

**BOONE COUNTY SENIOR SERVICES, INC.**

# SENIOR SOUNDS

Volume XLI Number 3

May/June 2020



Thank you to our Senior Sounds volunteers for helping us prepare our newsletter to be mailed to YOU!

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*...And More!*

# Boone County Senior Services, Inc.

## 2020 Board of Directors

Don Barnett  
Roger Burrus  
Angie Caldwell  
Sara Crew  
Maili Davis  
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Mary Grabianowski  
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Pat Jones  
Bonnie Klingler  
Gina Middaugh  
Marilyn Neese  
Ann Newsom  
Alan Quick  
  
Anita Bowen  
Executive Director  
  
Sonya Shoup  
Newsletter Editor,  
Director of Development



### **Mission Statement:**

*To promote independence and provide enriching opportunities for older adults in Boone County.*

### **Services include:**

Homemaker & Personal Service  
Guardianship  
Respite  
Transportation  
Information & Assistance  
Friendly Visitor & Volunteers  
Activities & Workshops  
Insurance Information  
Legal Assistance  
Prescription Counseling  
Computer Classes  
Caregiver Support & More!

### **Boone County Senior Services, Inc.**

515 CrownPointe Dr.,  
Lebanon, IN 46052  
Monday-Friday, 8:00AM-4:30PM

### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 215  
Open Wednesday & Friday  
9:00AM-4:00PM or by appointment.  
**765-482-5220 or 317-873-8939**  
**[www.booneseniors.org](http://www.booneseniors.org)**



@Bocoseniors



Bocoseniors

## From the desk of our Executive Director Anita Bowen

I was kind of dreading my crazy schedule this spring. There was one particular week that my plate runneth over above and beyond with activities, meetings and other commitments. They were all important and good, but it still left me feeling anxious knowing that I'd be running from one day to the next. And then...the Coronavirus Pandemic hit and my plate was cleared. Although I'd not like to ever repeat this time in my life, I am grateful for the opportunity that I am having to "fill my plate" with things that I haven't had on it in quite some time. Here are some examples:

- My family and I ordered a 500 piece Purdue puzzle (pictured) and each of us contributed to putting it together. I even have a photo to prove it! It is now a favorite wall hanging in our house as we glued it and framed it. We are also continuing to do puzzles together.
- I have dusted off old craft supplies. I didn't focus on purchasing new items but found those "leftovers" that had been tucked away just waiting for me to use. I now have several pairs of handmade earrings and a few handmade cards that I will enjoy sharing with friends & family this year.
- I have finished reading two books and started another. Note: These books came from the **BCSSI Bookshelf** located in our Lebanon lobby. You must check it out if you have not already, and we can even deliver books to you.
- I am cooking! And, I confess, doing some baking, too, and using kitchen utensils that don't always make it out of the cabinets and



drawers. I will say that we are definitely eating well.

- I took some weightlifting and workout "lessons" from my 16-year-old son who is adamant about staying in shape while his school weight room and our YMCA are closed. I don't want to stop exercising either. Our favorite form of "exercise" might be the indoor basketball games that we play at his mini hoop!
- I have rested.
- I have talked to family and friends, neighbors and other kind people just to check on them --- or they are checking on us at BCSSI.

Truly, it is such a wonderful feeling to know that so many community members have taken the time to call, text and e-mail asking how they can help our older adults in Boone County during this temporary difficult situation. It is **another** one of those times when I am proud to call Boone County my home.

I hope you each are not only surviving during the past several weeks, but that maybe you are thriving, and finding yourself filling your plate with unique and meaningful things that you haven't done in a while, too. I'd love to hear how you are spending your spontaneous social isolation time this spring. Maybe you'll share something with me that I want to try, too. Speaking of filling our plates, we have lots of activity time to make up for when we are able to be together again. Please keep checking our social media outlets, and/or give us a call to find out what's happening at BCSSI. Sure hope to see you out and about soon.

