#### **BOONE COUNTY SENIOR SERVICES, INC.**

# SENIOR SOUNDS

Volume XLI Number 5

Sept./Oct. 2020







#### What's Inside:

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Page 14
Share How You
Survived During
The Covid Crisis

### **HOMECOMING WEEK**

BCSSI kicked off several fun activities to welcome individuals back to our facility! Thank you to everyone who visited and joined in the fun!

...And More!

## **Boone County Senior Services, Inc.**

#### 2020 Board of Directors

Don Barnett Roger Burrus Angie Caldwell Sara Crew Maili Davis

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Ann Newsom

Alan Quick

Anita Bowen
Executive Director

Sonya Shoup Newsletter Editor, Director of Development



#### Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

#### Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

#### **Boone County Senior Services, Inc.**

515 CrownPointe Dr., Lebanon, IN 46052 Monday-Friday, 8:00AM-4:30PM

#### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 215 Open Wednesday & Friday 9:00AM-4:00PM or by appointment. 765-482-5220 or 317-873-8939 www.booneseniors.org





Instagram C

#### From the desk of our Executive Director Anita Bowen



I was a gymnast back in the day. I have a bum knee to prove it. Today, I feel like I am back on that balance beam (which was not my favorite part of the sport), as we continue to venture through 2020. I say that because I feel like each day is a balancing act as we make decisions about

what we should and shouldn't do. We want to be safe and careful, but we also want to live our lives to the greatest extent possible. And, we do not want to live in fear.

So, how have we been doing that at BCSSI this summer? Well, in addition to following all of the directives and protocols from organizations such as the Boone County Health Department, the Indiana Department of Transportation, the Indiana Association of Home & Hospice Care, among others, we simply are in constant communication with one another. We're not only checking in on our customers (some whom we haven't seen in months), but we're checking on each other.

You see, we have known throughout this entire pandemic that COVID19 is just one thing that we had to be concerned about for each of us. Social isolation was the other big one, and we began almost immediately making sure that we were doing as much as possible to avoid this situation which can lead to depression, sleep deprivation, cognitive decline and many other chronic conditions. In the end, we simply want to link arms to get to the other side stronger than ever.

We are so grateful for the time that we have spent with many of you in conversations this spring/summer and the virtual activities that you have helped us with such as the coloring page contest and the coffee filter butterflies. Some of you have sent notes to us, and we have written letters to you. When we opened our doors softly in June, a few of you stood safely at a distance and visited with us, took books from the BCSSI Bookshelf and checked out medical equipment. Now that we have new plexiglass partitions installed around the front desk area, it's even safer! We welcome "social distance" visitors!

Now, we have resumed some programs and activities in Lebanon, and we have seen even more of you venture out. If you are not quite ready to be in the building, we want to continue being engaged with you! This issue's challenge is for all of you is to complete the creative writing piece located on page 14...It starts out with the sentence, "This is how I not only survived, but I thrived during the COVID Crisis." Please, pretty please share these with us, and we will post them all on the display wall in the Lebanon Lobby. You may mail them to 515 CrownPointe Drive, Lebanon, IN 46052, bring them in to the office during business hours or drop them in our box next to the front door. Deadline is Friday, September 18th. All who share will receive a small gift!

Before I go, if there's someone new that you think could use a virtual friend right now, we're up for it! Please share that information and keep in touch with any other ideas and needs that you have.

Keep walking carefully on the beam of life and let them see your smile through your eyes.

Until Next Time, Auita



Thank you to BCSSI driver Jim Stevenson for firing up the grill and grilling hot dogs on National Hot Dog Day!

Sharing Jenny Lemen's beautiful smile behind our new front desk partitions. BCSSI driver Tom Volbrecht did an awesome job building the clear partitions to help with social distancing in the office. Thank you Tom!





Special delivery....! Look at this smile when Bernie Gorzny received one of our BCSSI Care Kits! Let us know if you are someone you know could use a special delivery of a BCSSI Care Kit.

