

BOONE COUNTY SENIOR SERVICES, INC.

SENIOR SOUNDS

Volume XLII Number 3

May/June 2021



Welcome Back BCSSI Artists...

BCSSI has missed our art students! We are excited that nearly all of our activities and events are returning and our participants are eager to socialize and learn!

For more information about our art classes turn to page 9 and 10!

What's Inside:

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...And More!

Boone County Senior Services, Inc.

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Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.

515 CrownPointe Dr.,
Lebanon, IN 46052
Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office

Zionsville Town Hall, Rm. 215
Open Wednesday & Friday
9:00AM-4:00PM or by appointment.
765-482-5220 or 317-873-8939
www.booneseniors.org



From the desk of our Executive Director Anita Bowen



This spring, while standing at the front of a local store, I became very frustrated because I couldn't for the life of me remember the name of someone whom I was interacting with as I stood at the cash register. She is one of our older adults and I should know her

name. I knew her face. I recognized the voice. We were engaging in good conversation, but the name just would not come. I was starting to beat myself up a little because I couldn't say her name at that moment.

And then, the cashier, who was half my age, asked me twice if I wanted a receipt. I had to chuckle. I knew she wasn't losing it. This was a perfect opportunity for me to remind myself that I'm not losing it either. I needed to give myself some grace and let it go. I knew I would continue to try to think of the name, but I wouldn't be doing so in a negative, frustrated manner. I had been kind and positive to the person I was speaking with, and that was more important than knowing her name.

I have been reflecting since this encounter that our mind is a tool that, in addition to being used in general, it's good to stretch it and sharpen it on a regular basis. Ah-ha, that's what I was doing, I was stretching my mind to come up with her name and I eventually did it! I may have forgotten it again by now, but maybe it won't take me so long to remember it the next time.

I am thankful that we have so many ways to keep sharpening minds through the programs and services offered at BCSSI. And this month, nearly everything is BACK in action in Lebanon and Zionsville so that you can join us! Whether you work on your creative side through Art Classes, Craft Groups or Coloring Hour; you join in talking about facts or fiction through the Book Club; or you challenge yourself to learn something new at Tech Time or Lunch & Learn, you can pat yourself on the back that you're not stagnant. You are a lifelong learner and that will serve your mind well.

You know the saying goes that **wellness is the harmony of mind, body and spirit**, so you'll find ways to keep your body moving through offerings such as Line Dancing Classes and Bus Trips at BCSSI. Don't miss the details in this issue on the fall East Coast trip with Diamond Tours.

When it comes to your spirit, I hope you have found that has been nurtured through the friendships you've made at BCSSI. That is what keeps me encouraged the most. I am grateful for the friendships and will always give you a warm "hello" even when the name doesn't come right away. I'm OK, and so are you!

Come see us soon...and often.

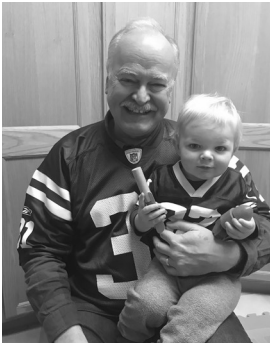
Until Next Time,

Anita



Remember Show and Tell as a kid in school? **We love Show and Tell during Coffee Connection 2 Community.** Pictured is Betty Davenport with Barb Carrell sharing her handmade quilt made from neckties with the group. Thanks Betty for sharing!

Lunch and Learn celebrated St. Patrick's Day in style! Thank you to everyone for the outstanding attendance during our recent Lunch and Learns. We are thrilled we have been able to host lunch again! Turn to page 8 and 10 for info about upcoming Lunch and Learns.



Thank you to Lebanon native Perry Hammock for speaking during a recent Zoom program titled "Livin The Good Life". The event was hosted by our very own Foundation and focused on helpful advice for planning for your future. Watch for details about the next Zoom meeting with Perry.

