BOONE COUNTY SENIOR SERVICES, INC.

SENIOR SOUNDS

Volume XLII Number 4

July/August 2021



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...And More!

The 6th Annual BCSSI Olympics is back and fast approaching!
Registration is now open!
Details on page 7!

Pictured is our first Olympic registrant Jill McFerran.



Boone County Senior Services, Inc.

2021 Board of Directors

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Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.

515 CrownPointe Dr., Lebanon, IN 46052 Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office

Zionsville Town Hall, Rm. 215 Open Wednesday & Friday 9:00AM-4:00PM or by appointment. 765-482-5220 or 317-873-8939 www.booneseniors.org





Instagram C
Bocoseniors

From the desk of our Executive Director Anita Bowen



I have missed your faces ... and I really mean it! It is so encouraging to see faces again (not that some of you didn't have really cute masks), out & about these days, I just find myself smiling because I can see the

faces that I've missed behind those masks. With that in mind, BCSSI has changed from masks being MANDATORY to masks being OPTIONAL or your choice for the best interest of your health. We still will be requiring social distancing in our community space and asking you to please stay home if you're not feeling well. The plexiglass partitions will remain in place probably permanently at the Lebanon location. It is also important to note that, if you use Boone Area Transit System (BATS), masks do remain mandatory, as the Federal Transit Authority (FTA) has issued this requirement through at least September 13th. We will certainly keep you in the loop if this changes.

So...where are some of your favorite places throughout Boone County that you plan to "show your face" this summer? Perhaps you will get out to enjoy one or more of the Farmer's Markets, a youth baseball and/or softball game; Seashore Water Park, a summer concert, a movie at M.E.L.S. Drive-in theater...or, coming highly recommended by me, a treat at one of our many local ice cream spots! You are highly likely to see MY face there. Did you know that you can get a weekly list of

things to do in our communities at the Boone EDC website www.betterinboone.org? This list highlights activities going on throughout the area for each weekend. Remember that if you need access to a computer. give us a call and you can schedule time to research this web site and/or do other computer work.

At BCSSI, we hope you have Theater Thursdays on your radar as returning to the Lebanon 7 Theater on Thursday, July 15th @ 9 a.m. You can find the complete list of movies going through December 2021 in this issue. Please note that we will not know the capacity limits for the theater until closer to the movie date. This holds true for the BCSSI Olympics, too, so please keep an eye out for updates on our social media pages: Facebook, Instagram and Twitter or give us a call

Lastly, please come see us at the Zionsville Town Hall as of July 9th! We are so excited to get back into a space there and will be hosting Lunch & Learn + Crafts there starting in August. We will be re-building activities in Zionsville and sure hope you will help us do that. We'll also be following all of the Town's protocols for health & safety once we re-open.

Other than constant chapped lips from extensive mask-wearing, I don't think my face has changed much. I hope you'll still recognize me and won't mind me being really excited to see you. I really have missed your faces.

Until Next Time, Auita



Winners Announced in 7th Annual BCSSI Art & Photography Contest



Sixteen individuals had their paintings and photography pieces on display at the Lebanon Public Library during the month of May as part of the 7th Annual BCSSI (Boone County Senior Services Inc.) *Art & Photography Contest* which was held in celebration of Older Americans' Month, a tradition of recognizing the contributions and achievements of older Americans since 1963. The Contest was not able to be held in 2020 due to COVID-19 restrictions.

Winning entries this year are as follows:

Amateur Painting:



1st – Dorothea Mickschl, Thorntown 2nd – Kathy Leachman, Zionsville 3rd – Dana Klaus, Lebanon

Advanced Painting:



1st – Shirley Luttrell, Zionsville 2nd – Char Hulse, Lebanon 3rd – Ruthalice Watson, Lebanon

Photography:



1st – Al McConnaha, Lebanon 2nd – Mervyn Cohen, Zionsville 3rd – Don Watson, Whitestown Honorable Mention – Cheryl Gates, Lebanon



BEST OF SHOW was awarded to Dorothea Mickschl of Thorntown for her Amateur Painting titled "Home Sweet Home".

Artists participating in this Contest/ Exhibition were over the age of 60 and reside in Boone County. The Exhibition was on the 2nd Floor of the Lebanon Public Library. BCSSI offers art classes at both the Lebanon and Zionsville locations. For more information, contact Anita Bowen or Barb Carrell at (765)482-5220 or (317)873-8939, or by e-mail at bcssi@booneseniors.org.

