### **BOONE COUNTY SENIOR SERVICES, INC.**

# SENIOR SOUNDS

Volume XL Number 2

March/April 2019



BCSSI Staff Members Celebrating 40 Years of "Ruby Memories" During Our Annual Celebration

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# **Boone County Senior Services, Inc.**

#### 2019 Board of Directors

Roger Henry, President

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Anita Bowen
Executive Director

Sonya Shoup Newsletter Editor, Director of Development



#### Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

#### Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

#### **Boone County Senior Services, Inc.**

515 CrownPointe Dr., Lebanon, IN 46052 Monday-Friday, 8:00AM-4:30PM

#### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 215 Open Wednesday & Friday 9:00AM-4:00PM or by appointment. 765-482-5220 or 317-873-8939 www.booneseniors.org





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#### From the desk of our Executive Director Anita Bowen



I bet you are with me in that spring can't come soon enough this year! It has certainly been a winter to remember with record low temperatures and plentiful precipitation. That means that there's been more time indoors than normal where we had to find activities to pass the time. And, even

though I love being home and going through closets and cabinets as I shared with you in my last column, when you start to go back to a closet that you just cleaned out, you know you are going a little stir crazy!! At the time of the writing of this article, our front yard is in the form of a small lake that could freeze over at any time...all depending on what the rest of this fickle winter brings!

Challenging weather is tough on businesses, too, and BCSSI is always considering what programs and services should be modified or cancelled to keep everyone safe. It certainly makes us sad when the weather keeps our customers from coming through our doors in Lebanon and Zionsville, or prohibits us from seeing you in your own home or on a transit vehicle. And, all of us look forward to warmer temps to see everyone out and about again. During the deep winter months, we typically spend lots of time doing year-end reports as well as planning for the New Year. Since we are beginning a new five-year Strategic Plan (4 goal areas highlighted in the last Senior Sounds), we have spent extra time focusing on the initial steps we want to take in this first year of the Plan.

I thought I would take a couple of minutes in this issue to share a little more detail about Goal #1 which is to *Expand our Program Options and Attract Diverse Ages*. We'll highlight Goals 2-4 in future issues. So, within Goal #1 is an opportunity for BCSSI to hear from <u>you</u> about the things you would like to see us bring to the community. We took a little time in January to do some brainstorming with customers in our Lebanon office, and we will do that in Zionsville on Friday, March 22<sup>nd</sup>. If you live in the Zionsville area, please join us for lunch, conversation and surprises! We are now taking reservations.

During 2019, we will be looking at ways to bring more meaningful engagement to you, as well as individuals whom we haven't even met yet. That will also include stretching our programming into evening and weekend hours sometimes, so that those individuals who are not available during weekdays, don't miss out. With that being said, we believe that our current satisfied BCSSI customers are our very best ambassadors, so we are counting on you to invite someone new to come hang out with us this spring, summer and fall...oh, we'll have things happening next winter, too...and sure hope that we won't have to cancel so many activities and services. When you live in Indiana, you just get what you get, right? And rest knowing that "tomorrow" it will probably be something very different!

In the meantime, I'm going to be keeping an eye on my little front yard lake, and hope that soon it will attract a happy family of ducks. I am definitely ready for signs of spring to make their appearance.

Until Next Time, Anita

### BCSSI 2019 Annual Celebration "Ruby Memories"

BCSSI hosted its 2019 Annual Celebration Meeting on February 20. Community members, board members and staff celebrated the agency's 2018 accomplishments. Attendees enjoyed a delicious breakfast prepared by Poe's Country Garden Catering. *Anita Bowen, Executive Director, gave her annual update...* 

"In reading through some of the on-line descriptions for and characteristics of a Ruby, it became apparent that it was perfect to use in our theme for this 40<sup>th</sup> Anniversary Celebration. While you may typically think of the gems such as the Ruby as important in marriage anniversaries, we have used it here to highlight our organization's 40 years of *Ruby Memories* because the bright red color of this durable, lustrous and rare gem exemplifies who "we are at BCSSI".

