

BOONE COUNTY SENIOR SERVICES, INC.

SENIOR SOUNDS

Volume XLIII Number 1

Jan./Feb. 2022



Happy New Year from BCSSI! Come join us in 2022!

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Boone County Senior Services, Inc.

2022 Board of Directors

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Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.

515 CrownPointe Dr.,
Lebanon, IN 46052
Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office

Zionsville Town Hall, Rm. 215
Open Wednesday & Friday
9:00AM-4:00PM or by appointment.
765-482-5220 or 317-873-8939
www.booneseniors.org



From the desk of our Executive Director Anita Bowen



This fall, I landed myself at the local emergency room. Got everything worked out now I believe, but I learned a lot from my visit. Having not ever felt the need to have a general practice physician due to good health and great care received through my OB/GYN that I've had

for many, many years, I simply didn't seek one out. However, because I didn't have one, I landed in the "NO DOC" Zone! I chuckle to myself now, but at the time this kind of made feel like I wasn't cared for as much as someone who had their own doctor. It was however no one's fault but my own.

I had, of course, thought about this need many times before, but obviously hadn't gotten serious about doing any research or taking any steps in this direction. This was my slap on the back to get going! I started asking friends for recommendations, as that's how I like to get my referrals, based on input from those I trust. After gathering that input, I made a phone call; was approved to meet with a new physician; and I am happy to say that I have moved out of the DOCLESS ZONE!!

Now that I've tackled this grand feat, I got a list of other "assignments", and it seems I may have been classified to have (or need) a few things related to that AGING word. Have you heard of the colonoscopy? Have you met the bone density scanner? What's this thing called Arthritis? Will the Shingles shot hurt worse than any of the other vaccines that I've had lately? Who had the great idea to create moles (and this is not

the little creatures that tear up your lawn although those seem pesky, too)? If I've heard it once, I've heard it a thousand times from many of you and others throughout my life...*this aging thing isn't for sissies*. That's why I am thankful that I have all of you in my BCSSI Family to help me **tough** it out, as I move into some uncharted territory that promises to bring me some new adventures...and possibly additional writing material for the future! HA! Don't expect that this is going to help me grow up though. I'm still planning on giggling and playing like a kid whenever I get the chance in the coming year and beyond. I also have a couple of ideas for new things that I want to challenge myself to do in 2022.

BCSSI gives you a chance to grow, learn and laugh. Please check out what's happening this winter – and plan to get out and about whenever you can. Remember, if you'd rather not drive, leave the driving to us by scheduling an appointment with BATS and our safe, courteous driver will get you where you need to go. Even if we don't have a planned program or activity going on, your BCSSI Family welcomes you to come visit. I'll meet you in the lobby to bend your ear over a cup of coffee, hot tea or cocoa about what you think just might be coming at my next doctor's visit!

BCSSI is open Monday-Friday, 8 a.m. – 4:30 p.m. in Lebanon and Wednesdays and Fridays, 9 a.m. – 4 p.m. in Zionsville. If you'd like to visit at another time in Zionsville, let us know and we'll make arrangements.

Hoping all good things for each of you in this New Year!

~Until Next Time, *Anita*



Our Christmas Lunch & Laugh in Lebanon was so much fun singing and dancing to the tunes of Steve Elston! Thank you to Homewood Health Campus for the wonderful lunch and **special thanks to the Community Foundation of Boone County & Psi Iota Xi-Omega Chapter** for sponsoring this fun event! Photo credit to Heidi Watson. **The next Lunch and Laugh in Lebanon will be January 19. Turn to page 8 for more info!**



Thank you to everyone who joined us in Zionsville for Lunch & Laugh to close out 2021 with a festive party featuring the amazing vocals of Steve Elston & a delightful lunch and treats from Independence Village Zionsville!! We look forward to more time with you in 2022, and encourage you to invite someone new to join us. **The next Lunch and Laugh in Zionsville will be January 14. Turn to page 10 for more info!**



Thank you to all of our Holiday Silent Auction donors, bidders and winners! The auction was a huge success with more than **\$5,600 profited** to support the efforts of BCSSI. Pictured is volunteer and donor Jane Hammock with her homemade salsa and jams which were a huge hit during the bidding. We look forward to hosting the auction again in 2022!



Thank you to Xi Eta Nu Sorority for providing Christmas gifts bags to our clients. Thank you to sorority member, Lana Hale for coordinating this special project each holiday season. Pictured is BCSSI staff member Jenny Lemen.