Thank you to all of our participants, our judges, the Lebanon Public Library and Homewood Health Campus for sponsoring the event.



The BCSSI Travel Group is excited to return to traveling after a break due to Covid. **Dan**Warkentien, BCSSI travel group leader, prepares the group for their upcoming trip to Vermont.

The group will travel this fall via motorcoach. For more information about our travel group program contact Barb Carrell at 765-482-5220.

Kerry Dull, Dull's Tree Farm, recently spoke to our Lebanon Lunch and Learn attendees about the history of the farm and some of the new activities and events that will be added to the farm. Thanks Kerry!





Line dancing is not only fun but is a great way to stay active and make new friends! We have had a fantastic turnout with all levels of dancers. Thank you Heidi Watson for leading our group!

Classy Crafters made a flowerpot wind chime with Barb. The group meets the third Wednesday of each month in Lebanon and crafts also takes place the second Friday in Zionsville. Many of the items can be enjoyed for an upcoming season or holiday, or can make a special gift for a friend.







BCSSI welcomes new staff members! The Personal Services team welcomes Susan Hodgedon and Boone Area Transit welcomes Mike Gross.

It's Back!!! 2021 BCSSI Theater Thursdays

Join us at the Lebanon 7 Theater 1600 N. Lebanon St., Lebanon

9:00AM – Breakfast Snack 9:30AM – Special Movie Shown for those age 60 and over for only \$1!

> July 15 Poms

August 19 Green Book

September 16 Where'd You Go Bernadette

> October 21 A Dog's Way Home

> > November 18 The Upside

December 16 Last Christmas

*All movies are either rated PG or PG-13 Review at www.imdb.com

For Transit Call (765)482-5220 or (317)873-8939

Sponsored By: Homewood Health Campus Excel Home Health Care Guardian Angel Hospice

Subject to change. All health and safety protocols will be followed.

Gleaner's Boone County Senior Mobile Food Pantry



3rd Tuesday of each month, 11:00AM-1:00PM

Pick Up at Boone County 4-H Fairgrounds

Check social media or call our office for the location pick-up which has been changing due to the COVID-19 restrictions.

Must be 55 years of age or older, one per household. I.D. is required and bring your own bags or boxes!

BREAKING NEWSMASKS OPTIONAL

Inside the building at BCSSI-Lebanon. Social Distancing will still be practiced.



Masks are still Mandatory while using our transportation!!



6th Annual BCSSI Olympics August 23-26, 2021

Open to all individuals age 60 and over in Boone County

(Individuals outside of Boone County may participate but are not eligible to win medals)

13 events to choose from, something for everyone!

- Euchre-BCSSI Lebanon
- Bocce Ball –BCSSI Front Lawn
- Track & Field-Zionsville High School
- Horseshoes-Abner Longley/Southside Park
- Water Aerobics-Witham Family YMCA
- Basketball Shoot-Witham Family YMCA
- **Bowling-Lebanon Bowling Center**
- Golf-Cool Lake Golf Course

- Nature Walk-Rail Trail. Thorntown
- Fitness Walk-Rail Trail, Thorntown
- Pickleball-Witham Family YMCA
- Line Dancing-BCSSI Lebanon
 - Table Tennis-Cedars Activity Center

\$10.00 Cost Includes 4 Days Of Fun and A Collectible Olympics T-Shirt!

Deadline to Register is August 13! For registration forms or more info go to www.booneseniors.org or call 765-482-5220/317-873-8939

Opening Ceremony with Light Breakfast and Special Guests Breakfast provided by Lebanon McDonald's Torch-lighting with Torch Captains Russ & Sue Handlon



Kevnote Speaker: Coach Jerry Hoover who recently retired as the Blackford High School Boys' Basketball Coach is the oldest active inductee to the Indiana Basketball Hall of Fame. Hoover is a 1952 graduate of Monticello High School, was a walk-on and played for the Purdue Boilermakers under Hall of Fame coaches Piggy Lambert and Ray Eddy, earning his Purdue degree in 1956. In all, Coach Hoover's record includes more than 450 wins with a variety of different teams, five sectional championships and one regional title. Hoover has spent a lifetime in education teaching government, and is also a retired colonel with 32 years of combined military experience.













July/August Classes & Activities

Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Tech Time Tuesday

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get *free* independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. Tuesdays from *9:00AM-12:00PM*. Call BCSSI for an appointment.