To serve a community for 40 years with the same mission at heart, and to be continuing many of our original programs is RARE. Though we have had growing pains through the years, and withstood unique challenges with each passing decade, we have remained committed to helping individuals in Boone County age well and to keep the generations connected. That must mean we are DURABLE. The people that have

made up the BCSSI family of staff members and volunteers serving Boone County and beyond are shining examples of human beings who want to make this little corner of the world a better place...they are LUSTROUS.

And, if you were to look at a typical ruby through a microscope, you would find thin mineral inclusions called needles. You might see that there are short needles, long needles, some slender needles and some wider. They might appear to be woven tightly together. I got a visual (and a smile) when I thought of our customers. They bring all kinds of characteristics to BCSSI...all shapes, sizes and personalities. Some challenge us more than others, but all help us learn, grow and become better. Truly, Boone County is a tightly woven community and by interacting with new persons all the time, we can insure continuous quality improvement...and the strength of BCSSI for another 40+ years."

Thank you to everyone who supported BCSSI during 2018, giving us the opportunity to serve more than 2,600 individuals age 60 years and older through a variety of services and programs. To receive a copy of our annual report please contact our office at 765-482-5220 or go to booneseniors.org.



Russ and Helen Roberts received the Margaret A. Corson Distinguished Senior Award for their outstanding service to BCSSI and the community. Sonya Shoup (pictured at right) presented the award.



Ellen Witte (pictured at left) received the Volunteer of the Year Award. Gina Middaugh, BCSSI Board President and Barb Carrell, Director of Volunteers and Activities, presented the award.



Tony Reagan (pictured at left) from Tony's Automotive received the Spirit of Community Award presented by Gina Middaugh, BCSSI Board President and Anita Bowen, Executive Director.







Congratulations to the following BCSSI staff members for their service! (Pictured left to right) Mindy Montgomery 5 years, Cindy Hickson 15 years, Jessica Evans 10 years, Sue Rogers 5 years and Robin Moffitt 5 years.

A special thank you to staff members Jessica Evans, Jenny Lemen and Brenda Burkholder for their creative decorations!



Thank you to Lana Hale (center) representing Xi Eta Nu Sorority, for providing Christmas gift bags to our clients. Lana is pictured with BCSSI staff members Jenny Lemen and Barb Carrell.

Thank you Mildred Flanary for playing Christmas carols on the electric piano during our holiday party. Mildred is 98 years old and is the grandmother of Sonya Shoup our Director of Development.





Thank you to Arc of Greater Boone County for making a special visit to wish BCSSI Merry Christmas. Arc also brought BCSSI a beautiful bird feeder with bird seed which hangs outside of our Lebanon office building.

Thank you to the staff at Signature Healthcare at Parkwood for preparing a delicious meal for our Lunch and Learn holiday party.





BCSSI art students with instructor Shirley Luttrell. Thank you Shirley for inspiring us to paint! For more information about our art classes turn to pages 9 and 10.

### 6th Annual BCSSI Art & Photography Contest



Entries will be accepted in the following categories:

Painting (Oil, Acrylic and Watercolor judged together)

Amateur and Advanced

Photography Natural and Computer-Enhanced

- Entrants must be Age 60 or over by April 25
- Entries are due to the Lebanon Public Library on April 25, 1:30-3:30PM
- Judging will take place April 26 at 9:30AM
- Artwork will be on display at the library from April 26- May 24
- Artwork can be picked up on May 24 from 9:30-11:00AM

We will hold a special reception for the exhibition on

April 26, 2:30-4:00PM

Please come and invite your family and friends!

For rules & details contact BCSSI (765)482-5220 (317)873-8939 bcssi@booneseniors.org Sponsored By:
Signature Healthcare at Parkwood

# Save the Date for BCSSI Theater Thursdays!

Join us at the Lebanon 7 Theater 1600 N. Lebanon St., Lebanon

9:00AM – Breakfast Snack 9:30AM – Special Movie Shown for those age 60 and over for only \$1!

