

# SENIOR SOUNDS

Volume XLII Number 1

Jan./Feb. 2021



## **Holiday Silent Auction Benefits BCSSI**

The BCSSI Holiday Silent Auction was a success and profited more than \$5400 for the agency. There were more than eighty unique items for attendees to bid on over the six days the event was hosted. Thank you to the many donors, bidders and volunteers who helped make the first holiday silent auction a reality.

Pictured are Erin Herr (left), Foundation Board Member, and Bonnie Klingler (right), Agency Board Member, who volunteered during the event.

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Crossword Puzzle

*...And More!*

# Boone County Senior Services, Inc.

2020

## Board of Directors

(Board listing will be updated in the March/April issue.)

Don Barnett

Roger Burrus

Angie Caldwell

Sara Crew

Maili Davis

Zoe Farrow

Mary Grabianowski

Roger Henry

Eric Imboden

Pat Jones

Bonnie Klingler

Gina Middaugh

Marilyn Neese

Ann Newsom

Alan Quick

Anita Bowen

Executive Director

Sonya Shoup

Newsletter Editor,

Director of Development



### **Mission Statement:**

*To promote independence and provide enriching opportunities for older adults in Boone County.*

### **Services include:**

Homemaker & Personal Service  
Guardianship  
Respite  
Transportation  
Information & Assistance  
Friendly Visitor & Volunteers  
Activities & Workshops  
Insurance Information  
Legal Assistance  
Prescription Counseling  
Computer Classes  
Caregiver Support & More!

### **Boone County Senior Services, Inc.**

515 CrownPointe Dr.,  
Lebanon, IN 46052  
Monday-Friday, 8:00AM-4:30PM

### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 215  
Open Wednesday & Friday  
9:00AM-4:00PM or by appointment.  
**765-482-5220 or 317-873-8939**  
**www.booneseniors.org**



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@Bocoseniors

Instagram   
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## From the desk of our Executive Director Anita Bowen



Have you ever gotten into your own car and looked into the rearview mirror only to realize

that someone else must have driven your car and adjusted the mirror so that it's just not working for you now? Or, have you driven someone else's vehicle and needed to adjust their rearview mirror so that you could have a good view? This has certainly happened to me many times through the years, and I have come to think that it has a very good lesson for me...and maybe you, too. There are many times, especially during 2020, where I heard others sharing their opinion while others are standing ready to share the opposite one. In my mind, I have an opinion, too. We all do. These opinions come from our "view" whether looking at it from the front or rear.

As I looked into my rearview mirror this week, I wanted to remind myself that, as I enter a brand new year, I must hold a place in my life to hear others opinions and to not judge anyone when their view doesn't match mine. They are looking in their mirror, and I certainly can't drive two cars at once! It is a perfect time of year to reflect on things we might want to change or at least consider modifying as we have a fresh calendar ahead of us.

At BCSSI, we welcome diverse views and ideas! And, as we look to continue some of our favorite programs and services in 2021, maybe there's something new that you wish we'd try. If so, please share. We're ready to listen. I know many of you (and us, too!) are just waiting for the day when we can resume the things that have been put on "hiatus" for a temporary period of time. I bet we're all going to enjoy those things much more when they come back simply because we had a forced break, and we now know how much we missed some of our favorite things.

While we slumber through these dark days of winter, please know that all of us want to stay connected to you even if we aren't seeing you in person much (or at all). We have lots of ways to keep in touch including this newsletter, our social media (Facebook, Instagram and Twitter), cards/letters, telephone calls and text messages. If you or someone you know, needs some cheer, please let us know. There could be a care package waiting to be delivered to the doorstep. Of course, our transit and in-home services departments stand ready throughout all seasons to help out in our community. The Lebanon office is still open Monday – Friday, 8 a.m. – 4:30 p.m. You can also send us an e-mail to [bcssi@booneseniors.org](mailto:bcssi@booneseniors.org). We're all still in this together.

