

Share, Support & Learn with

# Independence Village SENIOR LIVING

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## Are you

- · Caring for a family member or friend?
- Feeling depressed, anxious or stressed?
- Overwhelmed?
- Looking for a place to vent & share ideas with others in a similar situation?

### People caring for people need help & support.

Our caregiver support group will provide a safe & nurturing space for caregivers in our community to build relationships, share information & resources, vent frustrations & gain emotional support.

You don't have to do it alone!

Funded in part by:



### **Caregiver Support Group**

Every 2nd Wednesday of the month 6:00pm-8:00pm

# Independence Village Zionsville West

(behind Meijer) 6800 Central Blvd Zionsville, IN 46077 317-973-0220

Facilitated by:

Jessica Evans, Director of Outreach BCSSI-Boone County Senior Services, Inc.

Call BCSSI to register **765-482-5220 or 317-873-8939** 

Sponsored by:

Independence Village Zionsville West 6800 Central Blvd Zionsville, IN 46077 317-973-0220

and

#### BCSSI Lebanon Office

515 Crownpointe Drive Lebanon, IN 46052 765-482-5220

#### **Zionsville Office**

1100 W. Oak St. Rm. 215 Zionsville, IN 46077 317-873-8939

www.booneseniors.org