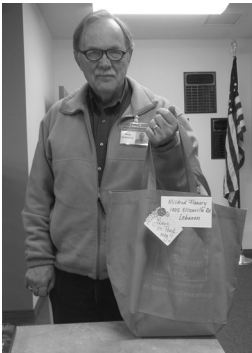
We miss you all very much! Until Next Time,

*Anita*



**Thank you to our many volunteers that help at the Gleaner's Boone County Senior Mobile Food Pantry each month.** Pictured is Jane Hammock, Kim Fortune and Jenny Lemen. For more information about the food mobile turn to page 13.

**Our Classy Crafters enjoyed creating a personalized coaster with instructor Betty Henry.** If you like to craft and make unique creations we would love to see you at an upcoming class. Classes are held the third Wednesday of each month. Turn to page 9 for more details. Please call ahead to register.



**Thank you to our BATS drivers for dropping off BCSSI Care Kits in our community!** If you know of a senior that would enjoy a Care Kits with activities and snacks, give us a call! We will personally deliver the kit to their home. Pictured is driver Doug McDonald.



**Thank you BCSSI transit driver Michele Kattsaros for bringing your beautiful dog Hemi for a visit!**



**Coffee Connection 2 Community collected items for the You're Not Alone Program, which provides care packages to first time cancer patients and the Boone County Cancer Society.** Special guest Police Captain Tyson Warmoth attended along with Clayton Shelburne, AKA the "Blanket Man", who donated several blankets. To donate to the You're Not Alone Program, you can mail a check to the Boone County Cancer Society, 117 W. Elm St., Lebanon, with You're Not Alone in the memo or contact Diane Beltran at 317-518-3906.



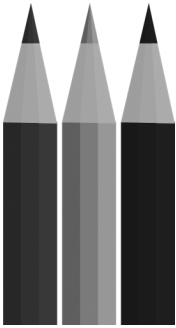
**Yvonne Welty assists a participant with canvas art during a recent Zionsville craft class.** Thank you Yvonne for leading our class! A craft class is held monthly at the Lebanon and Zionsville offices. For more information turn to pages 9 & 10.

**Lunch and Learn** provides the opportunity for individuals to socialize, enjoy a FREE lunch, and listen to a variety of educational topics that affect older adults. Recently, **Elaine Morrison, P.T. with Zionsville Physical Therapy** spoke about dealing with arthritis and **Elana Hart, N.P. from Witham Health Services** spoke about heart health. Turn to pages 9 & 10 for more information.



**SAVE THE DATE:**  
**Boone County Senior Health & Wellness Expo**  
**Saturday, October 3**  
**9am-Noon**  
**Boone County Fairgrounds**





## BCSSI Coloring Contest!

Color the picture located on the following page and mail back to BCSSI at 515 CrownPointe Dr, Lebanon, IN 46052 or drop in our drop box by Friday, May 15th!

We will highlight our participants on social media and prizes will be awarded to our winners!

**Coming Soon!!! BCSSI Coloring Hour!**  
**Watch for more details to come!**

## BCSSI is Now Hiring Drivers & Personal Care Attendants!

*promoting*  
Independence

*providing*  
Enriching Services

Equal Opportunity Employer

In-Home Care • Transportation for all ages  
Friendly Visitor Program  
Recreational Activities



A tax deductible gift to the Agency or Foundation will ensure that these services can be continued into the future



**Call 765-482-5220 or 317-873-8939 • [www.booneseniors.org](http://www.booneseniors.org)**

# Thank You

Thank you to the following organizations who granted financial support to BCSSI in response to COVID-19 and the work we do to assist Boone County older adults during this unique and challenging time.

- United Way of Central Indiana COVID-19 Community Economic Relief Fund (C-CERF), \$20,000
- The Community Foundation of Boone County, \$5,000
- Central Indiana Senior Fund, \$20,000

## BCSSI Book Nook!



Stop in and select a book from our **BCSSI Bookshelf** located in our Lebanon office lobby. We can also deliver books to you if you are unable to get out of your home. The books are all NEW!