HAPPY NEW YEAR! *Anita*



**BCSSI Care Kits are back in stock. Thanks to the awesome ladies at ZWIN, Zionsville Women in Network, for donating all the items and filling the bags for us! If you or someone you know could use a little cheer in a bag...give us a call at 765-482-5220 to make arrangements for a pick-up or delivery.**

**BCSSI Transit Driver Bob Walker...he's not old school and he's not new school....he's a classic! Just like the car he used to pick up his silent auction winnings! Thank you to Bob and all of our silent auction winners!!!**



One of the more unique and popular items featured during our **Holiday Silent Auction** were **barnwood Christmas trees**. The trees were handcrafted by **Jack Jones of Jamestown**. **Jack is married to Pat Jones, BCSSI Board Member**. There was quite a bidding war among attendees to win the trees. Because of their popular demand, Jack made several more trees for BCSSI to sell, with proceeds benefiting our agency. Pictured is Executive Director, Anita Bowen, with the auction trees and below is **BCSSI Foundation Board Member Gary Powell purchasing a tree** from Director of Development, Sonya Shoup.



**Dressed for the holiday, and the winter season is Kay Martin in her winter hat and adorable snowman shirt! We think Kay had a good notion that snow was coming! Thank you Kay for leading our Book Club and participating in our NEW Coloring Hour!**

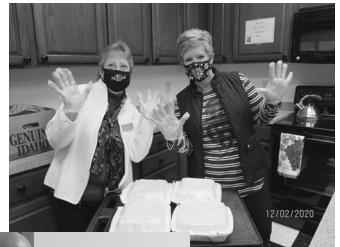




Last month the Classy Crafters activity was sweet & simple! Thank you to the mother daughter duo, Stacy Parnell and Barb Carrell, Director of Volunteers, for teaching how to make a sugar scrub.



Lunch and Laugh attendees in Zionsville and Lebanon enjoyed a delicious meal and holiday music by guitarist and singer David Laskey. Thank you to the Community Foundation of Boone County and Psi Otes Omega Chapter for sponsoring both luncheons.



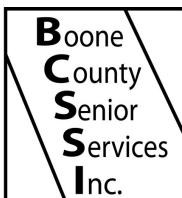
Thank you to Lana Hale (left) representing Xi Eta Nu Sorority, for providing Christmas gift bags to our clients. Lana is pictured with BCSSI staff member Jenny Lemen.



Each year during the holiday season, the BCSSI Board of Directors hosts a special luncheon to thank the staff for their efforts throughout the year. This past December, staff members had the opportunity to social distance (or take a carryout) and enjoy a delicious meal prepared by Jawbone catering of Advance. **Thank you to our Board of Directors for hosting another special luncheon and thank you to the staff for your outstanding efforts during a unique and challenging year! We are truly blessed!**



**Thank you to Clayton Shelburne, AKA The Blanket Man, and his friend Ruby Ross, AKA The Blanket Woman, for providing beautiful blankets over the last couple of years for us to share with our older adults and clients throughout the community.** Clayton is 92 years old and started making blankets in 2017 for his great-grandchildren. After seeing the joy on their faces he decided to start making blankets for other children and then started providing blankets to local law enforcement agencies and hospitals for them to distribute to children. As of November 30, 2020 Clayton has made 1965 blankets. His goal is to make 2000 blankets. If you know of someone in Boone County who would enjoy receiving a cozy blanket give us a call at 765-482-5220 and we will make sure to deliver a blanket to them. Thank you CLAYTON, The Blanket Man!!! (Picture was taken before social distancing.)



*Connecting Generations  
since 1978*

**The BCSSI Annual Celebration will be virtual this year via social media on Wednesday, February 17<sup>th</sup> at a time to be determined! We will share more details soon!**

**2020 highlights will also be on our website at [www.booneseniors.org](http://www.booneseniors.org)**

## Meet Some Of Our BCSSI Furry Friends....



**Meet Chief the Silver Lab!** He became a four-legged BCSSI staff member this year. **He helps Jessica Evans, Director of Outreach,** create content for our social media pages from her home office in Jamestown. He's been caught sleeping on the job on numerous occasions and is easily distracted by squirrels, the mail carrier, Amazon and UPS drivers. He has a lot to say when Jessica calls to check in on clients and the reason she is always on mute in Zoom. In his free time he enjoys, running in the woods, swimming in the creek & boat rides. His favorite past time is catching the frisbee.

**Meet Cooper who is owned by Taffy Day, the Boone County Senior Services Foundation Board President.**

Cooper is a young and very handsome Labradoodle who turned two on April 9th. He loves to come and visit the BCSSI office and is excited to say hello to each staff member as he walks down the hall. His favorite toy is his stuffed turtle, which was his first toy. Taffy does not know what they will do if something were to ever happen to his precious toy turtle. His best friend is Pippi, Taffy's son's Golden Retriever, who is one day younger than Cooper. His favorite activity is when Taffy takes him to Culver's for vanilla ice cream!