March 21 - I Can Only Imagine

April 18 - Overboard

May 16 - Life of the Party

June 20 - Forever My Girl

July 18 - First Man

August 15 - Mamma Mia! Here We Go Again

September 19 - Book Club

October 17 - Instant Family

\*All movies are either rated PG or PG-13 Review at www.imdb.com

For Transit Call (765)482-5220 or (317)873-8939

Sponsored By:
Signature HealthCare at
Parkwood/Homewood Health
Campus
Excel Home Health Care
Guardian Angel Hospice

### **March/April Classes & Activities**

#### Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon

#### **Tech Time Tuesday**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get *free* independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. Every Tuesday from 12:00-3:00PM. Call BCSSI for an appointment.

#### **SHIP Counseling & CICOA Benefits**

Stephanie Balusik-Fultz from CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, Social Security, and more on March 27 and April 24. Call BCSSI for an appointment.

#### Legal Assistance

Free legal assistance will be offered March 19 and April 16. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.

#### **Lunch & Learn**

Join us for a **FREE** Lunch & Learn about current topics that affect seniors and their caregivers. The



luncheon is the first & third Wednesday of the month at noon and is limited to 30 people. For reservations call BCSSI.

March 6 Parkinson's

March 20 No Lunch & Learn-BCCOA

April 3 Witham: Dr. Vinnie Belamkar on Interventional Pain Management

April 17 Witham Pavilion Boutique

**Fashion Show** 

#### **BCCOA Luncheon**

Join BCCOA on March 20<sup>th</sup> at 12:00PM. Kate Kunk from CICOA will present information and tips for caregivers. Please bring tissues and/ or bacterial wipes to donate. Lunch will be provided by The Waters. Call BCSSI for reservations.

Save the Date for an evening with the Spoon Man! There will be a special Lunch and Laugh on Thursday, May 2<sup>nd</sup> at 6:30PM.
Call BCSSI for reservations.
Sponsored by: Community
Foundation of Boone County

#### **March/April Classes & Activities**

#### Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon

#### **Coffee Connection 2 Community**

The **second Thursday** of every month at **9:30AM** for Coffee and Conversation. On **March 14** please bring food, treats or toys for the Humane Society. On **April 11** please bring Children's Books for Witham (ages 5 months-1st grade).

#### **Coming Soon!**

Matter of Balance every Friday from May 3 - June 28 (no class on May 17), 1:00-3:00PM. Cost for 8 weeks is \$10. Maximum of 15 students. Call BCSSI to register.

#### **Art Class**

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$5 per class. Shirley will work with beginner or intermediate students and any medium. There will be an all day art class Thursday, March 14 and April 11 from 9:30AM-3:30PM.

Artists can attend all or half of the day. The afternoon will include painting projects, special papers and techniques. Cost is \$10 for the full day. **Call BCSSI to register.** 

#### **Classy Crafters**

Classy Crafters will meet at 1:30 on March 20 and April 17 Bring your ideas for the new year!

# Cover to Cover Book Club Date Book club will meet Tuesday, March 5 and April 2. The book featured in

and April 2. The book featured in March will be "The No. 1 Ladies' Detective Agency" and in April will be "The Secret Garden".

#### Game Day

#### Every Wednesday from 1:30-3:30.

Come to for card games, dominoes, Bocce Ball, etc. Bring some snacks to share and come play with us! Players are responsible for organizing enough players for their table.

#### Travel with BCSSI to Canada

# Visit Nova Scotia, Prince Edward Island and New Brunswick September 9-21

Cost is \$1699 and includes motorcoach transportation, 12 nights lodging, 22 meals, guided tours of Acadia National Park, Halifax, Peggy's Cove, Lunenburg, and Prince Edward Island and admission to King's Landing and Hopewell Rocks.

Valid US Passport or US Passport Card required for this tour.