Shenanigans...because work is more fun when you and your co-workers are up to something! **Who is this masked lady? It is Cindy Elliott, Director of Transportation!**



It was such a joy to have two special visitors recently at BCSSI. Retired transit driver and former Director of Vehicles and Facilities Paul Reagan brought his new rescue pup Lola to meet our staff. She is such a sweetie!



Thank you Boone County for voting BCSSI as your **"Best Service Organization"** in the **The Lebanon Reporter's 2021 Boone County People's Choice awards!!** We are honored to be a part of serving Boone County to keep the generations connected and help us all age a little better.

Congratulations to the following BCSSI staff members for their service:

Boone Area Transit Drivers:

Bob Comte 5 years, Gene Smock 5 years & Gene Keck 15 years

Personal Services:

Vicki Daupert 5 years, Maria Shepherd 20 years & Cindy Kemmerling 20 years.



Congratulations to Cindy Kemmerling on her recent retirement. We wish Cindy the best of luck and thank her for the dedication she gave to the Personal Service team over the last 20 years.

Thank you for following BCSSI on Facebook! **We recently broke 1000 followers!**



Our Community Room is perfect for graduation parties, bridal/baby showers, birthdays or any special occasion!

Contact us for more information and availability 765-482-5220.



**It's Back!!!
2021 BCSSI
Theater Thursdays**

Join us at the
Lebanon 7 Theater
1600 N. Lebanon St., Lebanon

9:00AM – Breakfast Snack

9:30AM – Special Movie

**Shown for those age 60
and over for only \$1!**

July 15

Poms

August 19

Green Book

September 16

Where'd You Go Bernadette

October 21

A Dog's Way Home

November 18

The Upside

December 16

Last Christmas

****All movies are either
rated PG or PG-13
Review at www.imdb.com***

***For Transit Call (765)482-5220
or (317)873-8939***

Sponsored By:
Homewood Health Campus
Excel Home Health Care
Guardian Angel Hospice

*Subject to change. All health and
safety protocols will be followed.*



**Gleaner's Boone County
Senior Mobile
Food Pantry**




3rd Tuesday of each
month,

11:00AM-1:00PM

**Pick Up at Boone County 4-H
Fairgrounds**

***Check social media or call our office
for the location pick-up which has
been changing due to the COVID-19
restrictions.***

Must be 55 years of age or older, one
per household. I.D. is required and
bring your own bags or boxes!



**Thank you to
our 7th Annual
BCSSI Art &
Photography
Contest Participants &
Winners!**

**Winners will be highlighted in
the July/August Senior
Sounds.**

**Artwork will be on display and
open to the public to view at the
Lebanon Public Library
through May 27th**

**Sponsored By:
Homewood Health Campus**



The 6th Annual BCSSI Olympics is back and will involve competition for those age 60+ during August 23-26, 2021, with several activities throughout Boone County! Events will include golf, bowling, track and field, basketball shoot, euchre, nature walk or fitness walk, swimming, line dancing, horseshoes, bocce ball, pickle ball and table tennis. Proceeds from the Olympics support the mission of BCSSI which promotes independence and provides enriching opportunities for older adults in Boone County.

Watch for registration information and a timeline of events in the next issue of the Senior Sounds newsletter.



Event details and a registration form will be available at www.booneseniors.org.

Thank you to Witham Health Services and Homewood Health Campus for serving as the presenting sponsors.

Alzheimer's Association Virtual/Zoom Workshops

The 10 Warning Signs of Alzheimer's-May 18, 2:00pm-3:00pm

This educational program will help you recognize common signs of the disease in yourself & others and the next steps to take, including talking with your doctor. Please RSVP with your email address to BCSSI 765-482-5220 or to the Alzheimer's Association 1-800-272-3900

Effective Communication-June 16, 2:00pm-2:45pm

Explore ways that Alzheimer's and other dementias affect an individual's ability to communicate across different stages & get tips to better communicate with people living with the disease. Please RSVP with your email address to BCSSI 765-482-5220 or to the Alzheimer's Association 1-800-272-3900

alzheimer's  association®

May/June Classes & Activities
Call 482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Tech Time Tuesday Time Change

