extra help?**  
**Try BCSSI Personal Services**  
*Homemaker, Personal Care, Respite*

A black and white photograph showing two women standing in a room. The woman on the left is wearing a patterned short-sleeved shirt and dark pants. The woman on the right is wearing a light-colored short-sleeved shirt and light-colored pants. They are standing in front of a window with curtains. A chair is visible on the left and a sofa on the right.

**Contact:**  
Cindy Hickson  
765-482-5220 or 317-873-8939



# Agency Memorial & Honorarium Gifts

## In Memory of Sylvia Patten

Dennis & Sharon Schwegman

## In Memory of Betty DeLong

Bob DeLong

## In Memory of Beverly Voorhis

Thomas & Mary Ellen Kelley

## In Memory Frank Vickery

Villas of Ulen North Homeowners

Assn.

Richard Stroup

## In Memory of Helen E. Quick

Kevin Quick

## In Honor of All Veterans

Margie Niles

## In Honor of Yvonne Frankewich

Barb Anderson

Eva Bohannon

Kay Horner

Carolyn Dunham

## In Honor of Judy Brower

Brenda Burkholder

## In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Charles Slaughter, Philippines/Okinawa/Purple Heart medal
- Jim Evans, Battle of the Bulge
- Marion Adams, Italy/France
- Russell Swisher, Marched in Paris Liberation parade/Huertgen Forest/Battle of the Bulge
- George Cox, Channel Crossing torpedo survivor/France
- Dr. Robert Coons, combat medic ETO/Purple Heart & Silver Star medals

## In HONOR OF our 2018 Senior Sounds volunteers who help get our newsletters prepared to mail to YOU!

Al Ping, Bonnie Kemna, Ellen Witte, Jackie King, Jeannie Brandenburg, Kay Martin, Margaret Donnolo, Shirley O'Neal, Winnie Steiner, Nikki Barton, Cherie Daily, Sue Fields & Nancy Vanaman. Proof Reader: Mildred Flanary

## Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

\_\_\_\_\_ A donation to the Agency      \_\_\_\_\_ A donation to the Foundation

\_\_\_\_\_ A memorial in memory of: \_\_\_\_\_

\_\_\_\_\_ An honorarium in honor of: \_\_\_\_\_

Please send notification card to: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Thank you for your gift. Please mail form with payment to:**

**Let BATS take  
you door to door this winter!**

**Boone Area Transit System**  
County Wide, All Ages  
482-5220 or 317-873-8939  
Monday-Friday  
7:30AM-4:30PM

**Attention!!!**  
**Southeastrans**  
**Standard Medicaid**  
**Transportation Reservations**  
**Trip Reservation Line: 1-855-325-7586**  
*Call this number for a reservation, any  
changes or cancellations and when your  
appointment is finished. Your preferred  
provider is Boone County Senior  
Services/BATS.*

*Boone Area Transit System operates by appointments made in advance. We welcome  
calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please  
call to check the schedule and hopefully we can help you get where you need to go!*

## **Boone Area Transit System (BATS) is looking for drivers!**

Individuals must be willing to obtain (or already have) a public Passenger License, must pass a physical exam, drug test and background check and must be able to operate a wheelchair lift (training provided). **Contact Director of Transportation Cindy Elliott 765-482-5220 or 317-873-8939 or [cindy@booneseniors.org](mailto:cindy@booneseniors.org) for a complete job description.** Boone County Senior Services, Inc. is an Equal Opportunity Employer.



## **BCSSI Personal Services Division has openings!**



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information or drop off a resume/complete an application at BCSSI. Openings include homemaking and personal care attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer. Background check required. **Contact 765-482-5220 or 317-873-8939 or [chickson@booneseniors.org](mailto:chickson@booneseniors.org).**

# Apple Dip

Submitted By: Jo Ann Pullen



- 8 oz. cream cheese
- 1/2 c. brown sugar
- 1 tsp. vanilla
- 1-8 oz. package toffee bits
- 1 Tbsp. lime juice
- 1 Tbsp. lemon juice
- 4 granny smith apples

Beat together cream cheese, brown sugar and vanilla. Stir in toffee bits. Slice apples and pour lemon and lime juice over. Serve dip with the apples on the side.



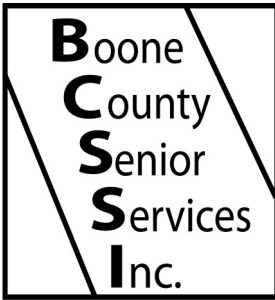
# Lasagna Soup

From Kraft Food and Family

- 1 Tbsp. olive oil
- 4 cloves minced garlic
- 2-14.5 oz. cans chicken broth
- 1-15 oz. can tomato sauce
- 1-14.5 oz. can petite diced tomatoes
- 3 cups wide egg noodles, uncooked
- 3 Tbsp. chopped fresh basil
- 3/4 c. ricotta cheese
- 1 1/4 c. shredded Italian cheese blend
- 3 Tbsp. grated Parmesan cheese

Heat oil in a large saucepan over medium heat. Add garlic; cook and stir one minute. Add broth, tomato sauce and diced tomatoes. Bring to boil over medium-high heat. Add noodles and simmer over medium heat for 10 minutes or until tender. Stir in 2 Tbsp. basil. Mix ricotta, 1/2 c. shredded cheese, 2 Tbsp. Parmesan and remaining basil. Combine remaining shredded cheese and Parmesan. Top each serving with the ricotta mixture and shredded cheese mixture.





*Connecting Generations  
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

**BOONE COUNTY SENIOR SERVICES, INC.**  
515 CROWNPOINTE DRIVE, LEBANON, IN 46052

To receive electronic copies of this newsletter email us at [bcssi@booneseniors.org](mailto:bcssi@booneseniors.org)  
[www.booneseniors.org](http://www.booneseniors.org)  
Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.



United Way  
of Central Indiana



**BOONE COUNTY SENIOR SERVICES, INC.**  
**515 CrownPointe Drive**  
**Lebanon, IN 46052**

**ADDRESS SERVICE REQUESTED**

**Non-Profit Org.**  
**U.S. Postage**  
**PAID**  
**Lebanon, IN**  
**Permit # 205**