Classy Crafters

Classy Crafters meets each month on the third Wednesday at 1:00PM. On July 21 make a Christmas in July Snowman Pin with Donna Newman. Cost is \$5. On August 18 Make a fabric necklace with Grace Rowe. Cost is \$5. Call BCSSI to register.

Coloring Hour

Bring your own pencils/markers and learn some new coloring techniques from 1:00-2:00PM on July 13 and August 10. Call BCSSI to register.

Line Dancing

Wednesday, July 14 and August 11 from 10:30-11:30AM with instructor Heidi Watson. Practice with Heidi on July 28. Call BCSSI to register.

Lunch & Learn

Join us for a FREE program on current topics that affect seniors and their caregivers. The luncheon is the first & third Wednesday of the month at noon and space is limited. For reservations call BCSSI.

July 7	Sing Along with Mildred
	Flanary w/ Signature
	Healthcare of Parkwood

July 21 CANCELLED

Aug. 4 "How Do You Know When It's Time to Move?" w/ Clare Bowers from Ryan Homes

Aug.18 Medicare 101 with Crystal Cole

Coffee Connection 2 Community

Coffee Connection meets on the second Thursday of each month at 9:30AM. Join us on July 8 and August 12 for coffee and conversation. Please bring school supplies/backpack items to donate.

Call BCSSI to register.

July/August Classes & Activities

Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Legal Assistance

Free legal assistance will be offered on July 20 and August 17. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.

Art Class

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$7 per class. Shirley will work with beginner or intermediate students and any medium. Call BCSSI to register.

SHIP Counseling & CICOA Benefits Returns

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday July 21 and August 25. Call BCSSI for an appointment.

Cover to Cover Book Club

Book Club meets the first Tuesday of each month at 1:00PM. Book Club will meet on July 6 to discuss *The Secrets of Paper and Ink* by Lindsay Harrel. The book for August 3 will be announced at the July meeting. Contact BCSSI to register.

Game Day is Back!

Every Wednesday from
1:00-3:30PM. Come play cards
and games in the
Community Room or
Bocce Ball on the lawn.
Players are responsible
for organizing enough
layers for their table.

Muffins and Masterpieces Thursday, August 5 at 1:30PM

Join us and create your own masterpiece with instructor Shirley Luttrell.

Call BCSSI to register

(groups please contact Barb Carrell at BCSSI).

Event is free to all Boone County Seniors. Sponsored by Homewood Health Campus.

July/August Activities Zionsville

Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

BCSSI Zionsville Office Update

Our Zionsville office is re-opening as of July 9th! Wednesday and Friday 9:00AM-4:00PM and other days by appointment. Please call 765-482-5220 or 317-873-8939 to schedule.

Caregiver Support Group Returns to the Town Hall

Caregiver Support Group will meet July 14 and August 11 in Room 203 of the Zionsville Town Hall from 6:00-8:00PM. We need to keep it small, so registration is required. Call BCSSI to register.

SHIP Counseling & CICOA Benefits Returns

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday July 21 and August 25. Call BCSSI for an appointment.

Lunch and Learn at New Location second Friday of the month at noon. Lunch is free to the first 30 registrants. Call BCSSI to register.

July 9 Searching for Words w/Grand Brook *At the Zionsville American Legion*

Aug. 13 Finding Peace after a Pandemic w/ Signature of Parkwood. At Zionsville Town Hall

Zionsville Crafts at New Location

Join us monthly on the second Friday at 1:00PM. On July 9 make a Photo Coaster with Betty Henry. *Bring a 4x4 photo.* At the Zionsville American Legion. Cost is \$5. On August 13 make a Summertime Sugar Scrub with Stacy Parnell. At the Zionsville Town Hall. Cost is \$5. Call BCSSI to register.

Art Class

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. *Class is held at the Zionsville American Legion.* Cost is \$7 per class. Call BCSSI to register.

Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon



Zionsville, Thorntown or Jamestown pick-up available for some trips

Shopping		
Clay Terrace Shopping and Lunch	Thurs. July 29 9:30AM \$6.00	
Two Chicks District Co. and a late lunch at Yolk	Thurs. Aug. 26 10:30AM \$6.00	

From door-to-door trips to run your errands, or day trips for fun, we have you covered! Give us a call!

State Fair

A day at the Indiana State Fair. Watch Social Media or call for more details.



Lunch and Learn is on the Road Again!

October 9—Belle of Louisville Lunch Cruise \$67 Enjoy a BBQ picnic lunch while cruising on the river. Fall foliage excursion features entertainment from the Juggernaut Jug Band. Cost includes meal, cruise and transportation. Sign-up begins Monday, August 30 at 8:00AM. Payment due at sign-up.