Be a pineapple..."Stand tall, wear a crown, & be sweet on the inside." Pretty sure this Birthday Girl is a Pineapple. **Happy Birthday to Executive Director, Anita Bowen!** Cake Credit: Titus Bakery





Welcome back to BCSSI front desk volunteer Brenda Burkholder! We are thrilled to have Brenda and her friendly smile welcoming our clients and visitors!



Classy Crafters met during Homecoming week and created a mini herb garden they can take home and enjoy! Thank you to Director of Volunteers Barb Carrell and Executive Director Anita Bowen for leading the class. Turn to pages 8 -9 to find more details about upcoming activities!

Thank you to Trina Rose, Wellness Coordinator at Witham Health Services, for attending our Homecoming week Lunch and Learn and giving active aging tips to our attendees! Turn to page 8 and 10 for more information about our fall Lunch and Learn programs.





Executive Director Anita Bowen had the opportunity to speak to the Zionsville Kiwanis Club about BCSSI programs via a web based Zoom call. Contact BCSSI if you would like for us to speak to your group, club, work, etc. in person, by conference call or by Zoom!

BCSSI welcomes Kelly Avenatti as the new Assistant Director of Personal Services. Welcome to the team, Kelly!





"BCSSI is a life saver to me as I have traveled to my medical appointments. I appreciate the care and concern from the staff as well as the conversation with so many of their friendly drivers".

~ Karen Evans, transit client and art student

Karen is pictured (far right) with her daughter-in-law Jessica Evans, Director of Outreach, Jessica's son and pianist Justin Evans and Kay Martin, BCSSI volunteer and mother to Jessica.

Did you know that BCSSI can pick up your groceries and medications and deliver them to you so you can stay in the comfort and safety of your home? We would love to help YOU! Give us a call today! 765-482-5220 or 317-873-8939





## BCSSI Book Nook! We can deliver to your home!

Stop in and select a book from our **BCSSI Bookshelf.** The books are all NEW! We ask that you DO NOT return the books, pass them along or donate them to the library book sale.

If you did not receive an Olympic t-shirt (or you need another t-shirt) or you would like a commemorative medal, please stop by our Lebanon office!

Thank you to the more than 90 individuals who signed up to participate this year! We are disappointed we had to postpone but we are already making plans for 2021!



## WELCOME BACK TO YOUR HOME AWAY FROM HOME....BCSSI!

- We have missed you! Our Lebanon office is open!
- If you are not feeling well in <u>any</u> way, we will look forward to seeing you when you are feeling better. We may periodically check temperatures with our electronic thermometer.
- Please wear a mask in our building. We have a few extra masks available if needed.
- Sign-ups for programs and activities can be done while you visit, or by phone (765)482-5220/(317)873-8939 or via e-mail ilemen@booneseniors.org.
- Schedules and activities are all subject to change.

#### **BCSSI SELF-SCREENING**

We hope you are as excited as our activities/programs have begun again!!!! As part of our protocols, we will have a short questionnaire that everyone will complete and sign regarding how they are feeling that day; exposure to anyone with COVID, etc.

Have you been in close contact with someone who has tested positive of COVID-19 within the past 14 days? YES NO

Are you currently ill? Do you have symptoms of a cold, cough or shortness of breath?

Have you temporarily lost your sense of taste or smell? YES NO

Do you currently have a fever or have had a fever within the past week? YES NO

By signing this, I acknow		completely read	and fully understa	and the in-
formation in this form.  S	Signature:			
Data:				



#### **BCSSI CORE VALUES:**

- Choice for older adults and their families
- Enhance, protect and preserve the dignity of older adults
- Fiscal responsibility
- Cooperation with other agencies

#### **Sept./Oct. Classes & Activities**

#### Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon

An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

#### **Tech Time Tuesday**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get *free* independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. Every Tuesday from 9:00AM-12:00PM. Call BCSSI for an appointment.