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. Tuesdays from **9:00AM-12:00PM**. **Call BCSSI for an appointment.**

Classy Crafters

Classy Crafters meets each month on the third Wednesday at **1:00PM**. On **May 19** make Terra Cotta Flowerpot Wind Chimes with Barb. Cost is \$5. On **June 16** make a Patriotic Wreath with Barb. Cost is \$10. **Call BCSSI to register.**

Coloring Hour

Bring your own pencils/markers and join us from **1:00-2:00PM** on **May 11 and June 8**. **Call BCSSI to register.**

Line Dancing

Wednesday, May 12 and June 9 from 10:30-11:30AM with instruction by Cari Ann Walker. Practice on **May 26 and June 23** with Heidi. **Call BCSSI to register.**



Lunch Provided for Lunch & Learn in March & April

Join us for a **FREE** program on current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the month at noon** and space is limited. **For reservations call BCSSI.**



- May 5 Biography of a Real Dull Tree w/Tom & Kerry Dull
- May 19 Alzheimer's: Searching for Words w/ Grand Brook
- June 2 Cooking Demo: Desserts w/ The Restoracy
- June 16 Tribute to Game Shows w/ Homewood Health Campus

***Lunch will be provided for all Lunch & Learns**

Coffee Connection 2 Community

Coffee Connection meets on the second Thursday of each month at **9:30AM**. Join us on **May 13 and June 10** for coffee and conversation. Please bring school supplies/backpack items to donate. **Call BCSSI to register.**



May/June Classes & Activities

Call 482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Legal Assistance

Free legal assistance will be offered on **May 18 and June 15**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.**

Art Class

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$5 per class. Shirley will work with beginner or intermediate students and any medium. **Call BCSSI to register.**

Cover to Cover Book Club

Book Club meets the first Tuesday of each month at **1:00PM**. **Book Club will meet on May 4 to discuss "The Cuban Affair" by Nelson DeMille.** The book for **June 1** will be announced at the May meeting. **Contact BCSSI to register.**

Game Day is Back!

Every Wednesday from 1:00-3:30PM. Come play cards and games in the Community Room or Bocce Ball on the lawn. Players are responsible for organizing enough players for their table.



SAVE THE DATE:
**Boone County Senior
Health & Wellness Expo**
Saturday, October 2
9am-Noon
Boone County Fairgrounds



May/June Activities Zionsville
Call 317-873-8939 for Registration and Information
Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

BCSSI Zionsville Office Update

Our Zionsville office is now open by appointment only. Please call 765-482-5220 or 317-873-8939 to schedule.

Lunch and Learn *New Location*
second and fourth Friday of the month at noon. Lunch is free to the first 30 registrants at the **Zionsville American Legion. Call BCSSI to register.**

Caregiver Support Group Resumes

Caregiver Support Group will meet **May 12 and June 9** from 6:00-8:00PM at Anson Senior Living in their Residence Club, 6800 Central Boulevard, Zionsville. We have to keep it small so registration is required!! Masks are required upon entry. **Call BCSSI to register.**

Art Class

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. **Class is held at the Zionsville American Legion.** Cost is \$5.00 per class. **Call BCSSI to register.**

From our art students about their new meeting location:

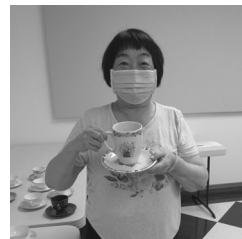
"wow what a nice place to have class"..."
"could not have had a better place to have class"..."

May 14 The Myths & Facts About Hearing Loss w/ Dr. Judy Olson

June 11 Tribute to Game Shows w/ Homewood Health Campus

Zionsville Crafts Are Back at a New Location

Join us monthly on the second Friday at **1:00PM at the Zionsville American Legion.** On **May 14** make a Teacup Fairy Garden w/ Ellen & Kay. Cost is \$5. On **June 11** make a Patriotic Wreath w/ Barb. Cost is \$10. **Call BCSSI to register.**



SHIP Counseling & CICOA Benefits Cancelled - Resuming Soon in Lebanon & Zionsville!

Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



Shopping

Anson Check out the stores in Anson and have lunch at one of the restaurants in the area. Space is limited and masks will be required. Call BCSSI to register.

Tues. May 11
9:30AM \$6.00
&
Tues. June 22
9:30Am \$6.00

Bus Trip to Beautiful Vermont

September 26– October 2

\$983 based on double occupancy.

\$75 deposit due upon signing

Call Dan Warkentien, 765-894-2665, with questions and to check availability.



Let our kind, courteous and friendly drivers take you from your home to your next appointment, personal errand or shopping.

Pictured is Boone Area Transit driver Craig McDaniel who joined our team in July 2019.

Boone Area Transit System (BATS) is looking for drivers!

Individuals must be willing to obtain (or already have) a license with “for hire” endorsement, must pass a physical exam, drug test and background check and must be able to operate a wheelchair lift (training provided). **Contact Director of Transportation Cindy Elliott 765-482-5220 or 317-873-8939 or cindy@booneseniors.org for a complete job description.** *Boone County Senior Services, Inc. is an Equal Opportunity Employer*





Your Home As A Charitable Asset

For a good portion of us seniors, taking care of our homes has been a lifetime endeavor. My wife and I have lived in our house so long, there are major maintenance items that need to be done a second time! As we age,

we begin to see our homes as something different - maybe a space bigger than what we need, a financial resource, and maybe a burden to our kids if they live far away or already have homes of their own.

Did you know your home can be a great way to making a significant charitable gift? You can, for example, leave your home to a favorite charity, like BCSSI (or even more than one charity) to allow them to make use the funds they receive for the betterment of our community and our seniors. A simple codicil in your will can make that happen on your death, or that of your spouse. An attorney can easily write the language.

There is another interesting option worth considering - gifting your home to your favorite charity now, while retaining the right to live in, use, and enjoy the house for the rest of your (and your spouse's) lifetime, at which time BCSSI will take possession of your no-longer-needed home and turn it into wonderful services for seniors in Boone County.

An important benefit of a gift with a retained life estate is that you get an immediate tax deduction in the year you make the gift, which can be of real value to you today.

It's never too early to consider how to best make use of your most valuable physical asset. If you are interested in learning more about how your home can be a way to make a lasting legacy gift to BCSSI, we are available to talk confidentially to you and your advisor. BCSSI can be a great 'home' for your legacy.

(Article written by Perry T. Hammock, CFRE President, Vitruvian, LLC. Perry is a Lebanon native and has consulted with BCSSI and the Foundation on their fundraising goals. Perry has considerable experience mostly from on-the-job training. He spent 33 years at Ivy Tech, helping donors create and sustain caring legacies.)



For more information on leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc.

515 CrownPointe Dr., Lebanon 46052

Or, go to: booneseniors.org

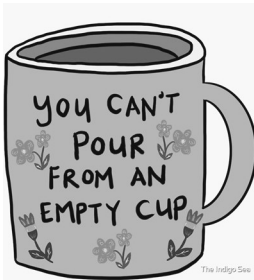
765-482-5220, 317-873-8939 or sshoup@booneseniors.org

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.

Thank you Paul Ellsworth from Caring Transitions for speaking about Downsizing and Decluttering during a recent Lunch and Learn. www.caringtransitions.com

Paul's Tips for Downsizing and Decluttering

- Start Now
- Plan dedicated decluttering time
- Sort: Keep, Sell, Donate, Toss
- Remember-once we give it away, it's not ours anymore
- Deliver/ship things that belong to others
- Release things we have kept out of habit, guilt or fear
- Be aware of hoarding tendencies
- Donate clothing that does not fit, stained, torn, button missing, hole in toe, too much...
- Get rid of too much paper-shred it!
- KEY: Focus on heirlooms-sentimental vs. value, pass down stories



SELF CARE in minutes every day!