December 1—Christmas at the Seiberling Mansion + Lunch and Magic Show, Kokomo \$50

Tour of the mansion followed by lunch at the Elite Banquet and Conference Center with magical entertainment by the *Wizard of the Wabash* Scott Starkey. Sign-up begins Monday, October 18 at 8:00AM. Payment is due at sign-up.



Making Charitable Gifts Through Your Retirement Assets

Once upon a time, giving was pretty simple: we wrote a check and kept the gift receipt for our federal income tax deduction at the end

of the year. Now, tax rules are more complicated and more than 80% of us aren't able to itemize our federal taxes and receive a tax deduction for our charitable good deeds. We can still make a difference and give back to our community and, with a little creativity and planning, we can still reduce the taxman's bite.

One way to help Boone County Seniors at this critical time is through gifting retirement assets. Here is how it works: funds held in your 401(k) or 403(b) plan will be fully taxed if withdrawn for your use, or at your death. You are also required to take an annual amount from your retirement assets each year, once

you are 72, called a Required Minimum Distribution (RMD).

You can, however, make a gift of retirement assets directly to the Boone County Senior Services Foundation, Inc. (BCSSF) (or multiple charities) and avoid federal tax liability. If you're 72 or older this year, you can give any amount, up to a total of \$100,000, directly from your retirement plan assets to charity (but not to a donor-advised fund) in what's known as a Charitable IRA Rollover or Charitable Qualified Distribution. Your plan administrator or Financial Advisor will know how to make this happen. It is simple and easy.

This distribution counts toward your Required Minimum Distribution but isn't included in your adjusted gross income. The transfer must be made directly from your IRA to the charity to count as a Qualified Charitable Distribution; you cannot withdraw the money first and write a check later. Ask your Financial Advisor or 401(k)/403(b) plan administrator how they handle these transactions and you will see how easy it is. If you have check-writing privileges on your IRA, some let you write a check to the charity. Be sure to let the BCSSF know the money is coming so they can send you the confirmation you will need at tax time.



We are proud and happy to live in a community that has an outstanding senior service organization. For Boone County residents to help maintaining BCSSI, funds can be directly contributed from your personal IRA without taxation. We encourage donors over 72 to use this method when you make your contribution.

~Tom & Judy Cunningham

13th Annual Legacy Dinner "Leaf a Legacy"

Saturday, September 4th, 2021

Dull's Tree Farm, 1765 W. Blubaugh Ave., Thorntown
6:00pm Reception 6:30pm Dinner & Program
Entertainment by Guitarist David Laskey
\$60 per person/\$360 Table Sponsor
RSVP August 20th

Proceeds support the Foundation!



Feel free to wear your boots and jeans!



Pictured is the Boone County Senior Services Foundation Legacy Tree featuring donors who will leave a legacy gift allowing BCSSI to continue to provide enriching opportunities for future generations.

Thank you to our newest Legacy Donors: John Cowan Colleen Thomas Patricia Riebeling

Contact us today to learn how you can leave your Legacy...



For more information on leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc. 515 CrownPointe Dr., Lebanon 46052 Or, go to: booneseniors.org 765-482-5220, 317-873-8939 or sshoup@booneseniors.org

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.

"Sending a donation to help support the great work you and your team do for our community!"

~Rick & Amy Hammerle



BCSSI offices will be closed on July 5

This includes all personal services and transportation services.

We apologize for any inconvenience.

Thank you for your support.



A recent Indiana

Senior Fund (CICF) on the "State of Aging in Central Indiana" was shared with BCSSI this spring. Some of the interesting key findings from the report include:

- The older adult population in Central Indiana is increasing at six times the rate of the younger population.
- Four in ten older adults live alone.
- Nearly 1/5 of adults of traditional retirement age continue to work outside the home.
- Older adults face barriers attaining and maintaining a job, such as the ability to effectively use technology.
- Indiana's overall food insecurity rate is significantly higher than the national rate and has continued to increase over the past decade.
- Adults age 62+ experienced an increase in homelessness by 1/3 between 2019 and 2020.
- Only one in four older adults in Central Indiana positively rates the ease with which they can use public transportation in their communities.
- Two-thirds of older adults report not knowing about necessary services to assist them in remaining in their homes and communities.
- Approximately one in three older adults in Central Indiana reports feelings of loneliness or isolation, and this is likely more prevalent among older adults experiencing poverty.
- Four out of five older adults in Central Indiana provided care to a friend or loved one, and two in five provide care to someone over age 60.