*Please DO NOT return the books, pass them along or donate them to the library book sale.*





**Congratulations Kate Koehler,  
Assistant Director of  
Transportation, on your  
retirement! Thank you for your  
service and dedication of  
14 years to BCSSI!  
*You will be greatly missed!!!***



**We apologize for the following cancellations and postponements of these programs due to the COVID-19 restrictions:**

- Lunch and Laugh with Al Curtis “A Few People I Met Along the Way” is rescheduled for Wednesday, October 7.
- Lunch and Learn on the Road for May 27 to The Lakehouse Grill and Culver Academy is cancelled. All participants who signed up will be contacted to make arrangements.
- Alzheimer’s workshop for May 7 is cancelled
- Vermont trip is postponed and will be held September 26 – October 2, 2021
- New York trip is cancelled
- Art & Photography contest is cancelled
- Book Club for May is cancelled
- The Foundation Legacy Dinner is rescheduled for September 5
- Theatre Thursdays cancelled due to the closing of the Lebanon 7 movie theater



**May/June Classes & Activities**  
**Call 482-5220 for Registration and Information**  
*All Classes & Activities held at BCSSI, Lebanon*

Please check our Facebook page or call our office for program availability....thank you for your understanding.  
*We will not take reservations for activities until our office reopens.*

**Legal Assistance**

Free legal assistance is offered **monthly on the third Tuesday. Call BCSSI for an appointment.**

**Classy Crafters**

Classy Crafters meets **each month on the third Wednesday at 1:30PM.**

**Coffee Connection 2 Community**

Join us on the **second Thursday of each month at 9:30AM** for Coffee and Conversation.

**Tech Time Tuesday Time Change**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. **Every Tuesday from 9:00AM-12:00PM. Call BCSSI for an appointment.**

**Game Day**

**Every Wednesday from 1:30-3:30.** Come for card games, dominoes, Bocce Ball, etc. Bring some snacks to share and come play with us! Players are responsible for organizing enough players for their table.

**Lunch & Learn**

Join us for a **FREE** Lunch & Learn about current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the month at noon** and is limited to 30 people. **For reservations call BCSSI.**



**Art Class**

**Every Thursday, 9:30AM-12:00PM** with instructor Shirley Luttrell. Cost is \$5 per class. Shirley will work with beginner or intermediate students and any medium. **There will be an all day art class monthly on the second Thursday from 9:30AM-3:30PM.** Cost is \$10 for the full day. **Call BCSSI to register.**

**Cover to Cover Book Club Resuming Soon!**

**Book Club meets the first Thursday of each month at 1:00PM. It has been cancelled for May.**

**\*Tentative\***  
**Muffins and Masterpieces-FREE**  
**Thursday, May 28 from 1:30-3:30PM. Call BCSSI to register.**  
Sponsored by CrownPointe.

**May/June Activities Zionsville**  
**Call 317-873-8939 for Registration and Information**  
*Zionsville activities are held in various facilities*

Please check our Facebook page or call our office for program availability...thank you for your understanding!  
*We will not take reservations for activities until our office reopens.*

**SHIP Counseling & CICOA Benefits Canceled - Resuming Soon!**

CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, and more.

**Caregiver Support Group**

The group meets the 2nd Wednesday of each month from 6:00-8:00PM at the Zionsville Town Hall, 1100 W Oak St., Rm. 203. Jessica Evans, BCSSI Director of Outreach, and Anson Senior Living will facilitate. **Call BCSSI to register.**

**Art Class**

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. Class is held in Room 205 of the Zionsville Town Hall. Cost is \$5.00 per class.

**Zionsville Crafts**

Join us monthly on the second Friday at 1:30PM. Call BCSSI to register.

**Lunch and Learn**

2nd and 4th Friday of the month at noon. Lunch is free to the first 30 registrants in the Zionsville Town Hall Community Room. Call BCSSI to register.



**Coffee Connection/Sip & Learn**

You are invited to join us at Zionsville Fire Station #91 monthly on the first Friday at 10:30AM, for coffee and information. *Sip & Learn is cancelled for May.* Sponsored by: Copper Trace Family-first Senior Living.

**\*Tentative\***

**Alzheimer's Association Workshop: Understanding Alzheimer's & Dementia**

**Wednesday, June 3 from 2:00-3:30PM in the Zionsville office.**

This is an educational program covering the basics of Alzheimer's & dementia. Join us to learn more about the relationship between Alzheimer's & dementia, risk factors, FDA-approved treatments and what's on the horizon for Alzheimer's research.

