

BOONE COUNTY SENIOR SERVICES, INC.

SENIOR SOUNDS

Volume XLIV Number 6

Nov./Dec. 2023



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Auction

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National Family
Caregiver's Month

...And More!

Congratulations to our very own Boone Area Transit System (BATS) for being selected as October's Boone County Chamber Impact Award Recipient! BATS is reliable, timely, and dedicated to helping out the citizens of Boone County. Whether you are 18 years old or over 60, the BATS is here to provide you with transportation.
Congratulations, we are proud of you!!!

765-482-5220



317-873-8939

@bocoseniors

Boone County Senior Services, Inc.

2023 Board of Directors

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Anita Bowen
Executive Director

Sonya Shoup
Newsletter Editor,
Director of Development



Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.

515 CrownPointe Dr.,
Lebanon, IN 46052
Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office

Zionsville Town Hall, Rm. 206
Open Wednesday & Friday
9:00AM-4:00PM or by appointment.

765-482-5220 or 317-873-8939

www.booneseniors.org



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From the desk of our Executive Director Anita Bowen



A fault that I have is looking ahead to days and events in the future and perhaps missing out on something that is happening right now...today. During a recent vacation, I was blessed to visit a spa and to enjoy a

massage. The massage therapist whispered some words to me as we were getting started. One phrase really resonated with me. It was, "**stay here**". In other words, stay present in this moment and don't miss out on anything that this experience has to offer. I was on vacation, so I think I did a much better job of not thinking about thirty different things on my "to do" list while enjoying the awesome, relaxing experience. But I was reminded that I need to do a better job when not on vacation of "staying here", and I vowed to work harder at this once I returned to my regular life.

Now that I have returned to my regularly scheduled program back at home, I have had to repeat that tiny phrase a few times when I started to get ahead of myself. I know that this is going to be even more important as we roll into the holiday season and life gets yet more hectic. I also like to remind myself that there are some things that I don't have to put on my schedule, so perhaps

making very careful choices during the next two months will help me to be more relaxed and to stay present "here" in each opportunity that I am given or places I choose to be.

As usual, BCSSI will finish the year strong with our own regular programs + a few special activities and events to celebrate the season! If you have not stopped by the Holiday Silent Auction in past years, I would encourage you to check out all the details in this issue of Senior Sounds. The Community Room will be transformed into a unique shopping experience as many wonderful, one-of-a-kind items and packages have been donated and will be up for bid during November 10-16. All the proceeds benefit BCSSI and support the programs and services that we offer all year long.

I thought about putting a permanent "X" on the back of my hand to be a constant reminder of the importance of staying here...but, I have not taken that bold action yet and seem to do be doing alright. You might check my hand when you see me next to see if I have gone that far! HA

Wishing you and yours a peace-filled Christmas and an end to 2023 that leaves you reflecting on all the beautiful memories that you can keep in your heart.

Until Next Time, *Anita*

What's happening at BCSSI...



We are pleased to announce that you helped us reach our matching grant goal! Thank you to all of our donors for your generous support!! We raised more than \$20,000 and received a \$20,000 matching grant from the Community Foundation of Boone County. The Community Foundation focused their second cycle of grants on the education and development of our community's elderly.

Thank you and congratulations to our record setting, 199 BCSSI Olympic participants! Turn to pages 6-7 for medal results and page 11 for additional pictures.



Congratulations to our first 100 year old Olympic participants, Betty Meeker and RoseMary Martin who were crowned princesses for the week.



Lilly's Global Day of Service was a rainy & foggy one but this crew brought their own sunshine & really brightened up our day at BCSSI by sprucing up our grounds. Over 100 Eli Lilly members were out & about working on projects throughout Lebanon. Thank you Eli Lilly and Company for giving back to the community!

Mystery Games & Goodies had some Halloween fun with a costume contest! Congratulations to Linda Phillips (center) who was selected best costume.



Lunch & Learn on a the road traveled to Navy Pier and enjoyed lunch and a cruise on the Spirit of the Navy Pier.





Connecting Generations since 1978



4th Annual Holiday SILENT AUCTION

Something for everyone on your Christmas list!!!

All proceeds support the mission of BCSSI!



@bocoseniors

Bids made in person

BCSSI Community Room
515 Crownpointe Dr
Lebanon, IN 46052

Nov 10, 8:30am-4:00pm
(Sat) Nov 11, 9:00am-11:00am
Nov 13-15, 8:30am-4:00pm
Nov 16, 8:30am-5:00pm (Bidding Closes)

Event subject to change.

A variety of items will be offered for bidding!

www.booneseniors.org



Thank you for a record setting 2023 Senior Expo!