Sharing with your loved ones can help with your memory care...

Oftentimes unacceptable behavior in a person living with Dementia or Alzheimer's is a result of the person trying to communicate. Knowing their triggers and things that make them happy or give them comfort can be a useful tool in a caregivers toolbox. Write down & share the following information about yourself with your loved ones. It could play a major role in your memory care plan should you need it in the future. Another great tip, store this information in your family emergency binder.

- Your pet peeves
- Your deepest fears
- Things that set your soul on fire or make you happy
- Current or past hobbies
- Comfort items
- Create a playlist of your favorite songs (music works your entire brain)

For more helpful information and tips sign-up for our Caregiver's Corner!

Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact: Jessica Evans at 765-482-5220 or 317-873-8939 or jevans@booneseniors.org

BCSSI Spotlight Boone Area Transit Riders Linda Jones & Cherie Dailey

Let's face it, if you don't have access to reliable and safe transportation it can be challenging getting to your medical appointments, the grocery, visiting friends or family or even doing something fun or social for yourself.



Linda Jones, who has lived in Lebanon for most of her life, started using BATS (Boone Area Transit System) about a year ago

because she was not able to drive due to her health and using a walker. Linda, who is very active, also enjoys riding with her friend, and fellow BATS customer, Cherie Dailey.



Cherie encouraged Linda to use the public service. Cherie has used BATS since 2016 and uses it multiple times per week. Both ladies use BATS for not only

personal errands but also for various activities or visits they have around the community.

Linda has used BATS to take her to medical appointments and to the dentist and to BCSSI activities such as Lunch and Learn. She plans to start using BATS at least a couple of times each week for more personal errands which will also include a regular trip to the Witham Family YMCA so she can continue her exercising.

"The drivers are all fantastic and sweet and help me with my walker. They are very accommodating and so gracious. I feel more safe using BATS then I do others and that includes during the quarantine".

Linda is a retired preschool teacher and was married to the late Vic Jones who taught at Lebanon Schools for more than 30 years. They moved to Lebanon after college and she has loved living in Lebanon for more than 60 years. Her daughter Vickie Daupert works for the Personal Service team at BCSSI. Linda is also a BCSSI Olympics cheerleader and enjoys using her creativity to dress up during the agency's fun activities during the year. Linda is an active volunteer and she has enjoyed helping Cherie deliver her "Prayer Bears" to those who may be ill or in the hospital.

Thank you Linda and Cherie for using BATS!

Boone Area Transit System "BATS" is open to all ages of Boone County residents.

For more information contact: Cindy Elliott or Michele Katsaros 765-482-5220 or 317-873-8939

Turn to page 18 for pricing.

"To insure the safety of our clients our drivers spray and wipe down the vans before and after their pickups. The drivers as always are very attentive to the safety of each client we transport." ~Cindy Elliott, Director of Transportation

BCSSI CORE VALUES:

Choice for older adults and their families

Enhance, protect and preserve the dignity of older adults

Fiscal responsibility

Cooperation with other agencies





Thank you to our BCSSI Senior Sounds volunteers for helping us prepare our newsletter so it can be mailed to YOU!

SAVE THE DATE:

Boone County Senior Health & Wellness Expo Saturday, October 2 9am-Noon, FREE!!!

Meals on Wheels



Lebanon

765-482-1433 765-482-2846 765-482-4563 **Zionsville**

317-258-9853

Central Indiana

317-252-5558

Do you or someone you know need a little extra help? Try BCSSI Personal Services



Homemaker, Personal Care, Respite

To find out more about participating in the Personal Service program contact:

Cindy Hickson 765-482-5220 or 317-873-8939 chickson@booneseniors.org

BCSSI is certified as a Personal Services Agency by the Indiana State Dept. of Health and is an Equal Opportunity Employer.