**RSVP to BCSSI.**

# Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



## Shopping

**Tippecanoe Mall**  
*(Tentative)*      Tues. June 30  
9:00AM \$6.00

## Special Interest

**Eagle Creek Park & Lunch at Anson**  
*(Tentative)*      Thurs. June 25  
9:30AM \$6.00

### Lunch and Learn on the Road

To Lake Maxinkuckee, Culver Academy & The Lakehouse Grille

May 27

**CANCELLED**

All participants who signed up will be contacted to make arrangements.



### Peru Amateur Youth Circus & Harvey Hinklemeyers

Saturday, July 11

Cost is \$40



You will enjoy an up-close seat at this famous three-ring production featuring youth ages 7 to 21! Exploration at the Circus City Center...known since the 1800s as the Circus Capital of the World!

Lunch at the famous Harvey Hinklemeyers—fresh food & fun with friends

*Registration begins Thursday, May 28*



Did you know that BCSSI can pick up your groceries and medications and deliver them to you so you can stay in the comfort and safety of your home?

We would love to help YOU!


Give us a call today!


765-482-5220 or 317-873-8939



**A fun, family event  
benefitting BCSSI**



 Boone County Polo Charity

 @BooneCopolol

**Presented by:**



**Friday, June 26**

**\$20.00 Carload**

**Hickory Hall Polo Club**

7551 E 100 N., Whitestown, IN 46075

**5:00pm Gates Open**

**5:30pm Pre-Match Festivities**

**6:00pm Polo Match**



## **Budget Friendly Foods to Keep in Your Home**

Source: Purdue University Extension  
Nutrition Education Program  
[eatgathergo.org](http://eatgathergo.org)

Having canned, dried and other shelf stable food items at home can ease the concerns of running out of food due to finances or if you can't get to the grocery store. These nutritious foods taste great and provide a sense of well-being to those who are looking to stretch their food dollars or want to be prepared for emergencies. Studies show the nutritional content of canned foods is similar to cooked, fresh and frozen varieties, and they provide needed vitamins, and nutrients to our diet. Shelf stable foods are able to survive long periods of time without spoiling. Some canned or frozen foods can be higher in sodium or sugar. When possible, choose options that are whole grain, low in sodium, and have no added sugar.

**Proteins:** beans, lentils, peas—all either dried or canned, peanut butter, canned tuna, salmon, chicken and other meats, peanuts and other tree nuts.

**Dairy:** Powdered milk, shelf-stable milk, canned evaporated milk and some cheeses.

**Grains:** Rice, couscous, quinoa, tortillas, pastas, crackers, cornmeal and wheat flours

**Fruits and vegetables:** Anything called is a great option. Ideas for dried fruits include raisins, apricots, prunes and unsweetened applesauce.

**Eggs:** They are versatile, an excellent and economical source of protein, and eggs remain fresh in the refrigerator for at least one month.



**BCSSI**  
OLYMPICS  
2020

**The 6th Annual BCSSI Olympics will involve competition for those age 60+ during August 24-27, 2020, with several activities throughout Boone County!** Events will include golf, bowling, track and field, basketball shoot, euchre, nature walk or fitness walk, swimming, line dancing, horseshoes, bocce ball, pickle ball and table tennis. Proceeds from the Olympics support the mission of BCSSI which promotes independence and provides enriching opportunities for older adults in Boone County.

***Watch for registration information and a timeline of events in the next issue of the Senior Sounds newsletter.***



**Event details and a registration form will be available at [www.booneseniors.org](http://www.booneseniors.org).**

**Thank you to Witham Health Services and Homewood Health Campus for serving as the presenting sponsors.**

**BCSSI Olympics Cheer Squad Call-Out!**

Do you enjoy attending Olympic events and giving encouragement to the participants to do their best?  
If yes, then contact BCSSI or Kay Martin for more information.