#### **Muffins and Masterpieces**

Join us on **October 1** to paint a masterpiece with Shirley Luttrell from **1:30-3:30.** Space is limited. **Call BCSSI to register** (for groups, please call Barb Carrell at BCSSI). Sponsored by: Homewood Health Campus

#### **Classy Crafters**

Classy Crafters meets each month on the third Wednesday at 1:30PM. On September 16 create a tissue holder with Anita & Barb. Cost is \$5. Bring a quart jar with lid. On October 21 create string art with Mary Allen. Cost is \$5. Call BCSSI to register.

#### Lunch & Learn

Join us for a FREE program on current topics that affect seniors and their caregivers.
The luncheon is the first & third Wednesday of the month at noon and is limited to 24 people. For reservations call BCSSI.

Sept. 2 Don't Fall into Fall w/ The Hearth at Tudor Gardens

Sept. 16 Fun and Games w/ Excel

Oct. 7 Fall Energy Efficiency w/ REMC

Oct. 21 Witham Fashion Show

\*All Lunch & Learns are bring your own lunch until further notice.
Bottled water will be provided.\*

#### **Art Class**

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$5 per class. Shirley will work with beginner or intermediate students and any medium. Call BCSSI to register.

All Lunch & Learns on the Road are CANCELLED for 2020!

#### **Sept./Oct. Classes & Activities**

#### Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon

An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

#### **Medicare Assistance**

Appointments will be available October 19 from 9:00AM-3:00PM, October 21 from 9:00AM-12:00PM, November 3 from 9:00AM-3:00PM, and November 9 from 9:00AM-3:00PM. Please bring a list of your current prescriptions and health care providers. Call BCSSI to schedule an appointment.

#### **Coffee Connection 2 Community**

Coffee Connection meets on the second Thursday of each month at 9:30AM. Join us on September 10 and October 8 for coffee and conversation with Lebanon Police Captain Tyson Warmoth. Call BCSSI to register.

Contact BCSSI for
further details regarding the
FREE
2020 Boone County Senior
Health & Wellness Expo!
Saturday, October 3rd, 9am-Noon
Boone County 4-H Fairgrounds
Vendors, Flu Shots, Grab 'n Go
Snack bags, entertainment & more!

Cover to Cover Book Club
Book Club meets the first Tuesday
of each month at 1:00PM. Tuesday
September 1 the club will meet to
discuss, All Over But the Shoutin', by
Rick Bragg. Book Club will also meet
on October 6. Call BCSSI to register.

#### "NEW" Coloring Hour

Bring your own pencils/markers and join us on September 8 and October 13 from 1:00-2:00PM. Call BCSSI to register.

#### Legal Assistance

Free legal assistance will be offered September 15 and October 20. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.

#### Line Dancing

September 9, 10:30-11:30AM and October 14, 10:30-11:30AM with Cari Ann Walker. Call BCSSI to register.

#### **Sept./Oct. Activities Zionsville**

#### Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities

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Please check our Facebook page or call our office for program availability...thank you for your understanding!

#### Lunch in the Park

Join us on **September 11 at 12:00PM** at Mulberry Fields Park for a welcome back lunch. Please bring your own lunch. Bottled water provided. **Call BCSSI to register.** 

#### Coffee Connection/Sip & Learn

You are invited to join us at Zionsville Fire Station #91 monthly on the first Friday at 10:30AM for coffee and information. Join us on Sept. 4 for Stop the Bleed. Sponsored by: Copper Trace Family-first Senior Living.

#### **Caregiver Support Group**

Please call BCSSI for details on the September and October meetings and to register.

#### **Zionsville Crafts**

Join us monthly on the second Friday at 1:30PM when programs in Zionsville resume. Call BCSSI to register.

#### **Lunch and Learn**

2nd and 4th Friday of the month at noon. Lunch is free to the first 30 registrants in the Zionsville

Town Hall Community Room once new dates are announced. Call BCSSI to register.

## SHIP Counseling & CICOA Benefits Cancelled - Resuming Soon in Lebanon & Zionsville!

CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, and more.

#### **Art Class**

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. Class is held in Room 205 of the Zionsville Town Hall. Cost is \$5.00 per class and will resume soon. Call BCSSI register once this program resumes.