Media Sponsor:
The Lebanon Reporter





OLYMPIC MEDAL RESULTS

EUCHRE:

GOLD: Patsy Staton & Gary Ottinger
SILVER: Brenda Fisher & Deb Wells
BRONZE: Sam Vickrey & Sharon Renfro

BOCCE

GOLD: David Pfeiffer & Judy Cunningham
SILVER: Cathy Acton & Cindy Aguirre
BRONZE: David Means & Doug Vawter

TABLE TENNIS

Women

GOLD: Cathy Acton
SILVER: Debbie Trupe
BRONZE: Cindy Aguirre

Men

GOLD: Chuck Trupe
SILVER: Jim Sauer
BRONZE: Frank Hensley

BOWLING

Women

60-69

GOLD: Debbie Maxwell
SILVER: Cathy Adams
BRONZE: Linda Silberg

70-79

GOLD: Donna McDaniel
SILVER: Peggy Carter
BRONZE: Sandy Jeffers

80-89

GOLD: Donna Jones
SILVER: Sue Handlon
BRONZE: Janie Briggs

Men

60-69

GOLD: Chuck Trupe
SILVER: Terry Horlacher
BRONZE: Gary Hafenbridle

70-79

GOLD: Robert Klaus
SILVER: Roger Fogle
BRONZE: Russ Handlon

80-89

GOLD: Keith Witt
SILVER: Glenn Andrew

90-99

GOLD: Sam Vickrey
SILVER: John Quinn
BRONZE: Bill Alexander

TRACK & FIELD

SOFTBALL THROW

Women

60-69

GOLD: Angela Lennox
SILVER: Cathy Adams

70-79

GOLD: Vicky Deckard
SILVER: Donna McDaniel
BRONZE: Shirley Hester

80-89

GOLD: Evelyn Huser
SILVER: Sharon Stradling
BRONZE: Janet Pickering

90-99

GOLD: Shirley O'Neal
SILVER: Wilma Cowell

Men

60-69

GOLD: Jim Sauer
SILVER: Kevin VanHorn
BRONZE: Gary Hafenbridle

70-79

GOLD: Aaron Smith
SILVER: David Pfeiffer
BRONZE: Doug McDonald

80-89

GOLD: Keith Witt
SILVER: Jack Kelley

90-99

GOLD: Sam Vickrey
SILVER: Gary Metzger

SHOTPUT

Women

60-69

GOLD: Cathy Adams

70-79

GOLD: Donna McDaniel
SILVER: Vicky Deckard
BRONZE: Sandy Jeffers

Men

60-69

GOLD: Kevin VanHorn
SILVER: Chuck Trupe

BRONZE: Jim Sauer

70-79

GOLD: Aaron Smith
SILVER: David Miller
BRONZE: Doug McDonald

80-89

GOLD: Keith Witt

90-99

GOLD: Sam Vickrey

200 METER RUN

Women

60-69

GOLD: Angela Lennox
SILVER: Cathy Adams

70-79

GOLD: Donna McDaniel

Men

60-69

GOLD: Kevin VanHorn
SILVER: Bill Fogle
BRONZE: David Miller

70-79

GOLD: David Pfeiffer
SILVER: Doug McDonald
BRONZE: Jim Harris

80-89

GOLD: Jack Kelly

400 METER RUN

Women

60-69

GOLD: Angela Lennox
SILVER: Cathy Adams

Men

60-69

GOLD: Chuck Trupe
SILVER: Kevin VanHorn
BRONZE: William Fogle

70-79

GOLD: David Pfeiffer

80-89

GOLD: Jack Kelley

800 METER RUN

Women

60-69

GOLD: Angela Lennox

80-89

GOLD: Evelyn Huser

Men

60-69

GOLD: William Fogle
SILVER: David Miller
BRONZE: Chuck Trupe

70-79
GOLD: David Pfeiffer
80-89
GOLD: Jack Kelley
1600 METER FAST WALK

Women
60-69
GOLD: Cathy Adams
70-79
GOLD: Jessica Smith
80-89
GOLD: Deanna Baumer

Men
60-69
GOLD: Chuck Trupe
SILVER: William Fogle
BRONZE: Jim Sauer
70-79
GOLD: David Pfeiffer
SILVER: Doug McDonald
BRONZE: Aaron Smith

80-89
GOLD: Jack Kelley
SILVER: Keith Witt

CORNHOLE
23 FEET

GOLD: Mike Mustin & Richard Smith
SILVER: Gary Hafenbridle & J. Robinson
BRONZE: Jim Sauer & Keith Witt