Cheer Squad coordinator:  
Kay Martin 765-714-7167 or [lpkay@gmail.com](mailto:lpkay@gmail.com)



**Gleaner's Boone County Senior Mobile Food Pantry**

3rd Tuesday of each month, 11:00AM-1:00PM

DRIVE THRU SERVICE OFFERED ONLY

***Check social media or call our office for the location pick-up which has been changing due to the COVID-19 restrictions.***

Must be 55 years of age or older, one per household  
I.D. is required and bring your own bags or boxes!



# Local Chef Serves Seniors

By: Indiana Connection  
Posted February 25, 2020  
BOONE REMC



Chef Rick Whiteman has structured his business to incorporate a love of cooking. Since he was a child, he has taken ownership of a farm to fork inspired mission to help those who have a need for nutritious

cuisine. “I like knowing where my products come from and chemicals change the taste of the food,” Whiteman said. “I like to buy from local vendors: meat from Becker’s in Colfax, eggs from Zionsville ... quality food from where you know what you are getting. It may cost a little bit more, but it is worth it.”

Whiteman’s business is threefold. He provides meal delivery out of his Fisher’s storefront Mondays, Wednesdays, and Fridays. He provides homemade, low cost soup for seniors in Boone County on Tuesdays and Thursdays. He also provides public and private cooking lessons. “There is a huge need for seniors,” Whiteman said. And Whiteman would know. He served on the Boone County Senior Services Board for 12 years and continues to work closely with Executive Director Anita Bowen by providing monthly menus that seniors can order 24 hours in advance at a discounted price and pick up at the senior center in Lebanon. “Rick is so generous,” Bowen said. “If he can find a way to help, he will do it. He understands that nutrition is critical to a senior’s health and he has been able to grow his passion and business around

helping others.” Seniors can either pay Whiteman directly or they can leave the money at the Senior Center for collection. According to Bowen, the best thing about Whiteman’s soups is the variety.

“I like to take a recipe and change it and then work it and work it until I feel like I have it and then, test it on my client, and then, it goes to the website,” Whiteman said. “That is my niche. I always like to try something a little bit different. Quiches and soups are my favorites— that’s why I have the soup program.” Think Italian Sausage Spinach Tortellini or Cheeseburger French Onion. When it comes a little more exotic fare, think chocolate crusted steak or raspberry chocolate chicken. He loves to make chili or beef stew. None of them are run of the mill; they are always a little bit different. Seniors are taking advantage of the service. He has served as many as 100. However, anyone can go to his website and take advantage of his services at [www.rickscookingschool.com](http://www.rickscookingschool.com) or call 317-503-0745 or go to his Facebook page.

After having a kitchen in Zionsville for years, Whiteman has recently moved to his Fisher’s location. He rents out the facility as a commissary kitchen mostly for food trucks and farmers market vendors. He still lives in Zionsville in his 152-year-old Victorian home where he continues to draw inspiration from his childhood heroes, Julia Child and Jeff Smith. “I see my mother aging and the complications she has, and through the years I’ve wanted to help,” Whiteman said. “When I see seniors suffering, it breaks my heart. Even in high school, I felt a need to volunteer with seniors.” Whiteman has combined his love of two completely different things to fill a need in Boone County, taking his passion and providing healthy, nutritious meals for those who might go without.

# Make Your **MARK!**



Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. This year, they are pleased to announce the 2020 theme **Make Your Mark!**

This theme was selected to encourage and celebrate countless contributions that older adults make to our communities. Their time, experience, and talents benefit family, peers, and neighbors every day. Communities, organizations, and individuals of all ages are also making their marks. This year's theme highlights the difference *everyone* can make – in the lives of older adults, in support of caregivers, and to strengthen communities.

To promote and celebrate go to: **#OAM20** or for more information go to: <https://acl.gov/oam/2020/older-americans-month-2020>



**Welcome to our newest transit driver  
Lynda Dominick!**

## Attention BCSSI & Foundation Donors...Did you see the implications for charitable organizations in the COVID stimulus bill?

If not, you can get an *"above the line" credit for up to \$300 in charitable gifts!* *What does this mean to YOU...?*

This means that any donor can give up to \$300 this year AND take the standard deduction. The Bill as passed states, "beginning in 2020" although the summary of the Bill states it is just for this year. We would count on it being more than just this year. With the new "giving now Tuesday" coming up on May 5, this could be ideal for small gifts.