#### As the coronavirus (COVID-19) pandemic sweeps across the globe, Attorney General Curtis Hill is asking Hoosiers to be wary of scams. <a href="https://www.in.gov/attorneygeneral">https://www.in.gov/attorneygeneral</a>

In times of crisis, Attorney General Hill said, scams become more prevalent. Scammers and fraudsters often attempt to take advantage of vulnerable consumers during difficult moments. Attorney General Hill urged Hoosiers to remain vigilant during these hardships, and offered these tips to avoid scams during the pandemic:

- Be on alert for communications with dangerous attachments or fraudulent links.
- Treat any emails or texts about coronavirus with caution.
- Avoid clicking on links in unsolicited emails and be wary of email attachments.
- Always verify the email addresses of those who send you emails.
- Use trusted, legitimate government websites to obtain up-to-date information.
- Don't reveal personal or financial information via email or text message and verify the authenticity before donating money.

#### OFFERS THAT TARGET SENIORS

Perpetrators may seek out senior consumers with a number of scams such as:

- The solicitation of home improvements, medical devices and other services and products;
- Telemarketing and mail fraud;
- "International lottery" offers and other sweepstake scams; and Property tax exemption offers for seniors.

Be particularly cautious of offers that seem too good to be true as that is a red flag for detecting fraud. Do not allow yourself to be isolated or pressured into making a purchase. Don't allow strangers to come to your home and/or to review your personal financial information unless you initiate the need for such services and are confident you are dealing with a legitimate business.

Door-to-door sales of home improvements and repairs are notorious for targeting seniors who may physically need help with maintaining their homes and who may be intimidated by a doorto-door contractor who comes to their door. Unscrupulous sales may also involve medical products or devices offered to seniors with limited means and increasing health concerns. 11

Telemarketing and mail fraud are common means for targeting senior consumers. However, timely information about the latest scams and other crimes that target senior Hoosiers can be a powerful protective weapon. Understanding how scam artists operate will help targets avoid becoming victims. Perpetrators of telemarketing and mail fraud tend to disappear once they get money or they'll spend the money before they can be found. The hard reality is that, once ripped off by a con artist, the consumer almost never gets their money back. For this reason, it is very important to educate yourself, your friends and your families about consumer fraud.

To report fraud you can file a consumer complaint with the Office of the Attorney General. Go to https://in.gov for the form and mail to: Consumer Protection Division, Office of the Indiana Attorney General, 302 W. Washington St., 5th Floor, Indianapolis, IN 46204. You can also call 1.800.382.5516 or 317.232.6330. Contacting your local law enforcement or your local bank can also provide assistance when you think you might be getting scammed

## Generous, compassionate, devoted, caring, and energetic....

If any of these words describe you, then you have the characteristics of a volunteer and BCSSI would love to have you **join our Friendly Visitor program.** Volunteers provide a valuable service to our senior community. Whether you can donate an hour a week or three hours five days a week, you're providing



Friendly Visitors Paul and Karynn Seppel visit with Betty Runyan during ice cream.

more than a service, you're offering companionship and support to someone in need. Currently we have clients who need a friend. As a volunteer, you have the opportunity to learn new skills, develop lasting friendships, and take pleasure in knowing you are helping others. If you feel you would be a valuable asset to this program or feel like you could add an additional client, call today!

A Friendly Visitor makes regular visits to homebound seniors to offer support, friendship, and concern. Visits are one day per week for a minimum of one hour. For more information contact Barb Carrell, Director of Volunteers and Activities, at 765-482-5220 or 317-873-8939 or bcarrell@booneseniors.org.



When Barb first approached me about the Friendly Visitor program, my mind said I will do this after my husband gets home from the hospital, but when I opened my mouth to say something, I said sure. That was the beginning of a new, close friendship between Betty and I. The first time I met Betty and her dog, Dixie, Barb was with me. I felt so comfortable with Betty and Dixie. I was told the dog may not take to me, Dixie sat on my lap the biggest part of the time I was visiting. I really enjoyed visiting with Betty before the

virus. I looked forward to seeing her each week. We play Uno and talk. Since the virus I call Betty and we talk. There was one day Betty called me, that made me feel so good. I could hear the happiness in her voice when she called.