The benefit to self care is that it prevents burnout, lowers risk/symptoms of depression and anxiety, increases quality of life, increases emotional stability and boosts self-esteem and self confidence.

5 minutes:

- Drink a glass of water
- Diffuse essential oils
- Recite positive affirmations
- Listen to an upbeat song
- Give yourself a foot massage
- Take a photo
- Stretch
- Lay in the sun
- Take deep breaths
- Cuddle a pet

15 minutes:

- Read a book/magazine
- Write in your journal
- Declutter your space
- Eat a healthy snack
- Put on a face mask
- Paint your nails
- Meditate
- Draw or color
- Do your hair
- Send a card

30 minutes:

- Watch a funny show
- Go for a long walk
- Call a friend
- Organize a closet
- Create a vision board
- Listen to a pod cast
- Take a nap
- Exercise
- Soak in the bath
- Try a new recipe



BCSSI Spotlight.... Mildred Flanary

I have worked as the Director of Development at BCSSI for about thirteen years and during that time I have served as the Editor of

the Senior Sounds newsletter. I am thankful my grandmother Mildred Flanary has proofread almost every newsletter before it goes to print. She is a former school teacher, has excellent writing skills and is extremely sharp minded! What is amazing is that my grandmother is 100 years old and she will be 101 on July 5th of this year! She is truly an example for all of us to follow as we age.



Not only has she served as our proof reader for our newsletter, but played the piano at our Senior Expo and a few of our Lunch and Learns. She will perform on July 7 (just two days after her 101st birthday) at

BCSSI when we host a sing-a-long of patriotic songs. She has played piano her entire life, after lessons as a child one summer, then taught herself. She was the church pianist as a youth and now sings in the choir at her church, First Presbyterian in Lebanon where she was Director of Christian Education for 15 years.

My grandmother was born in 1920 in the family's farmhouse near Sheridan, then lived in or near Boone County. She remembers starting to school by horse and buggy, grew up during the depression, graduated from high school as Valedictorian, attended college, started teaching and married my grandfather, Robert Flanary, before he served in WW 2. She gives vivid details and dates of the time he was away and what was going on in her life during such challenging times.

Many people in our community have been her students as she taught for 33 years in Boone County, Kirklín, and Lebanon schools. She has enjoyed attending the Kirklín H.S. reunion for years. She said two incredible things she has witnessed during her lifetime were technology and the landing on the moon.

She tells about the family telephone being on a party line with neighbors. When the phone rang, probably everyone the line would "listen in". In order to have privacy, her mother would go outside the house and yodel toward her brother's house across the field as a signal to have a talk without ringing the phone! Today, she owns a cell phone and she sends devotions to me every day by email.

My grandmother grew up near the village of Elizaville. She still lives in the same house on Elizaville Road in Lebanon to which the family moved more than 60 years ago, so that their children, Roy Flanary and Lisa Flanary Erwin could attend Lebanon Schools.

She has a love of reading and borrows four books from the Lebanon Public Library every two weeks or so. She also reads the Bible daily, masters crossword puzzles and word searches. Yes, she has always been sharp minded and I know it is because she continues to challenge her mind every day.

She tries to walk most days. She was still mowing her yard not long ago with a push mower encouraged by her doctor! She attends athletic functions and events of family members and friends. She eats healthily. Eating a variety of food colors is what her grandmother and mother did when they didn't know about vitamins.

Grandma, thank you for aging so gracefully and serving as an incredible role model for us as we age. I wish I had more space to share more about you because you are truly a special lady...I love you!

~Sonya Flanary Shoup

OLDER AMERICANS MONTH



Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The theme for 2021 is "Communities of Strength."

COMMUNITIES OF STRENGTH: MAY 2021

Older adults have built resilience and strength over their lives through successes, failures, joys, and difficulties. Their stories and contributions help to support and inspire others. This OAM, we will celebrate the strength of older adults and the Aging Network, with special emphasis on the power of connection and engagement in building strong communities.