We spent an afternoon chilling & painting snowmen! **Thank you to your friends at CrownPointe Assisted Living Facility** for sponsoring our **Winter Muffins & Masterpieces**. Thank you to artist Shirley Luttrell for leading the class.

Thank to our friends at the Hussey-Mayfield Library located in Zionsville for providing many beautiful gifts and fulfilling “wish lists” for our older adults during the holiday season. Pictured is Sarah Moore, Executive Director at the library with Cindy Hickson, Director of Personal Services.



Classy Crafters enjoyed making festive holiday decorations which included Holiday Frame Art and a Christmas ornament. **Turn to page 8 to see more details** about the January 19 and February 16 crafts!

Lunch & Learn on the Road started with brunch and a magic show with magician Scott Starkey, Wizard of Wabash, at the Elite Banquet & Conference Center in Kokomo. The group also enjoyed a spectacular, festive tour of the Seiberling Mansion which was an awesome experience all decked out for Christmas! **Thank you Homewood Health Campus for sponsoring this festive day.**





Thank you to our Board of Directors (pictured below) for our fun Elf themed Staff Christmas Party. Staff members played games, sang loud for all to hear and ate from the four main Elf food groups, candy, candy canes, candy corn & syrup. Just kidding...we stuck to real people food, which was very yummy! Everyday is like Christmas when we are all together.



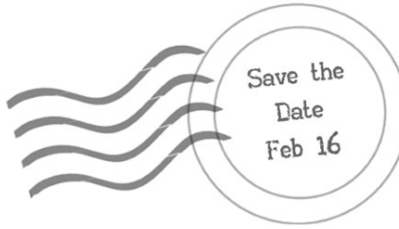
Thank you to Dull's Tree Farm for hosting our staff retreat this past fall. Staff members ventured through the farm, and accomplished the Dull's very own Escape Trail!



Did you know you can rent our community room & kitchen for birthday parties, showers, wedding receptions, graduations and community meetings? For more info and availability contact Jenny at 765-482-5220 or by email jlemen@booneseniors.org.



BCSSI-Community Room
515 CrownPointe Dr
Lebanon, IN 46052



BCSSI's Annual Celebration

"Our Journey Goes On"

Everyone is Invited to Celebrate with us!

February 16, 2022

8:00am– Social Gathering

8:30am-Breakfast

9:00am-Program & Awards

Breakfast Cost per Person \$15.00

Please RSVP by February 7

**765-482-5220 or
317-873-8939**



"I never knew going to an Art Class at BCSSI would change my life so much...I now have Personal Services and love my attendant. I have Thanksgiving meals delivered to my home and we receive items in Gift Bags, and I still get to go the Art Class!!!"
~Dianne & Harold Davis

**Thank
YOU**

**A special thank you to the
Community Foundation of Boone
County for the \$7,500 matching
funds grant which was
successfully matched by our loyal
donors this past fall.**



January/February Classes & Activities

Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Tech Time Tuesday

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction from Yvonne Frankewich. Work on your projects or pick one from the instructor. Tuesdays from **12:00-3:00 PM**. **Call BCSSI for an appointment.**

Classy Crafters

Classy Crafters meets each month on the third Wednesday at **1:00PM**. On **January 19** make a snowman with Barb. Cost is \$5. On **February 16** make a card with Shirley Luttrell & Barb. Cost is \$5. **Call BCSSI to register.**

Art Class

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is **\$7** per class. Shirley will work with beginner or intermediate students and any medium. **Call BCSSI to register.**



Coloring Hour

Bring your own pencils/markers and learn some new coloring techniques from **1:00-2:00PM** on **January 11** and **February 8**. **Call BCSSI to register.**

Lunch & Learn

Join us for a **FREE** program on current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the month at noon** and space is limited. **For reservations call BCSSI.**



- Jan. 5 CANCELLED
- Jan. 19 Lunch and Laugh: Fun and Games with BCSSI
- Feb. 2 Entertainment provided by Glasswater Creek
- Feb. 16 Healthy Heart Lifestyles presented by Clinton House

Legal Assistance

Free legal assistance will be offered on **January 18** and **February 15**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the client other options. Call BCSSI for an appointment.**

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An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **Wednesday, January 26 and February 23**. Call BCSSI for an appointment.