~Shirley Hester, BCSSI Friendly Visitor



As a Friendly Visitor, I was very concerned when everything changed due to the Pandemic and I was unable to visit individuals. I did start making phone calls to individuals and sent cards every week to 10 days. During these months of no visiting, I received phone calls from several individuals I visit, asking ME how I was getting along, since I lived in a retirement community and isolated from leaving the facility. It was such a joy hearing from them!

~Bonnie Klingler, BCSSI Friendly Visitor



This week.
Different. Why?
Not sure.
But...Here are
some questions
to ponder from
volunteer and

#### art instructor Shirley Luttrell...

- 1. Your most awesome thought about 2020
- 2. Your most "bestest" thought about 2020
- 3. Your "well ok" "goodest" thought
- 4. In your life— what was your "bestest" year
- 5. Remember the question: "When you grow up, what do you want to be? Well??? Or are you still asking that question?
- 6. What was your best decade?
- 7. What wonderful event has happened because of all your "bestest" times?
- 8. How have your bestest friends changed in this time of your life? We will
- 9. always have memories of past bestest friends. What kind of memories are we creating with our bestest new friends at "this age"?
- 10. What kind of happy things are happening in your life "right now"? This is a trying time in our lives, but what has been fun, challenging, and worth "taking" into the next phase of our life?
- 11. One thing I do know. A phone conversation to a "bestest" is always the "bestest."
- 12. Another thing I know. Bored is not good. What kind of new project have you taken on during this...stay at home time. And, what new project has become your bestest new hobby? It is always fun to spend money on new project products.
- 13. It might be fun to have an "art garage sale" during an art class. When classes

- resume...think about...collecting project "things" collected during this time. Put in a special box, price, and bring to class. We can all "buy" and take home the different treasures to add to "our collection". Things can be...puzzles, art things, sewing things, books, or? Money collected? How about??? One big jar for a donations to...pet food for the humane society? A food pantry? To a school for teacher classroom supplies? Or...? So start thinking.
- 14. When you were a child, what was the bestest time of day? And, the most awesome time of day, and the goodest time of day? If you think about each word, each word takes on a new meaning. I have a granddaughter. She is a major "talker". I used to pick her up from school. She is now 27. She could hardly wait to tell me her "worstest" things that happened, so we invented these words. "Wow" that really changed our "ride home time". After a week or so of only being able to answer the- bestest, most awesome, and goodest, she actually got in the car and was sooo much happier. And—-Wow, so was I.
- 15. Another thing...summer is fun. Go outside to your F-R-O-N-T yard. People walk their dogs, their kids, themselves. Kids are funny, dogs are hilarious, and people usually very friendly when they are walking. Say hi and watch what happens. Fun.



Please share with us! We will post all of our writings on the display wall in the Lebanon office lobby. You may mail them to 515 CrownPointe Drive, Lebanon, IN 46052, bring them in to the office during business hours or drop them in our box next to the front door.

All who share will receive a small BCSSI gift! Deadline is Friday, September 18<sup>th</sup>.

"This is how I not only survived, but I thrived during the COVID Crisis"					
Name.:					

Our Legacy Tree is growing some beautiful new additions! Executive Director, Anita Bowen was honored to place the first of seven donor nameplates on the tree. We are grateful to the donors who are helping this tree begin to grow in 2020 and we look forward to the tree growing well into the future. The Legacy Tree recognizes individuals & families who have made the intent to



leave a planned gift to the Boone County Senior Services Foundation, Inc. Contact us if you would like to learn more about our Legacy Program. Thank you to artist Craig Voight (pictured) for creating this beautiful addition to our lobby.





Boone County is so lucky to have BCSSI. So many communities don't have this type of service available to its residents. BCSSI has so much to offer to everyone, not just seniors. Some of the events like polo are so much fun for all ages. The bus trips are a great way to keep active after retirement. The events in the community room keep all busy with so many different and great activities. I could go on and on about all the wonderful opportunities that BCSSI offers to so many in Boone County.