18 FEET

GOLD: Donna McDaniel & Donna Newman
SILVER: Jack Allen & Sue Handlon
BRONZE (TIE): Rebecca Battcher & Beth Bruemmer, Bonnie Revel & Shirley Hester

BASKETBALL SHOOT

Women
60-69
GOLD: Cathy Acton
SILVER: Cindy Aguirre
BRONZE: Melanie Dickerson

70-79
GOLD: Sandy Jeffers
SILVER: Shirley Hester
80-89
GOLD: Sandra Horlacher
SILVER: Patty Golladay

Men
60-69
GOLD: Kevin VanHorn
SILVER: Jim Sauer

BRONZE: Dennis Carrell
70-79
GOLD: Doug McDonald
SILVER: Russ Handlon
BRONZE: David Means

80-89
GOLD: Keith Witt
90-99
GOLD: Sam Vickrey

GOLF
9 HOLES

Women
60-69
GOLD: Cathy Adams
70-79
GOLD: Carolyn Koontz
SILVER: Pam Peercy
BRONZE: Cathy McHargue

Men
60-69
GOLD: Rodney Zimmerman
SILVER: Chuck Trupe
BRONZE: Kevin VanHorn

70-79
GOLD: Dave Rusie
80-89
GOLD: Bill Priesmeyer
90-99
GOLD: Gary Metzger
SILVER: Sam Vickrey

18 HOLES

Women
60-69
GOLD: Brenda Davis
70-79
GOLD: Carolyn Koontz
SILVER: Pam Peercy
BRONZE: Cathy McHargue

Men
60-69
GOLD: Scott Swisher
SILVER: Mike Mustin
BRONZE: Butch McNew

70-79
GOLD (TIE): Robert Bevington & Doug Vawter
SILVER: Randy Sloan
BRONZE: Buddy Hodgdon
80-89
GOLD: Glenn Andrew

SILVER: Jerry Miller
BRONZE: Frank Hensley

PICKLEBALL

Women
GOLD: Donna McDaniel
SILVER: Lisa Mattingly
BRONZE: Cathy Acton

Men
GOLD: Gary Hessel
SILVER: Brad Gilchrist
BRONZE: Mike Mustin

**Thank you to our 2023
Olympic Sponsors:**

Witham Health Services

Homewood Health Campus

**Boone County Senior
Services Foundation, Inc.**

Minute Print It

McDonald's of Lebanon

Hoosier Village

Edward Jones

United Healthcare

Guardian Angel Hospice

Riner Enterprises

Home National Bank

The Farmers Bank

North Salem State Bank

**Signature Healthcare at
Parkwood**

CrownPointe of Lebanon

The Waters of Lebanon

**Boone County Sheriff's
Office**

**Heritage Home Health
Services**

**Parr Richey Patterson &
Kruse**

Autumn Trace

The Lebanon Reporter

Radio Mom 91.1FM

Nov./Dec. Classes & Activities
Call 482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Classy Crafters

Classy Crafters meets each month at **1:00PM**. On **November 15** make a Snowman with Diana Miller. Cost is \$5. **There will be no craft in December. Call BCSSI to register.**

Legal Assistance

Free legal assistance will be offered on **November 21 & December 19**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the other options. Call BCSSI for an appointment.**

Coffee Connection to the Community

Join us for coffee and conversation on **November 9 & December 14 at 10:30AM**. Call BCSSI to register.

Life Moves On

A meeting place for widows and widowers. The group will meet on **Thursday, November 16 & December 28 from 10:30-11:30AM**. Call BCSSI to register.

Line Dancing

Wednesday, November 8 & 22 and December 13 & 27 from 10:30-11:30AM. Call BCSSI to register.

Lunch & Learn

Join us for a **FREE** program on current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the month at noon and space is limited**. **For reservations call BCSSI.**



- Nov. 1 Parkinson's Presentation & lunch by The Stratford
- Nov. 15 Holiday Trivia & lunch by the Waters of Lebanon
- Dec. 6 NO LUNCH & LEARN
- Dec. 20 Holiday Party w/ Jennifer Johnson. Lunch by Homewood Health Campus

Muffins & Masterpieces

Join us on December 14 at 1:30PM in Lebanon to paint this adorable snowman and enjoy some delicious treats! Call BCSSI to register.



Sponsored by CrownPointe of Lebanon

Mystery Games & Goodies

Come join the fun on **Thursday, November 2 & December 7 from 1:00-2:00PM**. Call BCSSI to register.

Nov./Dec. Classes & Activities

Call 482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **Wednesday, November 22 & December 27. Call BCSSI for an appointment.**

Art Class Holiday Cancellations

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$7 per class. Shirley will work with beginner or intermediate students and any medium.