Needlepoint

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. *There will be no instructor. **Call BCSSI to register.** *The group will not meet on January 3.*

Coffee Connection

Join us on **January 13 and February 10 at 9:30AM** for coffee and conversation. **Call BCSSI to register.**



Line Dancing

Wednesday, January 12 and February 9 from 10:30-11:30AM with instructor Cari Ann Clanton. Practice with Heidi and Debbie on **January 26 and February 23**. **Call BCSSI to register.**

Cover to Cover Book Club

Book Club meets the first Tuesday of each month at **1:00PM**. Book Club will meet on **January 4** to discuss, "**The Funeral Dress,**" by **Susan Gregg Gilmore**. The book for **February 1** will be announced at the January meeting. **Contact BCSSI to register.**

Mystery Games Prizes & Goodies

Come join the fun on **Thursday, January 6 and February 3 from 1:00-2:00PM** with Excel Home Health Care. **Call BCSSI to register.**



Last month at Mystery Games & Goodies we donned our ugly Christmas Sweaters loud & proud while we played games & won prizes with our friends from Excel Home Health Care.

November/December Activities Zionsville

Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

BCSSI Zionsville Office

Our Zionsville office is open Wednesday and Friday 9:00AM-4:00PM by appointment.

Please call 765-482-5220 or 317-873-8939 to schedule.

Lunch and Learn at the Town Hall
second Friday of the month at noon. Space is limited. **Call BCSSI to register.**

Jan. 14 Lunch and Laugh: Fun and Games with BCSSI

Feb. 11 "Oops! Don't Fall" with Grand Brook Memory Care

Caregiver Support Group

Caregiver Support Group will meet **January 12 and February 9 in Room 203 of the Zionsville Town Hall from 6:00-8:00PM.** We need to keep it small, so registration is required. **Call BCSSI to register.**

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **Wednesday, January 26 and February 23.** **Call BCSSI for an appointment.**

Zionsville Crafts at the Town Hall

Join us monthly on the second Friday at **1:00PM.**

On **January 14** make a snowman with Barb. Cost is \$5. On **February 11** make a card with Shirley Luttrell.

Cost is \$5. **Call BCSSI to register.**



Art Class

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. **Class is held at the Zionsville American Legion.** Cost is \$7 per class. **Call BCSSI to register.**



"Just a note of thanks to tell you how much I enjoyed Lunch & Learn on Friday. The bag of treats, pizza, chair yoga and finally your teaching us how to make an autumn wreath. I was surprised how pretty mine is on the kitchen table with the candle in the center. I also made a new friend, Maria." Thanks again, Pat James, Zionsville (Pat is pictured at right with her new friend Maria.)

Get Out and Go with BCSSI!



Trips depart from: BCSSI Lebanon

*Zionsville, Thorntown or Jamestown pick-up available for some trips
Contact 765-482-5220 or 317-873-8939*

Shopping

Tippecanoe Mall	Thurs. Feb. 10 9:30AM \$6.00
Shopping at Anson	Thurs. Jan 20 Tues. Feb. 22 9:30AM \$6.00



Our friendly & courteous transit drivers are ready to do the driving for you. Let us help you get to the places you need to go, medical appointments, shopping, social activities and more.

**Boone Area Transit System (BATS)
County Wide...All Ages...!!!
Monday-Friday & 7:30am-4:30pm.
Call 765-482-5220 or 317-873-8939
to schedule your ride.**

BCSSI Travels to Memphis – Home of the Blues, Soul & Rock n’ Roll June 6-10 (Mon.-Fri.)

Cost is \$665 per person, based on double occupancy

Price includes:

- Motorcoach Transportation
- 4 nights lodging in the Memphis area
- 8 meals-4 breakfasts and 4 dinners
- Admission to Graceland– including Airplanes and Car Museum
- Free time on Beale Street in Memphis
- Admission to Sun Studio
- Admission to Memphis Rock ‘N’ Soul Museum



Registration begins at BCSSI, 515 CrownPointe Drive, Lebanon on January 12 from 5:30-6:30PM and January 13 from 11:00AM-12:00PM. Call or email Barb Carrell with questions: 765-482-5220 bcarrell@booneseniors.org

7 TIPS TO BEAT THE WINTER BLUES



BRIGHTEN YOUR HOME
Vitamin D from natural light can help to improve your mood. Make it a daily routine to open your blinds and curtains.



ANTICIPATE AN EVENT
Anticipate an upcoming event or create something to look forward to such as inviting your grandchildren or friend to visit. This can create positive feelings and excitement.



STICK TO A SCHEDULE
Avoid the temptation to alter your schedule to avoid activities and socialization. Stick to your every day schedule.