Registration begins: April 10th at 9:00AM

#### **March/April Activities Zionsville**

#### Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities

#### **Caregiver Support Group**

The group will meet the 2nd Wednesday of each month from 6:00-8:00PM at the Zionsville Town Hall, 1100 W Oak St., Rm. 203. Elizabeth Oberholtzer, Social Worker at Zionsville Meadows, will be the facilitator. Call BCSSI to register.

#### SHIP Counseling & CICOA Benefits

Stephanie Balusik-Fultz from CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, Social Security, and more on March 27 and April 24. Call BCSSI for an appointment.

#### **Art Class**

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. *Class is held in Room 204 of the Zionsville Town Hall.* Cost is \$5.00 per class. Call BCSSI to register.

#### **SAVE THE DATES 2019**

Boone County Polo Charity: June 28

BCSSI Olympics: August 26-29

Boone County Senior Expo: October 5

#### **Lunch and Learn**

2nd and 4th Friday of the month at noon. Lunch is free to the first 30 registrants in the Zionsville Town Hall Community Room.
Call BCSSI to register.



March 8 Parkinson's

March 22 Spring Focus Group All are welcome!

April 12 Food Demo by The Hearth of

Tudor Garden's Chef

April 26 Witham: Dr. Vinnie Belamkar on Interventional Pain Management

#### **Coffee Connection/Sip & Learn**

You are invited to join us at **Zionsville Fire Station #91** at **10:30AM on March 1** when the topic will be Fall Prevention and **April 5** Home Safety Assessments. Sponsored by: Copper Trace Family-first Senior Living.



BOTH BCSSI offices will be closed April 19 for Good Friday.

This includes all personal services

and transportation services.

We apologize for any inconvenience. Thank you for your continued support.

#### **Get Out and Go with BCSSI!**

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



#### **Shopping**

**Tippecanoe Mall** Thurs. March 28 9:00AM \$6.00

Greenwood Park Mall Tues. April 16 and Old Time Pottery 9:00AM \$10.00



#### Lunch and Learn on the Road Saturday, March 23<sup>rd</sup>

Mystery Café Dinner Theatre at Buca Di Beppo's \$55



Enjoy a family style Italian lunch and "Death By Disco" a comedy you may play a part in! Call BCSSI to register!

#### **Special Interest**

**Shopping in Avon:** Hobby Lobby,

Tues, March 12 9:00AM \$6.00

Michael's and Lunch

Atlanta IN: Browse Mercantile 37, have

Thurs. April 25

lunch in Wheeler's

9:00AM \$10.00

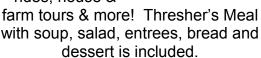
Café and take home a pie from Lisa's Pie Shop

Price includes transportation ONLY

#### Lunch and Learn on the Road Wednesday, May 22<sup>nd</sup>

Amish Acres in Nappanee, IN \$60

A day of wagon rides. house &



Registration begins March 25!



Welcome to our newest **Boone Area** Transit Driver Max Allen!



**BCSSI** is grateful for the support of **Boone County** to provide public transit for

all ages! Because of your support we have recently added three new vans to our fleet.



Friendly Visitors Paul & Katherinn Seppel with their special friend Betty Runyon.

# Generous, compassionate, devoted, caring, and energetic....

If any of these words describe you, then you have the characteristics of a volunteer and BCSSI would love to have you join our Friendly Visitor program. Volunteers provide a valuable service to our senior community. Whether you can donate an hour a week or three hours five days a week, you're providing more than a service, you're offering companionship and support to someone in

need. Currently we have clients who need a friend. As a volunteer, you have the opportunity to learn new skills, develop lasting friendships, and take pleasure in knowing you are helping others. If you feel you would be a valuable asset to this program or feel like you could add an additional client, call today!

A Friendly Visitor makes regular visits to home bound seniors to offer support, friendship, and concern. Visits are one day per week for a minimum of one hour. For more information contact Barb Carrell, Director of Volunteers and Activities, at 765-482-5220 or 317-873-8939 or bcarrell@booneseniors.org.