**Save The NEW Date:  
The Foundation's Legacy Dinner "Leaf A Legacy" has been moved to Saturday, September 5th at Dull's Tree Farm. More details in the next Senior Sounds!**

**BOONE COUNTY**

**Senior Services Foundation**

**Mail Donations, Honorariums & Memorials To:**

Boone County Senior Services Foundation, Inc.

515 CrownPointe Dr., Lebanon, IN 46052  
[sshoup@booneseniors.org](mailto:sshoup@booneseniors.org)  
765-482-5220 or 317-873-8939

*The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.*

**Do you or someone you know  
need a little extra help?  
Try BCSSI Personal Services**  
*Homemaker, Personal Care, Respite*



**To find out more about participating in  
the Personal Service program contact:**

Cindy Hickson  
765-482-5220 or 317-873-8939  
chickson@booneseniors.org

BCSSI is certified as a Personal Services  
Agency by the Indiana State Dept.  
of Health and is an Equal  
Opportunity Employer.

**BCSSI is proud to have “shared”  
160 pieces of personal  
equipment in 2019!!**

**Thank you to Jenny Lemen for her  
wonderful leadership in organizing this  
program. See details below.**



BCSSI offers a  
variety of **FREE  
personal  
equipment** such as  
walkers, canes,  
wheel chairs,  
shower benches,  
toilet seats & more.

**Give us a call!  
765-482-5220  
317-873-8939**

***We welcome donations!***

### **Meal Vouchers Offered For Witham Health Services Cafeteria**

BCSSI has applications for meal  
voucher cards that can be used at the  
Witham Cafeteria for breakfast and  
lunch. The meals are valued at \$6.75  
and will be offered to ages 60+ for a  
\$1, \$2 or \$3 donation, based on  
income. You may use up to eight  
vouchers in a month.

Contact BCSSI with questions:  
765-482-5220 or 317-873-8939

**Sponsored by:  
CICOA Aging & In-Home Solutions  
and Witham Health Services**

**Caregiver's  
Corner**

A bi-monthly newsletter filled with  
information and resources for  
people caring for others. If you  
would like to be placed on the  
mailing list, contact:  
Jessica Evans  
765-482-5220  
317-873-8939  
jevans@booneseniors.org



# Agency Memorial & Honorarium Gifts

## In Memory of Gene Souders

Don & Janet Barnett  
Russell & Helen Roberts

## In Memory of Alvin Ping

Bob, Anita and Brayton Bowen  
Joseph & Geraldine Fettig  
William Myers  
Ron & Marilyn Neese  
Jerry & Eva Bohannon  
Dick & Janet Self  
Gene & Denise Long

## In Memory of Dan Carmichael

Ron & Marilyn Neese

## In Memory of Loretta Thacker

Rod & Jean Rose

## In Memory of Jayne Doolan

Rod & Jean Rose

## In Memory of Stephen Chinn

George & Barb Anderson

## In Memory of Mariam Lenox

The Coons Siblings: Frances, Libby,  
Kate, Margaret, Barbara, Sarah,  
Jean, John & Matt

## In Memory of Rosalie Maggart

"500 Card Club"

## In Memory of Richard Hitch

Gene Ryan

## In Memory of Herb Searles

Lee & Chris Brown  
Christopher Nelson  
Cheryl Micallef

## In Memory of Jerry Jones

Betty Jones

## In Memory of Fredia Spaulding

Jim & Christina Bush

## In Memory of Luanne McGhee

Gulielma McGowan

## In Memory of Eloise Anna Smith

Gulielma McGowan

## In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Benny Campbell, United States Air Force
- Charles Slaughter, Philippines/Okinawa/  
Purple Heart & Bronze Star medal
- Jim Evans, Battle of the Bulge
- Marion Adams, Italy/France
- Russell Swisher, Marched in Paris  
Liberation Parade/Huertgen Forest/Battle  
of the Bulge
- George Cox, Channel Crossing torpedo  
survivor/France
- Dr. Robert Coons, combat medic ETO/  
Purple Heart & Silver Star medals
- Alvin Ping, WWII Submarine Crewman

## Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

\_\_\_\_\_ A donation to the Agency      \_\_\_\_\_ A donation to the Foundation

\_\_\_\_\_ A memorial in memory of: \_\_\_\_\_

\_\_\_\_\_ An honorarium in honor of: \_\_\_\_\_

Please send notification card to: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Thank you for your gift. Please mail form with payment to:**

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

**Let BATS take you  
door to door!**

**Boone Area Transit System**  
County Wide, All Ages  
482-5220 or 317-873-8939  
Monday-Friday  
7:30AM-4:30PM

**Attention!!!**  
**Southeasterns**  
**Standard Medicaid**  
**Transportation Reservations**  
**Trip Reservation Line: 1-855-325-7586**  
Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

*Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!*

**Boone Area Transit Pricing 2020**

**Due to increasing demand please allow 2 weeks notice  
to book your next transit appointment.**

| <b>SENIOR SUGGESTED DONATIONS</b>  | <b>Cost:</b> |
|--|--------------|
| Inside city limits (unlimited stops)   | \$5.00       |
| Outside city limits in Boone Co. (unlimited stops)   | \$10.00      |
| <b>SENIOR OUTSIDE COUNTY COSTS</b>   | <b>Cost:</b> |
| Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone <b>round trip</b> | \$20.00      |
| Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone <b>round trip</b>                 | \$15.00      |
| Airport <b>one-way</b> mandatory <b>pay per person</b>   | \$25.00      |
| Any trip over 30 miles or more one way add \$5.00  | \$5.00       |
| <b>PUBLIC</b>  | <b>Cost:</b> |
| Charge each time client boards   | \$4.00       |
| Drive-thru to <b>drop off</b> prescriptions only   | N/C          |
| Drive-thru to pick up medicine, bank, or fast food   | \$3.00       |
| Outside city limits in Boone Co.   | \$5.00       |

# Cheeseburger Pie

Recipe Submitted By: Kate Koehler

1-9" pie crust, unbaked  
3/4 lb. ground beef  
1/2 c. diced onion  
1/2 c. mayonnaise

1/2 c. milk  
2 eggs  
1 Tbsp. cornstarch  
1 1/2 c. shredded cheddar cheese

Preheat oven to 350. Brown the beef and onion. Stir together mayonnaise, milk, eggs and cornstarch until smooth. Spoon ground beef into pie shell and top with cheese. Pour mayonnaise mixture over the beef and cheese and sprinkle with salt and pepper. Bake until browned and firm 35-40 minutes.



# Lemon Blueberry Crumb Bars

Recipe From Kraft Food & Family

1/2 c. butter  
1 yellow cake mix  
2 eggs  
2 tsp. lemon zest

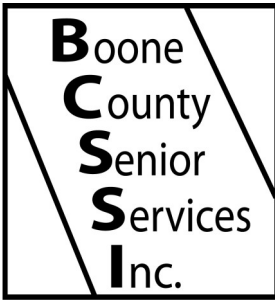
3 Tbsp. lemon juice  
2-8oz. Packages cream cheese, soft  
1/2 c. sugar  
2 1/2 c. fresh blueberries

Heat oven to 350. Line a 13x9 inch pan with foil, with ends extending over the sides. Microwave butter in a large bowl 1-1 1/2 min. until melted. Add cake mix, 1 egg and 1 Tbsp. lemon juice. Beat with a mixer until well blended. Press 2/3 of the mixture into the bottom of prepared pan. Beat cream cheese and sugar with mixer until well blended. Add remaining egg, lemon juice and zest. Mix well. Pour over crust and top with berries. Pinch small pieces of remaining cake mix mixture between your fingers and press lightly into cream cheese layer. Bake 48-50mins. Or until center is almost set. Cool completely. Refrigerate for 1 hour. Use foil to lift from pan before cutting into bars. Keep refrigerated. Bake time is 48-50 minutes.



## **BCSSI CORE VALUES:**

Choice for older adults and their families  
Enhance, protect and preserve the dignity of older adults  
Fiscal responsibility  
Cooperation with other agencies



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since 1978*

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