EAT A BALANCED DIET
Eating the right combination of proteins, carbohydrates, dairy, fruits and vegetables is a natural way to boost your mood and energy.



STAY ACTIVE
Exercise can be vital to lifting up your mood during the winter months. Stretching, walking, and lifting light weights are a few ideas to get you started.



ACCOMPLISH A GOAL
Motivate yourself by adding a goal to your to-do list, big or small, and once it's finished, cross it off.



SOCIALIZE WITH OTHERS
Lift your spirits and shift your perspective by being around others. Attend a church service or volunteer in the community.

Gleaner's Boone County Senior Mobile Food Pantry

3rd Tuesday of each month,
11:00AM-1:00PM

**Pick Up at Boone County
4-H Fairgrounds**

Must be 55 years of age or older, one per household. I.D. is required and bring your own bags or boxes!



BCSSI Book Nook!

We can deliver to your home!

Stop in and select a book from our **BCSSI Bookshelf**. The books are all **NEW!** We ask that you **DO NOT** return the books, pass them along or donate them to the library book sale.

Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact: Jessica Evans at 765-482-5220 or 317-873-8939 or jevans@booneseniors.org



Happy New Year!

You've successfully completed another year as a wonderful family caregiver. Thank you for all that you do! As we wave farewell to 2021, take a moment to reflect on all that you've learned and celebrate your many accomplishments – big and small. Before jumping into the new year, take a moment to think about what *you* need. Taking care of yourself is *not* selfish and is an important part of being an effective and healthy caregiver for the long term. This year, make yourself a priority too and find ways to get regular breaks and time for yourself. We're here to support you with helpful tips, advice, and resources.



BCSSI offers a variety of **FREE personal equipment** such as walkers, canes, wheel chairs, shower benches, toilet seats & more.

***We are in need of rollators & shower seats!
We welcome donations!***

BCSSI offices will be Closed January 3 & 17

This includes all personal services and transportation services. We apologize for any inconvenience.



2022 SUBSCRIPTION TO SENIOR SOUNDS
To continue receiving the Senior Sounds newsletter, please mail this form with your **\$5.00 annual donation to:**

Boone County Senior Services, Inc.
515 CrownPointe Dr, Lebanon, IN 46052

Your Name: _____

Street Address: _____

City, Street, Zip: _____

Save \$5 and receive your newsletter by email:

Thank you!

Leaving a gift in your will ~ culminating a lifetime of generosity...

If you don't have a will, what are you waiting for? There are a dozen good reasons to have a formal document that states what you want to happen with your assets, possessions and legacy when you are gone. And, there aren't any good reasons not to have one - "I haven't got around to it" is not a good reason!

You do have a will? Great! Hopefully you have reviewed its provisions in the last five years, or since a major life event occurred. That is always good advice.

Have you thought about providing for the future of your community through a charitable component of your will? Perhaps the simplest way to give for the future, without making a financial commitment today, is to add Boone County Senior Services Foundation, Inc. (BCSSF) to your will. You can help continue the important community work done by the Foundation.

If you would like to learn more about the power of a thoughtful Will in your estate plan, please stop by or call BCSSI. We will be happy to talk through how you can make a difference in the future of seniors in Boone County through a Legacy gift.

Benefits of a thoughtfully crafted will include:

You can leave a specific asset to BCSSF - through a statement in your will or a "payable on death" agreement. You can direct the balance in a bank, retirement, or investment account to BCSSF upon your demise. You can also leave the back forty, the house, or the coin collection via a statement in your will.

You can leave a percentage of your net estate to BCSSF - you could direct 10% to charity, for example, and divide it as you see best, half to your church and half to BCSSF, perhaps.

A will is easy and inexpensive to set up, and provides peace of mind that your wishes will be carried out after you are gone. It relieves the burden on an heir to guess



BOONE COUNTY

**Senior
Services
Foundation**

For more information on leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc.

515 CrownPointe Dr., Lebanon, IN 46052

sshoup@booneseniors.org

765-482-5220 or 317-873-8939

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.

BCSSI Spotlight

Brenda Burkholder

Brenda Burkholder is a familiar face around our Lebanon office. If you stop on any Thursday, you are likely to see Brenda volunteering at our front lobby desk. Brenda greets each visitor with a warm, friendly smile and works hard to answer their questions. She also answers the phone and lends a hand with other office tasks which include data entry, mailings and creating beautiful, handcrafted birthday cards for our staff and board members to enjoy.



Brenda has been volunteering at BCSSI for more than twelve years.