**Meet Thelma Jewell Moffitt...owned by BCSSI staff member Robin Moffitt.** Thelma is a sweet, twelve year old mixed breed with only six teeth and was a senior rescue Robin adopted a few years ago from the Boone County Humane Society. Thelma has visited the BCSSI office several times. She loves to walk on the trails and enjoys watching for Kody the mailman who takes the time to sit on the front porch and talk to Thelma while giving her pets and treats. Thelma is a good girl and does not get on the furniture and loves for you to shake her paw and give her a good belly rub. Robin even cooks special meals for sweet, sweet, Thelma. She is one special friend to Robin.

*Thank you for the lovely gift bag I received for turning in my "How I survived Covid" essay. I certainly didn't do it for a prize, but was delighted with all the goodies in the bag. I put the blanket across my lap in the evenings. I just can't thank you and your staff enough for the wonderful programs you offer us and the ways you keep us connected with others and the fun things you plan. I can't wait until we can again take day trips and even week trips when it is safe again. I feel so fortunate to live in Boone County.  
Bless you and your staff. ~Linda Phillips*

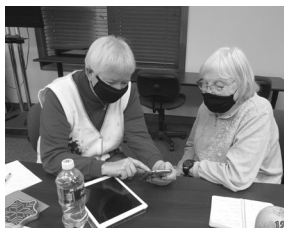


**Jan./Feb. Classes & Activities**  
**Call 482-5220 for Registration and Information**  
*All Classes & Activities held at BCSSI, Lebanon*

**An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.**

**Tech Time Tuesday Cancelled for January and February**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. **Tech Time will resume in March.**



Pictured is Wilma Miller (right) who enjoys attending Tech Time and getting helpful advice about her phone from instructor Yvonne Frankewich.

Wilma recently shared she is considering getting a notepad and she is surprised how much she is using technology in her life.

**Line Dancing**  
**Wednesday, February 10 from 10:30-11:30AM** with Cari Ann Walker. **Call BCSSI to register.**

**Lunch & Learn**

Join us for a **FREE** program on current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the month at noon** and is limited to 24 people. **For reservations call BCSSI.**



- Jan. 6      Cancelled
- Jan. 20     Fun & Games with Anita & Barb
- Feb. 3      The Myths & Facts About Hearing Loss with Dr. Judy Olson
- Feb. 17     Biography of a Real Dull Tree with Tom & Kerry Dull

***\*All Lunch & Learns are bring your own lunch until further notice. Bottled water will be provided.\****

**Cover to Cover Book Club**

Book Club meets the first Tuesday of each month at **1:00PM**. **Book club will NOT meet in January.** The group will discuss "What the Dog Saw" by Malcolm Gladwell on **Tuesday, February 2**. **Call BCSSI to register.**



**Jan./Feb. Classes & Activities**  
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*All Classes & Activities held at BCSSI, Lebanon*

**An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.**

**Legal Assistance**

Free legal assistance will be offered on **January 19** and **February 16**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.**

**Coffee Connection 2 Community**

Coffee Connection meets on the second Thursday of each month at **9:30AM**. Join us on **January 14** and **February 11** for coffee and conversation. Also, Coffee Connection is a great time for "Show & Tell". Bring something to share! **Call BCSSI to register.**

**Coloring Hour**

Bring your own pencils/markers and join us from **1:00-2:00PM** on **January 12** and **February 9**. **Call BCSSI to register.**



Pictured is Ellen Witte coloring.

**Art Class "On Hold"**

**Every Thursday, 9:30AM-12:00PM** with instructor Shirley Luttrell. Cost is \$5 per class. Shirley will work with beginner or intermediate students and any medium. **Call BCSSI to register.**

**Classy Crafters**

Classy Crafters meets **the third Wednesday of each month at 1:30PM**. **Jan. 20** Valentine craft with Barb and Anita, cost is \$5. **Feb. 17** snowman pin with Donna Newman, cost is \$5. **Call BCSSI to register.**



Little Miss No-Name doll, owned by Jeannie Brandenburg, paid us a visit at a recent Coffee Connection show & tell. Little Miss No-Name was created in 1965 by Hasbro. She was a different approach to the glamorous Barbie doll. The Little Miss No Name doll had no shoes and only a burlap sack for a dress. Unfortunately, the Little Miss No Name doll wasn't a huge seller for Hasbro and it was said that it may have taken a special kind of little girl, (like Jeannie's daughter) one with real love in her heart to want to purchase and take home a Little Miss No Name doll.