BCSSI Client Edna May Cunningham turned 100 on January 29th!

# Looking For A Good Book To Read?

Stop in and select a new book from our BCSSI Book Shelf located in our Lebanon office lobby.



In 2018, 1143 books were taken from the book shelf and enjoyed by readers! Thank you to Book Club leader Kay Martin for making the Book Shelf possible!



#### The History of 'APRONS'

I don't think our kids know what an apron is. The principle use of Grandma's apron was to protect the dress underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven.

It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears. From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven. When company came, those aprons were ideal hiding places for shy kids. And when the weather was cold, Grandma wrapped it around her arms. Those big old aprons wiped many a perspiring brow, bent over the hot wood stove. Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls. In the fall, the apron was used to bring in apples that had fallen from the trees. When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds. When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men folk knew it was time to come in from the fields to dinner. It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes. Send this to those who would know (and love) the story about Grandma's aprons.

REMEMBER: Grandma used to set her hot baked apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw. They would go crazy now trying to figure out how many germs were on that apron. I don't think I ever caught anything from an apron - but love. --Hawk Seeker of Truth--

#### **BCSSI CORE VALUES:**

- · Choice for older adults and their families
- Enhance, protect and preserve the dignity of older adults
- Fiscal responsibility
- Cooperation with other agencies

# Senior Services Foundation

Connecting Generations and Providing Support Since 1997 The Boone County Senior Services Foundation board will host the **2019 Legacy Dinner at Dull's Tree Farm**, **Thorntown on Saturday, May 4th**. This year's theme is **'Denim, Diamonds and Blues''**. A reception will be held at 6:00PM followed by delicious meal and program at 6:30PM. Special entertainment will be provided as well as a silent auction! Come casual and wear your boots and jeans! Proceeds from the event will support the Foundation's mission which is to build a fund from

gifts and bequests so that BCSSI can continue serving older adults in our community. Tickets can be purchased for \$60 per person or \$360 for a full table sponsorship (6 seats). Event sponsorships are \$650 each and will include a table for six and special name recognition during the event. RSVP by April 19th! For more information contact Sonya Shoup, 765-482-5220 or sshoup@booneseniors.org.

Thanks to the support of our donors, the Foundation recently gifted \$25,000 to BCSSI. The money will be used to support the 2019 BCSSI annual budget and several of the agency activities planned for later this year.

BCSSI and the BCSS Foundation welcome all gifts of any size.

Both organizations are 501(c)3 organizations and

your donation may be tax-deductible.

We hope that you will consider gifting to us in the future.

# You Can Still Gain Tax Benefits from Charitable Donations

Like most people, you probably know several organizations worthy of your philanthropy, and you may well have contributed to them, perhaps on an annual basis. In the past, when you've made charitable donations, it's been a win-win: You were able to provide support to a worthy organization and you received some valuable tax benefits. But with the passage of the new tax laws, things

may have changed considerably for many people. Are there still tax benefits to making a charitable donation?

Here's some background:
Previously, you may have been able to deduct your charitable donations if you itemized deductions on your income tax return. So, for example, if you were in the 25 percent tax bracket and you gave \$1,000 to a qualified charity, you may have been able to deduct \$250.

But under the new tax laws, the standard deduction is almost

doubled for 2018, to \$24,000 for joint filers, and \$12,000 for single filers. As a result, far fewer people are likely to itemize their deductions. If you're in this group, you may find that you have less incentive, at least for tax reasons, to make charitable gifts.

However, receiving a tax deduction is not the only tax benefit of making a charitable gift. If you own an IRA and you're 70 ½ or older, you generally must start taking withdrawals technically called required minimum distributions, or RMDs - from your traditional IRA. (Roth IRAs are not subject to RMDs until after the death of the owner.) If instead of withdrawing the money, the IRA owner decides to transfer the funds directly to a qualified charity, the distributed amount can be excluded from the IRA owner's income. So, in effect, you can get a sizable tax benefit from your generosity. In fact, you may be able to move up to \$100,000 from your IRA per year to an eligible charity and have it count as your RMDs, even if the amount donated is more than the required minimum withdrawal.