*A little more about Brenda outside of BCSSI....*Brenda is originally from Wabash, Indiana and graduated from Noble Township High School. She grew up on a family farm and had one brother and enjoyed 4-H where she participated with her cattle and a variety of other projects which included baking.

Brenda and her husband Keith met at Ball State University and have been married for 61 years. They raised their family in Seymour, Indiana so they could be close to Keith's family's business, "Burkholder Funeral Home". Brenda was the bookkeeper and receptionist and obtained a certificate in grief counseling while Keith focused on the behind-the-scenes responsibilities. After 30 years of working and owning the business they decided to sell the funeral home and move to Boone County in 1991. The move brought them closer to their two daughters Katrina Brown and Christina Blesic and their grandchildren who lived in Lebanon. This also allowed them to help with the

grandchildren as needed. Brenda has thoroughly enjoyed living in Boone County. She loves the history of downtown Lebanon and the friendly atmosphere of the residents.

Brenda is extremely creative and enjoys a variety of crafts which includes needlepoint. She most recently crocheted an adorable Santa which contains a candy jar inside. She presented a Santa to each BCSSI office staff member for Christmas...such a special gift we will all cherish!



She also enjoys spending time with her cats and dog and she still loves horses and visits them regularly at her daughter Katrina's farm. She also enjoys travelling and has been to Australia among other places, paints and cooks and loves being a mom, grandmother to three and great grandmother to two.

When asked what is special about BCSSI, she commented that "everyone is wonderful here and I have never worked for such nice people as those at BCSSI". She also stated "BCSSI does more than what most people are aware of and there is a variety of activities and services such as public transportation for all ages."

We are truly grateful for Brenda's time and service at BCSSI. We will miss her as she has decided to officially retire from volunteering at the front desk. We still plan to see her at some of our activities such as crafts! Thank you Brenda for your more than twelve years of volunteering at BCSSI! We will miss you but we still plan to see you regularly!!!

BCSSI Personal Services Division is hiring!



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI. Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer. Background check required.

Cindy Hickson
Contact 765-482-5220 or 317-873-8939
or chickson@booneseniors.org

Boone Area Transit System (BATS) is looking for drivers!



Individuals must be willing to obtain (or already have) a license with "for hire" endorsement, must pass a physical exam, drug test and background check and must be able to operate a wheelchair lift (training provided).

**Contact Director of Transportation
Cindy Elliott 765-482-5220 or
317-873-8939 or
cindy@booneseniors.org for a
complete job description.**

Boone County Senior Services, Inc. is
an Equal Opportunity Employer.

Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

A donation to the Agency A donation to the Foundation

A memorial in memory of: _____

An honorarium in honor of: _____

Please send notification card to: _____

Street Address: _____

City, State, Zip: _____

Thank you for your gift. Please mail form with payment to:

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

BCSSI Memorial & Honorarium Gifts

In Memory of Ida Vansaudall

Bill & Linda Stuteville

In Memory of David Budd

Bill & Sharon Walker
Charles & Shirley Tobin

In Memory of Larry Hackett

Bill & Sharon Walker

In Memory of Trevor Schamihorn

Bill & Sharon Walker

In Memory of Ed Rice

Bill & Sharon Walker

In Memory of Aaron Everett

Bill & Sharon Walker

In Memory of Carol Landau

Tom & Judy Cunningham

In Memory of Marcia Mossman

Jim & Christina Bush

In Memory of Mike Click

George & Barbara Anderson

In Memory of Mary Jane Limp

George & Barbara Anderson
Don & Janet Barnett

In Memory of Duane Morris

Erin & Janie Flory

In Memory of David E. Henry, Sr.

Betty Henry

In Memory of Claude R. Sparks

Katheryn Sparks

In Memory of Lowell Ross

Jim & Christina Bush

In Memory of James Bowen

Rob & Zoe Farrow
Jack & Kathryn Chase
Darren & Dustine Chase
Ron & Marilyn Neese
Tom & Judy Cunningham
Chuck & Cindy Hickson & Family

In Memory of Dale Beason

Diana Beason

In Memory of Teresa Lloyd

Cindy Hickson

In Memory of Joe Harrison

Chuck & Cindy Hickson & Family

In Memory of Bill Ridge

Diana Beason
Glady's Dickey & Family & Tony,
Audry, Eric, Art, Alvin & Family
Lebanon Christian Church
Chuck & Cindy Hickson & Family