**Jan./Feb. Activities Zionsville**  
**Call 317-873-8939 for Registration and Information**  
*Zionsville activities are held in various facilities*

Please check our Facebook page or call our office for program availability...thank you for your understanding!

**BCSSI Zionsville Office Update**

Our Zionsville office is now open by appointment only. Please call 765-482-5220 or 317-873-8939 to schedule.

**Zionsville Crafts**

Join us monthly on the second Friday at 1:30PM when programs in Zionsville resume. Call BCSSI to register. Watch for an update on social media!

**SHIP Counseling & CICOA Benefits Cancelled - Resuming Soon in Lebanon & Zionsville!**

CICOA will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Benefits, Nutrition, and more.

**Art Class "On Hold"**

**Every Tuesday, 9:30AM-12:00PM** with instructor Shirley Luttrell. *Class is held in Room 205 of the Zionsville Town Hall.* Cost is \$5.00 per class. **Call BCSSI to register once this program resumes.**

**Lunch and Learn \*New Location\***  
**2nd and 4th Friday of the month at noon.** Lunch is free to the first 30 registrants at the **Zionsville American Legion.** **Call BCSSI to register.**

- Jan. 22 Fun & Games with Anita & Barb
- Feb. 12 The Myths & Facts About Hearing Loss with Dr. Judy Olson

**Caregiver Support Group**

Contact Jessica Evans at BCSSI for more information about this program.



**Thank you to our Senior Sounds volunteers** for getting our newsletter ready to mail to YOU in 2020!  
(Picture was taken before social distancing.)

## 2021 SUBSCRIPTION TO SENIOR SOUNDS

To continue receiving the Senior Sounds newsletter,  
please mail this form with your \$5.00 annual donation to:

Boone County Senior Services, Inc.  
515 CrownPointe Dr, Lebanon, IN 46052

Your Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, Street, Zip: \_\_\_\_\_

**Save \$5 and receive your newsletter by email:**

\_\_\_\_\_

**Thank you!**

### Your mental health is important during these challenging times.

These organizations are local and offer a wide variety of mental health programs.

#### **Aspire Indiana**

602 Ransdell Rd., Lebanon  
1st time client: 877-574-1254  
24 Hr. Crisis Line: 800-560-4038

#### **Cummins Behavioral Health Services**

940 Lasley Dr., Lebanon  
765-482-7421  
After Hrs: 888-244-6083

#### **Integrative Wellness**

610 N. Lebanon St., Lebanon  
1913 N. Lebanon St., Lebanon  
765-680-0071  
1650 W. Oak St., Suite #200, Zionsville  
317-912-1399

#### **Mental Health America of Boone County**

1122 N. Lebanon St., Lebanon  
765-482-3020  
Crisis Line: 765-366-1050

BCSSI offers a variety of **FREE personal equipment** such as



walkers, canes, wheel chairs, shower benches, toilet seats & more.

***\*We are in need of rollators, shower benches & toilet seats!***

***We welcome donations!***



**Are you cleaning your house or office?**

BCSSI will take your used: Newspapers & Magazines (recycling bin located in back of building)



## Charitable Giving with Assets

Let's face it. We have more stuff than we need, than our kids want, than we know what to do with.

Giving personal property can be

a great way to satisfy your charitable intentions without having to use cash. Here are a few things that might be donated now, or through your will, that can help BCSSI in its mission of service:

Farm land, a rental home, or that lot on the lake you never got around to putting a cottage on, can be gifted now, or at your passing. Such a gift generally qualifies for a tax deduction equal to its appraised fair market value. If you worry what to do with your home, there are ways to gift your home, farm or second home now, continue to use and enjoy it for your lifetime, receive an immediate tax benefit, and have BCSSI utilize the proceeds when you are gone. It is called a "retained life estate," and can be a powerful way to give.

You can also gift personal items such as jewelry, vehicles and artwork if they have significant value and you no longer need them. There are minimum values and often appraisals involved, but we can talk through the options with you. Bank accounts can be gifted through a pay-on-death designation (ask your banker) and brokerage and retirement accounts can be gifted in whole or in part through a beneficiary designation. These assets then are not part of your taxable estate, and the amount transferred to BCSSI is the balance at your death.