Even if you aren't 70 ½ yet, you might still gain some tax benefits from certain types of charitable donations. When you itemized, and you donated appreciated stocks, you were generally allowed a charitable deduction for the full fair market value of the stocks on the date of the transfer, even if your original cost was only a fraction of that value. Now, if you don't itemize, that charitable contribution is not deductible, but you

can still avoid the capital gains taxes you'd have to pay if you sold the securities, rather than donating them.

Finally, you could name a qualified charity as a beneficiary of your IRA or 401(k). This can allow the assets to pass free of income tax to the charitable group.

Given the increased standard deduction resulting from the new tax laws, many charitable groups are worried about the potential loss of contributions. Nonetheless, as we've seen, you can still find ways to get some tax benefits from your own charitable gifts. And you'll still get the same satisfaction from supporting a good cause.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.



Donations can be made to the following:

Boone County Senior Services Foundation, Inc. 515 CrownPointe Dr., Lebanon 46052 Or, go to: booneseniors.org

Or, go to: booneseniors.org 765-482-5220, 317-873-8939 or sshoup@booneseniors.org

#### Clients Served in 2018:

Transportation: 982 Homemaker: 95 Personal Care: 50 12 Respite: 1,282 Outreach/Info: Guardianship: 4 Friendly Visitor: 44 Respite: 11 207 Volunteers: Tax, Legal & Insurance: 88 692 Activities: Workshops/Support Grps: 146 Other Volunteers: 245

2,602 Total clients served:

#### **Meal Vouchers Offered For** Witham Health Services Cafeteria

BCSSI has meal voucher cards that can be used at the Witham Cafeteria for breakfast and lunch. The meals are valued at \$6.75 and will be offered to ages 60+ for a \$1, \$2 or \$3 donation, based on income. You may use up to eight vouchers in a month. A limited number is available each month.

Contact BCSSI with questions: 765-482-5220 or 317-873-8939

Sponsored by: **CICOA Aging & In-Home Solutions** and Witham Health Services

#### \*\*\*\*\*\*\* \*\*\*\* \*\*\*\*\* Caregiver's Corner A bi-monthly newsletter filled with information and resources for people caring for others. If you \* would like to be placed on \*\*\* the mailing list contact Jessica Evans at jevans@booneseniors.org or call 765-482-5220 or 317-873-8939. 米 \*\*\*\*\*\*\*\*