***CLASS WILL NOT MEET on November 23 or December 21 & 28.**

***Call BCSSI to register.**

Medicare Open Enrollment Assistance

Appointments available **Wednesday, November 1 and November 15. Call BCSSI for an appointment**

Needlepoint

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.**

Cover to Cover Book Club

Book Club meets the first Tuesday of each month at **1:00PM**. Book Club will meet **November 7** to discuss *Little Pretty Things* by Lori Rader-Day. The book for **December 5** will be announced at the November meeting. **Contact BCSSI to register.**

Tech Time

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction. Appointments available on Tuesday afternoons.

Call BCSSI to register.

**Crafting After Hours
with
Artist Leisa Burgin
Monday, Dec, 4th
5-6:30 p.m.**



Create a One-of-A-Kind Wrap Bracelet

- Variety of colors and types available
- One-on-one instruction as needed
- Excellent quality materials
- \$25/guest (all ages)
- Make one to give as a gift ...or gift to yourself!!

Must RSVP by November 22nd

Nov./Dec. Activities Zionsville
Call 317-873-8939 for Registration and Information
Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

BCSSI Zionsville Office

Our Zionsville office is open
Wednesday and Friday
9:00AM-4:00PM

Caregiver Support Group

Caregiver Support Group will meet on **December 13 at 6:00PM**. There will **NOT** be a meeting on **November 8**. Support group meets at **Independence Village West**, 6800 Central Blvd, Zionsville (behind Meijer). Facilitated by Jessica Evans.

Art Class Holiday Cancellations

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. *This class is currently full, call BCSSI to be placed on the waiting list. *Class will not meet on December 19 & 26.**

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **Wednesday, November 1 & December 6**. Call BCSSI for an appointment.

Lunch and Learn at the Town Hall
second Friday of the month at noon. Space is limited. **Call BCSSI to register**.

Nov. 10 NO LUNCH & LEARN

Dec. 8 Holiday Party w/ Jennifer Johnson.
Lunch by The Stratford

Zionsville Crafts at the Town Hall

Join us monthly on the second Friday at **1:00PM**. There will be no craft in **November or December**.

Sip & Learn

Join us on the first Friday of the month at **10:00AM** in the Zionsville Town Hall.

November 3: Meet Amanda Vela, Zionsville Town Hall Communications Director. **December 1:** CANCELLED
Call BCSSI to register.



Thank you to our amazing Senior Sounds volunteers for working hard to get your newsletter to YOU!

Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon

Zionsville, Thorntown or Jamestown pick-up available for some trips



Shopping

Christmas Gift & Hobby Show
\$10 at the door, age 65+ w/ ID

Weds. Nov. 8
9:00AM \$6.00

Christmas Lights

Christmas Lights at TPA Park, Frankfort

Tues. Dec. 5
6:00PM \$6.00

Save the Date 2024

BCSSI Bus Trip
The Ark Encounter & Creation Museum
June 25-27, Williamstown, Kentucky
More info to come!



**BCSSI
Olympics
2023**



National Family Caregivers Month is celebrated each November and is a time to recognize and honor family caregivers across the country. This year's theme is #CaregiversConnect.

Celebrating Family Caregivers during National Family Caregivers Month enables all of us to:

- Raise awareness of family caregiver issues
- Celebrate the efforts of family caregivers
- Educate family caregivers about self-identification
- Increase support for family caregivers
- Reduce feelings of isolation



For National Family Caregivers Month 2023, the #CaregiversConnect campaign highlights the importance of connections—as a way to get information about your loved one's disease or condition, share experiences, get support, or form a closer bond with your loved one.

When #CaregiversConnect, whether it's for support, to get information, or just to talk to someone who understands what you're going through, it can help you feel less isolated. You are not alone.

Caregiver Action Network is the organization that chooses how to celebrate National Family Caregivers. Go to www.caregiveraction.org for more information and resources to help you as a caregiver. #NFCMonth #familycaregivers

Caring
Always there
Ready to give their all
Encouraging
Gracious
Incredible
Valuable
Exceptional
Respectable

Source: iSeniorSolutions

The Caregiver Navigator

Caregiving is paper intensive...important documents, prescriptions, notebooks, receipts, and schedules related to illness, treatment, and appointments. As a caregiver, your binder is your mobile caregiving center. Use the Caregiver Navigator to organize your loved one's caregiving journey!



Go to www.booneseniors.org/resources to download a copy or for a FREE hard copy contact our office.