Just remember in considering gifting assets to take care of yourself and your needs and consider how you wish to be remembered through your ultimate gift. The Boone County Senior Services Foundation can help. Just reach out when the time is right for you.



For more information on leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc.  
515 CrownPointe Dr.,  
Lebanon 46052

Or, go to: [booneseniors.org](http://booneseniors.org)

765-482-5220, 317-873-8939 or [sshoup@booneseniors.org](mailto:sshoup@booneseniors.org)

*The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.*

## 30 Day Gratitude Challenge Ideas

- Say thank you
- Give away something you no longer use
- Tell someone you love them
- Call a friend
- Give someone a treat
- Hold the door for a stranger
- Send a thank you note
- Compliment a stranger
- Share a word of encouragement
- Take a thankful pause
- Say a prayer of gratitude, specifically listing some small things you are grateful for
- Volunteer
- Show a random act of kindness
- Take a meal to a homeless person



**BOONE COUNTY**  
*Solid Waste Management District*

*BCSSI is grateful to be included as a 2021 Boone County Solid Waste Management grant recipient! The grant will allow us to purchase a park bench for the front of the Lebanon office made from recycled materials! We often have people coming and going, and waiting on others for pick-up, etc. This bench should be a great asset to our customers.*



## Important Prescription and Over-the-Counter (OTC) DRUG REMINDERS:

- Be aware that some of your medicines won't mix well with other medications, including OTC drugs, herbal remedies and alcohol.
- Read all labels carefully and follow the directions exactly.
- Look for pictures or statements on your pill bottles that tell you if you need to take the medicine with food; shouldn't drink alcohol; or gives other important instructions.
- Remind your doctor and pharmacist about any previous conditions that might affect your ability to take a certain medicine.
- Don't be afraid to ask questions if you do not understand something about your prescription or want more information.
- Dispose of all medications properly.



*Thank you to Drug Free Boone County for your support of BCSSI and our efforts to help make Boone County a safe and healthy community.*



Per the Poison Control Center, 55% of accidental poisonings occur with children 5 years old and younger. The risk of a child or grandchild from accidentally ingesting

medications increases when we store expired or unused medications in our homes! Dispose of them properly in a local medicine collection bin! There are multiple available to Boone County residents free of charge!

**Boone County Jail Lobby  
Lebanon Police Dept.  
Thorntown Police Dept.  
Whitestown Police Dept.  
Zionsville Police Dept.**

Acceptable Items:

Prescription medications including controlled and non-controlled pills, liquids, patches, over-the-counter medications, vitamins, supplements and pet medications.

Items NOT Accepted:

Sharps (contact the Boone County Health Dept. at 765-483-4458 for sharps disposal containers), industrial, business, bloody or infectious waste.

Information provided by the September 2020 Boone County Solid Waste Management District newsletter.  
765-483-0687



**Valentine Word Search**

Submit your completed word search to BCSSI by Feb. 1 to be entered in a prize drawing. Drop off at our Lebanon office or mail to:

BCSSI  
515 CrownPointe Dr.  
Lebanon, IN 46052

- |           |            |
|-----------|------------|
| ADMIRER   | ENAMORED   |
| ADORE     | ENDEARMENT |
| AFFECTION | ENVELOPE   |
| AMOROUS   | FEBRUARY   |
| ANGEL     | FLAME      |
| BALLOONS  | FLIRT      |
| BELOVED   | FLOWERS    |
| BOUQUET   | FONDNESS   |
| CANDY     | FRIEND     |
| CARD      | GIFT       |
| CARNATION | HEART      |
| CHARMED   | HEARTTHROB |
| CHERISH   | HOLIDAY    |
| CHERUB    | HONEY      |
| CHOCOLATE | HUG        |
| COURTING  | KISS       |
| COURTSHIP | LIKE       |
| CRAZY     | LOVE       |
| CRUSH     | LOVEBIRDS  |
| CUPID     | PINK       |
| DARLING   | POEM       |
| DATE      | RED        |
| DEAR      | ROMANCE    |
| DECORATE  | SWEETHEART |
| DESIRE    | SWEETS     |
| DEVOTION  | TENDERNESS |
| DOVES     | VALENTINE  |
| EMBRACE   |            |



D F A H A L C M P P U G S Y Y S N Q J A Z A F F E  
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 E C N A M O R V D T L B X I F T G F S E G B U T D

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

# Boone County Senior Services



Connecting Generations  
since 1978

*promoting*  
Independence  
*providing*  
Enriching Services

In-Home Care • Transportation  
Friendly Visitor Program  
Recreational Activities



A tax deductible gift to the Agency or Foundation will ensure that these services can be continued into the future.