I truly wish BCSSI could franchise their plan so other communities could benefit the "Adult" residents. We believe in BCSSI so much that we have left them a bequeath in our wills to make sure BCSSI will continue long after we are no longer here. ~Rick Whiteman and Ed Mitro, Zionsville, Legacy Donors



## For more information on leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc. 515 CrownPointe Dr., Lebanon, IN 46052 sshoup@booneseniors.org 765-482-5220 or 317-873-8939

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.

#### Do you or someone you know need a little extra help? **Try BCSSI Personal Services** Homemaker, Personal Care, Respite



To find out more about participating in the Personal Service program contact:

Cindy Hickson 765-482-5220 or 317-873-8939 chickson@booneseniors.org

BCSSI is certified as a Personal Services Agency by the Indiana State Dept. of Health and is an Equal Opportunity Employer.



**BCSSI** offices will be closed on Monday, Sept. 7

This includes all personal services and

transportation services. We apologize for any inconvenience.



BCSSI offers a variety of FREE personal equipment such as walkers, canes, wheel chairs. shower benches. toilet seats & more.

\*We are in current need of rollators, shower benches and toilet seats!

> Give us a call! 765-482-5220 317-873-8939 We welcome donations!

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Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact:

Jessica Evans at 765-482-5220 or 317-873-8939 or jevans@booneseniors.org

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#### Gleaner's Boone County Senior Mobile Food Pantry

3rd Tuesday of each month, 11:00AM-1:00PM

Pick Up at Boone County 4-H Fairgrounds Through Sept. Check social media or call our office for the location pick-up after Sept. which has been changing due to the COVID-19 restrictions.

Must be 55 years of age or older, one per household I.D. is required and bring your own bags or boxes!



**※** 

#### **Agency Memorial & Honorarium Gifts**

#### In Memory of Robert & Helen Riner In Memory of Bonnie Kemna Jayne & Ronald Thompson Kate Koehler In Memory of Claude R. Sparks John Spitznoale Katheryn Sparks Joe & Gerry Fettig In Memory of Laurie Slaughter Brown Chuck & Cindy Hickson Mariorie Padgett In Memory of Virginia Bowen In Memory of Byron Hackett Kate Koehler Louise Ott Judy & Tom Cunningham William & Anita Padgett Ron & Marilyn Neese Lois Sharpe Margie & Ken Keene In Memory of Verna Newton Chuck & Cindy Hickson & Family (Aunt Ginny) Juanita Miller In Memory of Pat Ostewig In Memory of William (Bill) Lambert Judy Brower Rex & Nancy Goldsberry In Memory of Floyd Coon Chuck & Cindy Hickson Margie & Ken Keene In Memory of Ed Schilling In Memory of Alice Toney Margie & Ken Keene Lois Sharpe In Memory of William Lambert In Memory of Tristy Martin Bonnie Goodnight Anonymous-beloved daughter, sister, aunt, Martin & Jeanette Rinehart God daughter, mother, co-worker and friend White & Diann Lambert In Honor of the Amazing BCSSI Staff and Board Kenneth & Jovce Orem Anonymous Anita Padgett Bill & Pat Calhoun In Memory of Ernie Pyle Chapter of the WWII In Memory of Allen, Jane & Kirk Milburn **Roundtable Members:** Marceline Wait Benny Campbell, United States Air Force In Memory of Janie Cunningham Charles Slaughter, Philippines/Okinawa/Purple Jim & Christina Bush Heart & Bronze Star medal In Memory of John David Kelley Jim Evans, Battle of the Bulge Jim & Christina Bush Marion Adams. Italy/France Margie & Ken Keene Russell Swisher, Marched in Paris Liberation In Memory of Joyce Richardson Parade/Huertgen Forest/Battle of the Bulge George Cox, Channel Crossing torpedo

George & Barbara Anderson

In Memory of Robert L. Sharpe

Lois Sharne

In Memory of

Chuck & Cindy Hickson

Sharpe	•	Dr. Robert Coons, combat medic ETO/Purple
Myra Summerville		Heart & Silver Star medals