BCSSI Memorial & Honorarium Gifts

In Memory of Suzanne Bramblett

Bill & Linda Stuteville

In Memory of Paula Smith

Bill & Linda Stuteville

In Memory of Sallie Sanders

Anna Newman

In Memory of Nikki Barton

Anonymous

In Memory of June Burress

Marsha Price

Pete & Sandy Obremskey

Frank & Patty Clark

Dennis Wall & Janet Petsch

Buddy Denny Sr., & Virginia Green

Darlene Gilbert

In Memory of Vicki Saalwaechter

Pete & Sandy Obremskey

In Memory of Mary Cox

Jim & Christina Bush

Dennis & Margaret Williams

In Memory of Julia Westerfield

Jon & Sandra Robinson

In Memory of Judith Colvin

Jon & Sandra Robinson

In Honor of Yvonne Frankewich

Sharon Wood

In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Benny Campbell, United States Air Force
- Charles Slaughter, Philippines/ Okinawa/Purple Heart & Bronze Star medal
- Jim Evans, Battle of the Bulge
- Marion Adams, Italy/France
- Russell Swisher, Marched in Paris Liberation Parade/Huertgen Forest/ Battle of the Bulge
- George Cox, Channel Crossing torpedo survivor/France
- Dr. Robert Coons, combat medic ETO/ Purple Heart & Silver Star medals
- Alvin Ping, WWII Submarine Crewman

BCSS Foundation Memorials In Memory of Mary Jo Nelson

Doug & Beth Richardson
Jeff & Barbara Richardson
Bill & Linda Stuteville
Bob Blubaugh & Family
Mary Ann Nelson
Don & Alison Steel
Pattie Ley
Al & Margie McConnaha
Michael & Lisa Nelson

Donation, Memorial and Honorarium Form

I would like my donation to	be used for (select one below):
A donation to the Agency	A donation to the Foundation
A memorial in memory of:	
An honorarium in honor of:	
Please send notification card to:	
Street Address:	
City, State, Zip:	

Thank you for your gift. Please mail form with payment to: BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052



Let BATS take you door to door!

Boone Area Transit System

County Wide, All Ages 482-5220 or 317-873-8939 Monday-Friday, 7:30AM-4:30PM Attention!!!
Southeastrans
Standard Medicaid
Transportation Reservations
Trip Reservation Line: 1-855-325-7586
Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior
Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2021

Due to increasing demand please allow 2 weeks notice to book your next transit appointment.

SENIOR SUGGESTED DONATIONS	Cost:	
Inside city limits (unlimited stops)		
Outside city limits in Boone Co. (unlimited stops)		
SENIOR OUTSIDE COUNTY COSTS		
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone round trip	\$20.00	
Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone round trip		
Airport one-way mandatory pay per person		
Any trip over 30 miles or more one way add \$5.00		
PUBLIC	Cost:	
Charge each time client boards	\$4.00	
Drive-thru to <u>drop off</u> prescriptions only		
Drive-thru to pick up medicine, bank, or fast food		
Outside city limits in Boone Co.		

Incredible Breakfast Bake

Recipe Submitted By: Robin Moffitt

1 can refrigerated flaky jumbo biscuits 8 oz. shredded cheddar cheese 1/2 c. whole milk 1 c. cooked cubed ham 5 large eggs, beaten Salt and pepper to taste

Preheat oven to 350. Spray a 13x9 baking dish generously with nonstick cooking spray. In a large bowl, combine cheese, milk, ham, eggs, salt and pepper. Cut each biscuit into fourths. Gently mix into egg mixture. Transfer to prepared baking dish. Bake for 25 minutes or until eggs are set in the middle and the top is golden brown.

Summer Berry Pie Recipe From: The Restoracy of Whitestown

1 package cream cheese, room temp.

1 tub whipped topping

2 yogurts (same flavor as berries)

1-2 c. berries

1 graham cracker pie crust

Mix cream cheese and yogurt with hand mixer until smooth. Add in 3/4 of the tub of whipped topping. Mix slowly until it is all a consistent color. Fold in fresh berries (if using strawberries, cut into smaller pieces). Pour into graham cracker crust and smooth it out. Spread last bit of whipped toping on top. Cool in fridge at least 2 hours prior to serving. *Works great to make a day ahead. Notes: Try combinations like strawberries and strawberry yogurt, blueberries and blueberry yogurt or raspberry and raspberry yogurt. Cut a few calories by using fat free or low fat options of cream cheese, yogurt and whipped topping.



Kimberly Rowe, activity
Director at The Restoracy
demonstrates how to make the
Summer Berry Pie to our
Lunch and Learn attendees.

Boone County Senior Services



Connecting Generations since 1978

promoting
Independence
providing
Enriching Services

In-Home Care • Transportation Friendly Visitor Program Recreational Activities







A tax deductible gift to the Agency or Foundation will ensure that these services can be continued into the future.

Call 765-482-5220 or 317-873-8939 • www.booneseniors.org



Connecting Generations since 1978

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

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