Call 765-482-5220 or 317-873-8939 • [www.booneseniors.org](http://www.booneseniors.org)

## Gleaner's Boone County Senior Mobile Food Pantry



3rd Tuesday of each month, 11:00AM-1:00PM

**Pick Up at Boone County 4-H Fairgrounds**

**Check social media or call our office for the location pick-up which has been changing due to the COVID-19 restrictions.**

Must be 55 years of age or older, one per household

I.D. is required and bring your own bags or boxes!

**Do you or someone you know need a little extra help?**

**Try BCSSI Personal Services**

*Homemaker, Personal Care, Respite*



**To find out more about participating in the Personal Service program contact:**

Cindy Hickson

765-482-5220 or 317-873-8939

[chickson@booneseniors.org](mailto:chickson@booneseniors.org)

BCSSI is certified as a Personal Services Agency by the Indiana State Dept. of Health and is an Equal Opportunity Employer.



**BCSSI offices will be closed on the following dates:**

**Jan. 1 & 18**

**Feb. 15**

This includes all personal services and transportation services. We apologize for any inconvenience.

\* \* \* \* \*

\* **Caregiver's Corner** \*

\* A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact: Jessica Evans at 765-482-5220 or 317-873-8939 or [jevans@booneseniors.org](mailto:jevans@booneseniors.org) \*

\* \* \* \* \*



# Agency Memorial & Honorarium Gifts

**In Memory of Mary Ellen Stephenson**  
Eunice Stephenson

**In Memory of Diana Roberds**  
Cora & John Martin & Family

**In Memory of Vickie Saalwaechter**  
Tom & Judy Cunningham

**In Memory of Nikki Barton**  
Dana & Ellen Witte  
Becky Roberts

**In Memory of Wilbur French**  
Dennis & Margaret Williams  
Jon & Sandra Robinson

**In Memory of Ruby Nesbitt**  
George & Barbara Anderson

**In Memory of Donald Hoffman**  
AK & Pat Gyger

**In Honor of Vickie Daupert**  
Linda Jones

**In Honor of Jack & Kay Chase**  
Joe & Breann Fink

**In Honor of John Cowan for providing free  
Medicare Insurance Counseling**  
Tom & Judy Cunningham

**In Honor of Yvonne Frankewich**  
Eva Bohannon, Barbara Anderson,  
Kay Horner & Sharon Wood

**In Memory of Ernie Pyle Chapter of the  
WWII Roundtable Members:**

- Benny Campbell, United States Air Force
- Charles Slaughter, Philippines/Okinawa/  
Purple Heart & Bronze Star medal
- Jim Evans, Battle of the Bulge
- Marion Adams, Italy/France
- Russell Swisher, Marched in Paris  
Liberation Parade/Huertgen Forest/Battle  
of the Bulge
- George Cox, Channel Crossing torpedo  
survivor/France
- Dr. Robert Coons, combat medic ETO/  
Purple Heart & Silver Star medals
- Alvin Ping, WWII Submarine Crewman

**Honorariums made to the Boone County  
Senior Services Foundation, Inc.**

**In Memory of Bob & Helen Riner**  
Ron & Jayne Thompson

**In Memory of Marilee Frandsen**  
Kent & Charlotte Frandsen

**In Memory of Wayne Kroemer**  
Barbara Kroemer



## Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

\_\_\_\_\_ A donation to the Agency                      \_\_\_\_\_ A donation to the Foundation

\_\_\_\_\_ A memorial in memory of: \_\_\_\_\_

\_\_\_\_\_ An honorarium in honor of: \_\_\_\_\_

Please send notification card to: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Thank you for your gift. Please mail form with payment to:**

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

## Let BATS take you door to door this winter!

**Boone Area Transit System**  
 County Wide, All Ages  
 482-5220 or 317-873-8939  
 Monday-Friday  
 7:30AM-4:30PM

**Attention!!!**  
**Southeastrans**  
**Standard Medicaid**  
**Transportation Reservations**  
**Trip Reservation Line: 1-855-325-7586**  
 Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

*Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!*

## Boone Area Transit Pricing 2021

**Due to increasing demand please allow 2 weeks notice to book your next transit appointment.**

<b>SENIOR SUGGESTED DONATIONS</b>	<b>Cost:</b>
Inside city limits (unlimited stops)	\$5.00
Outside city limits in Boone Co. (unlimited stops)	\$10.00
<b>SENIOR OUTSIDE COUNTY COSTS</b>	<b>Cost:</b>
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone <b>round trip</b>	\$20.00
Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone <b>round trip</b>	\$15.00
Airport <b>one-way</b> mandatory <b>pay per person</b>	\$25.00
Any trip over 30 miles or more one way add \$5.00	\$5.00
<b>PUBLIC</b>	<b>Cost:</b>
Charge each time client boards	\$4.00
Drive-thru to <b>drop off</b> prescriptions only	N/C
Drive-thru to pick up medicine, bank, or fast food	\$3.00
Outside city limits in Boone Co.	\$5.00

# **Cheesecake Stuffed Apples**

**Recipe Submitted By:  
Michelle Katsaros, Asst. Director of Transportation**

2 – 8 oz. packages cream cheese, at room temp.  
2/3 c. + 2 Tbsp. sugar  
1 tsp. vanilla  
2 large eggs, at room temp., beaten  
8 medium baking apples

1/2 c. crushed graham crackers, about 5 whole crackers  
1/8 tsp. ground cinnamon  
2 Tbsp. unsalted butter, melted  
Prepared caramel sauce, for serving  
1/2 c. toasted walnuts, roughly chopped

Mix together cream cheese, 2/3 c. sugar and vanilla with a rubber spatula in a medium bowl until completely smooth. Add eggs and stir until completely combined. Arrange a rack in the center of the oven and preheat to 300 degrees. Cut a 1/4 inch off the top of each apple and use a melon baller or teaspoon to remove the stem and core and to hollow out about 2/3 of the apple leaving 1/2 inch of flesh around the edge. Fill each apple with cheesecake batter to just below the rim. Wipe away any drips or spills from the outside and top of apples before baking. Arrange apples in a 9x13 baking pan and bake until the apples are soft but still hold their shape and have not split, 45-50 mins. Let cool completely before serving. Meanwhile pulse together the graham crackers, cinnamon and remaining 2 Tbsp. of sugar in a food processor until fine crumbs. Add butter and process until combined. Divide apples among small serving plates and top each with a generous drizzle of caramel and sprinkles of chopped walnuts and graham cracker mixture.

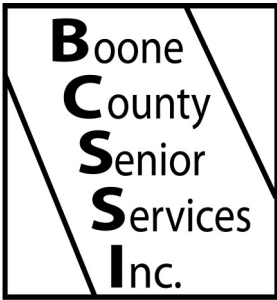
# **Cheesy Beef Quesadillas**

**Recipe From: delish**

1 lb. ground beef  
Salt and pepper to taste  
2 cloves garlic, minced  
1 Tbsp. taco seasoning  
2 Tbsp. tomato paste  
8 oz. can black beans, rinsed and drained

2 avocados, pitted and diced  
1/4 c. chopped fresh cilantro  
4 tsp. canola oil, divided  
4 large flour tortillas  
8 oz. shredded cheddar cheese  
1 lime, cut into wedges  
Sour cream, for serving

In a large skillet over medium-high heat, brown beef. Season with salt and pepper. Add garlic, onion, and black beans and cook on medium-low for 5 mins. Turn off heat and mix in avocado and cilantro. Warm a large non-stick pan over medium. heat with 1 tsp. oil. Place tortilla in pan and sprinkle one half with cheese and beef mixture. Fold over and fry lightly on both sides until cheese is melted. Repeat with remaining tortillas. Cut into wedges and serve with lime and sour cream.



*Connecting Generations  
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

**BOONE COUNTY SENIOR SERVICES, INC.  
515 CROWNPOINTE DRIVE, LEBANON, IN 46052**

To receive electronic copies of this newsletter email us at [bcssi@booneseniors.org](mailto:bcssi@booneseniors.org)

[www.booneseniors.org](http://www.booneseniors.org)

Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.



United Way  
of Central Indiana



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