In Honor of Jack & Kay Chase

Breann & Joe Fink

In Honor of Yvonne Frankewich

Barbara Anderson, Eva Bohannon,
Carolyn Dunham & Kay Horner

In Honor of Cindy Hickson

Richard Stroup & Debra McGuff

In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Jim Limp, WWII Veteran
- Marvin Bishop, Battle of the Bulge/early arrival liberation of Aachen, Germany
- Floyd Newkirk, Mediterranean/ European Theaters
- Phil Thrine, USN
- Note Truelock, USN Caribbean
- Odette Chase, Child in France under occupation
- Irwin Martin, Combat Infantry Korea
- Terry Bayles, Combat Infantry, Tet Offensive, Vietnam
- Charlie Acton, USN Korean War Era
- Doc Hardin, WWII Service

Boone County Senior Services Foundation, Inc. Memorials & Honorariums

In Memory of Dr. Russell "Doc" Hardin

Alan & Ruth Ann Townsend

In Memory of Rose Marie Ferguson &

In Memory of Donna Busenbark

Nancy Busenbark



**Let BATS
take you
door to
door this
winter!**

**Boone Area
Transit System**
County Wide, All Ages
482-5220 or 317-873-8939

Attention!!!
Southeasterns
Standard Medicaid
Transportation Reservations
Trip Reservation Line: 1-855-325-7586
Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2022

Due to increasing demand please allow 2 weeks notice to book your next transit appointment.

SENIOR SUGGESTED DONATIONS	Cost:
Inside city limits (unlimited stops)	\$5.00
Outside city limits in Boone Co. (unlimited stops)	\$10.00
SENIOR OUTSIDE COUNTY COSTS	Cost:
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone round trip	\$20.00
Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone round trip	\$15.00
Airport one-way mandatory pay per person	\$25.00
Any trip over 30 miles or more one way add \$5.00	\$5.00
PUBLIC	Cost:
Charge each time client boards	\$4.00
Drive-thru to drop off prescriptions only	N/C
Drive-thru to pick up medicine, bank, or fast food	\$3.00
Outside city limits in Boone Co.	\$6.00

White Rotisserie Chicken Chili

Recipe From thekitchn.com

- | | |
|---|--|
| 2 Tbsp. Olive Oil | 2– 4 oz. cans diced green chiles |
| 1 large onion, diced | 2 tsp. ground cumin |
| 2 cloves garlic, minced | 1 tsp. dried oregano |
| 6 c. low sodium chicken broth | 1 1/2 tsp. kosher salt |
| Shredded meat from 1– 2lb. plain rotisserie chicken | 1/4 tsp. cayenne (optional) |
| 2– 15 oz. cans white beans, rinsed & drained | 1 lb. frozen corn kernels |
| | Sour cream, diced avocado, crushed tortilla chips and cilantro for serving |

In a large Dutch oven, heat olive oil over med-high heat until shimmering. Sauté onion until soft, about 5 mins. Add garlic and sauté 1 minute. Add chicken broth, chicken, beans, chiles, cumin, oregano, salt and cayenne. Simmer covered, 20 mins. Add corn and simmer until cooked through, about 1 minute more. Season to taste and serve with desired toppings.

Taco Pockets

Recipe From foodnetwork.com

- | | |
|-------------------------------|-------------------------------------|
| 1 1/3 lb. ground sirloin | 4– 12” soft flour tortillas |
| 1 small onion, finely chopped | 1 c. mild taco sauce |
| 2 cloves garlic, chopped | 1 romaine heart, shredded |
| 1 Tbsp. ground cumin | 2 plum tomatoes, seeded and chopped |
| 1 Tbsp. chili powder | 2 c. shredded Monterey jack cheese |
| 1 tsp. salt | Mild Salsa |
| 1 Tbsp. vegetable oil | |

Combine meat, onion, garlic, spices and salt and form into four patties. Fry over medium-high heat in 1 Tbsp. oil for 7 minutes on each side. Heat a flour tortilla in a skillet and put on a plate. Spread with 1/4 c. taco sauce. Put lettuce, tomatoes and cheese in center of tortilla. Top with a burger patty. Wrap tortilla up and over patty on all four sides. Turn over and cut in half on the diagonal. Serve with Salsa.

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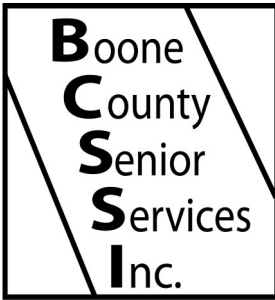
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