### Do you or someone you know need a little extra help? **Try BCSSI Personal Services**

Homemaker, Personal Care, Respite



Contact: Cindy Hickson 765-482-5220 or 317-873-8939

### **Agency Memorial & Honorarium Gifts**

#### In Memory of Ron Lind

Frances Lind

#### In Memory of Frank Vickery

Eric & Cindy Goodnight & Mariorie Padgett

#### In Memory of Vic Jones

Linda Jones

#### In Memory of Shirley Schenkel

Keith & Marty Campbell

#### In Memory of Wayne Jenkins

Jerry & Eva Bohannon Anonymous

#### In Memory of George Donaldson

Monte & Florence Juillerat

#### In Memory of Garnett E. McMahon

Nancy Stum

#### In Honor of Vickie Daupert

Richard & Betty Spencer

#### In Honor of Jack & Kay Chase

Joe & Breann Fink

#### In Honor of Craig Anderson,

Ordinary Hero Award The Scoop, LLC

#### In Memory of Linda Reagan

Rex & Nancy Goldsberry

Cecil & Nancy Gosser

Vivian Montgomery

Keith & Marty Campbell

Cheryl Edmonds & Denise Wright

Russ & Lois Byrkett

Lee & Donna Emmons

Bob & Kathy Hill

The Whiteley Family, Kyle & Megan

Carol Dull

Brent & Shelly Miller & Family

Mike & Judy Maddock & Joel Pearson

Craig & Mary Ellen Stephenson

Barney & Teresa Lewis

Ron & Beth Forsythe

Blair & Tammy Brindle

Emma Shelton Family

Louise, Don, Cindy, Eric Stump & Family

Dana & Ellen Witte

Stewart Bauserman

### In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Jim Limp, WWII Veteran
- Marvin Bishop, Battle of the Bulge/early arrival liberation of Aachen, Germany
- Floyd Newkirk, Mediterranean/European theaters
- Phil Thrine, USN
- Note Truelock, USN Caribbean
- Odette Chase, Child in France under occupation
- Irwin Martin, Combat Infantry Korea
- Terry Bayles, Combat Infantry, Tet Offensive, Vietnam

# Let BATS take you door to door this winter!

**Boone Area Transit System** 

County Wide, All Ages 482-5220 or 317-873-8939 Monday-Friday 7:30AM-4:30PM Attention!!!
Southeastrans
Standard Medicaid
Transportation Reservations
Trip Reservation Line: 1-855-325-7586
Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior
Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

#### **Boone Area Transit Pricing 2019**

Due to increasing demand please allow 2 weeks notice to book your next transit appointment.

SENIOR SUGGESTED DONATIONS	Cost:
Inside city limits (unlimited stops)	\$5.00
Outside city limits in Boone Co. (unlimited stops)	\$10.00
SENIOR OUTSIDE COUNTY COSTS	Cost:
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone <b>round trip</b> Zionsville, Whitestown to Indy or any other city in the	\$20.00
counties surrounding Boone round trip	\$15.00
Airport one-way mandatory pay per person	\$25.00
Any trip over 30 miles or more one way add \$5.00	\$5.00
PUBLIC	Cost:
Charge each time client boards	\$3.00
Drive-thru to <b>drop off</b> prescriptions only	N/C
Drive-thru to pick up medicine, bank, or fast food	\$3.00
Outside city limits in Boone Co.	\$5.00

#### Boone Area Transit System (BATS) is looking for drivers!

Individuals must be willing to obtain (or already have) a Public Passenger License, must pass a physical exam, drug test and background check and must be able to operate a wheelchair lift (training provided). Contact Director of Transportation Cindy Elliott 765-482-5220 or 317-873-8939 or cindy@booneseniors.org for a complete job description. Boone County Senior Services, Inc. is an Equal Opportunity Employer.



### **Deviled Eggs With Bacon**

Recipe by: Incredible Edible Egg

14 hard-boiled eggs1/2 c. mayonnaise1/2 c. sour cream1/2 tsp. Diion mustard

1 1/2 tsp. Dijon mustard 1 tsp. lemon juice 1/4 tsp. pepper1/3 c. crumbled, cooked bacon1/4 c. finely shredded cheddar cheese2 Tbsp. chopped chives or green onion tops

Cut eggs lengthwise in half. Remove yolks to a medium bowl. Reserve 24 egg white halves. Finely chop remaining 4 halves. Mash yolks with a fork, add all ingredients through pepper and mix well. Add remaining ingredients and mix well. Spoon a heaping tablespoon of mixture into each egg white half.



## Garlic Parmesan Roasted Asparagus

Recipe by: Belle of the Kitchen

1/2 lb. fresh asparagus

1/2 tsp. salt

1/2 tsp. pepper

3 cloves minced garlic

2-3 Tbsp. grated Parmesan cheese

Olive oil spray

Preheat oven to 425°. Line a rimmed baking sheet with aluminum foil. Rinse asparagus and trim off woody ends. Spread out on prepared baking sheet. Spray lightly with olive oil spray and sprinkle with salt, pepper, garlic, and cheese. Use your hands to mix the asparagus with all of the ingredients. Then spread out into a thin layer again. Bake for 8 minutes and serve immediately.





Connecting Generations since 1978

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

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