Alvin Ping, WWII Submarine Crewman

survivor/France

Donation, Memorial and Honorarium Form					
I would like my donation to	be used for (select one below):				
A donation to the Agency	A donation to the Foundation				
A memorial in memory of:					
An honorarium in honor of:					
Please send notification card to:					
Street Address:					
City, State, Zip:					
Thank you for your gift. Ple	ease mail form with payment to:				
BCSSI, 515 CrownPoi	nte Dr., Lebanon, IN 46052				

## Let BATS take you door to door!

**Boone Area Transit System** 

County Wide, All Ages 482-5220 or 317-873-8939 Monday-Friday 7:30AM-4:30PM Attention!!!
Southeastrans
Standard Medicaid
Transportation Reservations
Trip Reservation Line: 1-855-325-7586
Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior
Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

#### **Boone Area Transit Pricing 2020**

Due to increasing demand please allow 2 weeks notice to book your next transit appointment.

SENIOR SUGGESTED DONATIONS		
Inside city limits (unlimited stops)		
Outside city limits in Boone Co. (unlimited stops)		
SENIOR OUTSIDE COUNTY COSTS		
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone <b>round trip</b> Zionsville, Whitestown to Indy or any other city in the	\$20.00	
counties surrounding Boone round trip		
Airport <b>one-way</b> mandatory <b>pay per person</b>		
Any trip over 30 miles or more one way add \$5.00		
PUBLIC	Cost:	
Charge each time client boards	\$4.00	
Drive-thru to <b>drop off</b> prescriptions only		
Drive-thru to pick up medicine, bank, or fast food		
Outside city limits in Boone Co.		

## Boone Area Transit System (BATS) is looking for drivers!

Individuals must be willing to obtain (or already have) a public Passenger License, must pass a physical exam, drug test and background check and must be able to operate a wheelchair lift (training provided). Contact Director of Transportation Cindy Elliott 765-482-5220 or 317-873-8939 or cindy@booneseniors.org for a complete job description.



Boone County Senior Services, Inc. is an Equal Opportunity Employer

## Creamy Italian Sausage & Kale Soup Recipe From Kraft Food & Family

1 lb. Italian sausage

1 small onion, chopped

1 Tbsp. minced garlic

2 Tbsp. flour

1 c. milk

4 oz. cream cheese, cubed

2 c. diced hash brown potatoes

1 at. chicken broth

6 c. torn, stemmed kale leaves

Remove casings from sausage and crumble into medium non stick saucepan. Cook on medium heat 7 min. or until done, stirring frequently. Remove sausage from pan, drain on paper towels. Discard all but 2 Tbsp. drippings from pan. Add onions and garlic to pan and cook 3 min., stirring frequently. Stir in flour. Add milk and cream cheese, cook and stir 3 min. or until cream cheese is completely melted and sauce is well blended. Add potatoes, chicken broth and sausage. Bring to a boil stirring frequently. Simmer on medium-low heat 15 min, stirring occasionally. Remove from heat. Add kale, cover and let stand 5-6 min., or until kale is softened.

## Slow Cooker Pear & Cranberry Crisp Recipe From Kraft Food & Family

1 pkg (3.4oz) instant Vanilla Pudding

1/2 c. sugar, divided

1 tsp. ground cinnamon

10 fresh pears, peeled, cut into 3/4" thick slices

1 c. fresh or frozen cranberries 6 Tbsp. butter, melted, divided 12 vanilla wafers, coarsely crushed 1/4 c. sliced almonds

Mix dry pudding mix, 1/4 c. sugar and cinnamon until blended. Toss fruit with 1/4 c. butter in a large bowl. Add pudding mixture and mix lightly. Spoon into slow cooker and cover with lid. Cook on LOW 3 to 4 hours. Meanwhile, combine crushed wafers, nuts, remaining sugar and butter in shallow microwavable dish. Microwave on HIGH 1 min., stir. Microwave 1 1/2 to 2 min or until golden brown, stirring every 30 sec. Cool. Sprinkle dessert with crumb mixture just before serving.



Connecting Generations since 1978

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

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