There are many things we all can do to nurture ourselves, reinforce our strength, and continue to thrive. Connecting with others is one of the most important—it plays a vital role in our health and well-being, and in that of our communities. From finding joy in small things and sharing our stories, to looking at the big picture and giving to others, join us in promoting the ways we are connected and strong.

To promote and celebrate go to:

<https://acl.gov/oam/2021/older-americans-month-2021>



Servants at Work

SAWs is a faith based nonprofit organization dedicated to providing freedom to low-income, permanently disabled individuals through construction of wheelchair ramps on the exterior of their homes. The organization is currently looking for Boone County residents who can benefit from a ramp. They have financial and physical guidelines to meet, but are eager to find Boone County residents in need. **Contact:** Rik Hagarty, Founder/VP Operations 317-844-7664 or ehagarty@sawsramps.org.

BCSSI offers so many wonderful learning opportunities for seniors and caretakers, as well as excellent transportation services. They offer many fun and engaging activities at the BCSSI offices and on their planned trips. It truly is an organization that enhances the quality of life for many in our county.

~Zoe Farrow, BCSSI Board Member



**Do you or someone you know
need a little extra help?
Try BCSSI Personal Services**
Homemaker, Personal Care, Respite



**To find out more about participating
in the Personal Service program
contact:**

Cindy Hickson
765-482-5220 or 317-873-8939
chickson@booneseniors.org

BCSSI is certified as a Personal
Services Agency by the Indiana State
Dept. of Health and is an Equal
Opportunity Employer.

**BCSSI
Personal
Services
Division is
hiring!**



Interested individuals with experience
in homemaking/personal care, should
contact Cindy Hickson, Director of
Personal Services, for more
information, or drop off a resume/
complete an application at BCSSI.
Openings are for personal service
attendants. BCSSI is certified as a
Personal Services Agency by the
Indiana State Department of Health
and is an Equal Opportunity
Employer. Background check
required.

**Contact 765-482-5220 or 317-873-8939
or chickson@booneseniors.org**



BCSSI Book Nook!
***We can deliver to
your home!***

Stop in and select a book from
our **BCSSI Bookshelf**. The
books are all NEW! We ask that
you **DO NOT** return the books,
pass them along or donate them
to the library book sale.



**Are you
cleaning
your house
or office?**

BCSSI will take your used:
Newspapers & Magazines
(recycling bin located in
back of building)

Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring
for others. If you would like to be placed on the mailing list, contact:

Jessica Evans at 765-482-5220 or 317-873-8939 or
jevans@booneseniors.org

Agency Memorial & Honorarium Gifts

In Memory of Les Wilkins

Charlene Hackett

In Memory of Vera Klepfer

Jim & Christina Bush

In Memory of Ronald D. Dickey

Gladys & Anthony Dickey

In Memory of Tom Temple

Sharon Walker

Chuck & Cindy Hickson

In Memory of Donna Sanders

Sharon Walker

George & Barb Anderson

Jim & Maggie Kennedy

In Memory of Vicki Saalwaechter

Chuck & Cindy Hickson

In Memory of Ron Rolston

Chuck & Cindy Hickson

In Memory of Charles Acton, Sr.

Chuck & Cindy Hickson

In Memory of Michael Horlacher

Chuck & Cindy Hickson

In Memory of Jim Burnell

Chuck & Cindy Hickson

Tom & Judy Cunningham

George & Barb Anderson

In Memory of Chuck Stevens

Chuck & Cindy Hickson

In Memory of Kenny Limp

George & Barb Anderson

In Memory of John & Sharon Gillan

Ron & Marilyn Neese

Chuck & Cindy Hickson

In Memory of Jean Acton

Chuck & Cindy Hickson

Marcia Wilhoite

In Memory of Robert Batten

Gene & Paula Batten

In Memory of Bob Harman

Charlene Hackett

In Memory of Marvin Lasley

Dick & Janet Self

George & Barb Anderson

In Memory of Suzanne Bramblett

Ron & Marilyn Neese

In Honor of Tom Cunningham

Sharon Walker

In Memory of Ernie Pyle Chapter of the WWII

Roundtable Members:

- Jim Limp, WWII Veteran
 - Marvin Bishop, Battle of the Bulge/early arrival liberation of Aachen, Germany
 - Floyd Newkirk, Mediterranean/European Theaters
 - Phil Thrine, USN
 - Note Truelock, USN Caribbean
 - Odette Chase, Child in France under occupation
 - Irwin Martin, Combat Infantry Korea
 - Terry Bayles, Combat Infantry, Tet Offensive, Vietnam
 - Charlie Acton, USN Korean War Era
- In Honor of Ernie Pyle Chapter of the WWII Roundtable Member:**
- Doc Hardin, WWII Service

Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

_____ A donation to the Agency

_____ A donation to the Foundation

_____ A memorial in memory of: _____

_____ An honorarium in honor of: _____

Please send notification card to: _____

Street Address: _____

City, State, Zip: _____

Thank you for your gift. Please mail form with payment to:

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

Let BATS take you door to door!

Boone Area Transit System
 County Wide, All Ages
 482-5220 or 317-873-8939
 Monday-Friday
 7:30AM-4:30PM

Attention!!!
Southeastrans
Standard Medicaid
Transportation Reservations
Trip Reservation Line: 1-855-325-7586
Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2021

Due to increasing demand please allow 2 weeks notice to book your next transit appointment.

SENIOR SUGGESTED DONATIONS	Cost:
Inside city limits (unlimited stops)	\$5.00
Outside city limits in Boone Co. (unlimited stops)	\$10.00
SENIOR OUTSIDE COUNTY COSTS	Cost:
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone round trip	\$20.00
Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone round trip	\$15.00
Airport one-way mandatory pay per person	\$25.00
Any trip over 30 miles or more one way add \$5.00	\$5.00
PUBLIC	Cost:
Charge each time client boards	\$4.00
Drive-thru to drop off prescriptions only	N/C
Drive-thru to pick up medicine, bank, or fast food	\$3.00
Outside city limits in Boone Co.	\$5.00

Mountain Dew Ice Cream

Recipe Submitted By: Jeannie Brandenburg

16 oz. heavy cream
14 oz. sweetened condensed milk

12 oz. can of Mountain Dew
5 drops green food coloring

Start by freezing a mixing bowl for at least an hour. Add heavy cream to frozen bowl and mix on high until it forms stiff peaks. Fold in sweetened condensed milk. Fold in Mountain Dew and then add food coloring. Transfer mixture to a freezer safe, air tight bowl and freeze for at least 4-6 hours. *You can make with other types of soda.*

Salad Topped Taco Pizza

Recipe From Kraft Food and Family

1 lb. extra lean ground beef
1 c. thick and chunky salsa
1- 12" ready to use baked pizza crust
1 c. Mexican style finely shredded cheese

1 large tomato, sliced
2 c. loosely packed, torn salad greens
2 Tbsp. ranch dressing

Heat oven to 400. Brown meat in large skillet; drain. Stir in salsa; spread onto pizza crust. Top with cheese and tomatoes. Place directly on oven rack. Bake 10-12 mins. or until crust is lightly browned and cheese is melted. Top with salad greens; drizzle with ranch dressing.

Boone County Senior Services



*Connecting Generations
since 1978*

*promoting
Independence
providing
Enriching Services*

In-Home Care • Transportation
Friendly Visitor Program
Recreational Activities



A tax deductible gift to the Agency or Foundation will ensure that these services can be continued into the future.

Call 765-482-5220 or 317-873-8939 • www.booneseniors.org



BCSSI CORE VALUES:

- Choice for older adults and their families
- Enhance, protect and preserve the dignity of older adults
- Fiscal responsibility
- Cooperation with other agencies



*Connecting Generations
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

**BOONE COUNTY SENIOR SERVICES, INC.
515 CROWNPOINTE DRIVE, LEBANON, IN 46052**

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www.booneseniors.org

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United Way
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