Meet Our Staff Maria Shephard Personal Service Attendant

Maria has been with BCSSI for 22 years and is on the Personal Services team. She first learned about BCSSI through her mother's close friend who was familiar with our services and suggested that Maria would be a good fit to join the Personal Services program (at that time it was called the Homemaker program).

As a Personal Service Attendant, Maria has not only served as a caregiver to her clients but she has also formed a close friendship with many of them. "I enjoy becoming friends with my clients and the opportunity to spend time with them. My job also allows me to provide a variety of services and care including respite and attendant care to seniors. I also find it meaningful to provide relief to the client's caregivers so they can not only take care of themselves but some of their other responsibilities outside of caregiving. I had the opportunity to help Barb and



George Anderson. I would spend time visiting with George and helping around the home while Barb was able to attend to others things like getting her hair cut and visiting with friends for lunch. It is a way to give the caregiver a "time-out" for themselves."

When asked what advice she has for other caregivers Maria stated "Enjoy the good times and always remember that if you have a bad day another good day will come....it is normal as a caregiver to have tough days."

Maria has spent a good portion of her life as a caregiver both professionally and personally. She was blessed to be her mother's caregiver for many years. Maria's mother, Johanna Mohringer, is a Legacy donor and recognized on our Legacy Tree. Maria is proud of her mother's servant heart and the contributions she gave to society. Now we know where Maria gets her big heart and care for others.



Maria has lived in Boone County most of her life and she has four adult children and two step children with her husband Louie. Combined, they have eleven grandchildren. She enjoys a variety of crafting and sewing which includes crocheting, cross stitching, decorating eggs, making doll clothing and jewelry, She owns several dogs, cats, chickens and two peacocks!

Thank you Maria for your dedication to the Personal Service program and the heart-felt care you give to so many Boone County residents.

Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact:

Jessica Evans at 765-482-5220 or
317-873-8939 or

jevans@booneseniors.org

GIVING TUESDAY

November 28, 2023

GivingTuesday is a global movement unleashing the power of generosity. Giving Tuesday was created in 2012 as a simple idea: a day that encourages people to do good. Since then, it has grown into a year-round global movement that inspires millions of people to give, collaborate, and celebrate generosity.

Join the movement and give – It's a simple idea: whether it's making someone smile, helping a neighbor or stranger out, showing up for an issue or people we care about, or giving some of what we have to those who need our help, every act of generosity counts and everyone has something to contribute toward building the better world we all want to live in.

**BCSSI offices will be closed
Dec. 1 for our Staff
Holiday Party &
Nov. 23-24 & Dec. 25-
26 for the Holidays.**

This includes all personal services and transportation services.

We apologize for any Inconvenience.

The Zionsville office only will be closed on Nov. 10 for Columbus Day due to the Townhall being closed.

sorry, we're
CLOSED



**BCSSI
Book Nook!**
Stop in and select a
FREE book from our
BCSSI Bookshelf.

We ask that you **DO NOT** return the books,
please pass them along to a friend!

**Are you a stay at home mom or
a retiree looking for a
PART-TIME JOB that will make
a positive difference in the life
of an older adult?
Then you should join our
Personal Services team!**



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI.

Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer.

Background check required.

**Contact 765-482-5220 or 317-873-8939 or
chickson@booneseniors.org**

BCSS Foundation Recognizes New Legacy Donors

The Boone County Senior Services Foundation is excited to announce two new leaves have recently been added to the beautiful Legacy Tree. Thank you to Jane Dean and Richard and Jeanne Wait for their generous donations to the Foundation's Legacy Program. Each donor is recognized with their name engraved on a leaf and then placed on the Legacy Tree.



Pictured is Sherri Etter, Jane's daughter accepting the leaf and placing it on the Legacy Tree. Sherri



is pictured with Board Members Erin Herr, Colleen Thomas, Sharon Walker and staff members Anita Bowen and Sonya Shoup.

Colleen Thomas and Sharon Walker had the honor of placing the Richard and Jeanne Wait's leaf on the tree.



The Legacy program was created to give donors the opportunity to make extraordinary gifts that will make an impact and help BCSSI continue services well into the future.

To learn more about making a donation to the Legacy Program and how you might be eligible for tax benefits, or fund a special program or help meet the changing needs of the organization, contact us using the information below.

BOONE COUNTY

**Senior
Services
Foundation**

For more information about leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc.
515 CrownPointe Dr., Lebanon, IN 46052
sshoup@booneseniors.org
765-482-5220 or 317-873-8939

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.

FREE Estate Planning Workshop

**November 2, 5:30-7:00PM
BCSSI Community Room**

Guest speakers:

Rick Elsbury

Financial Advisor, Edward Jones

Katherine M. Moore

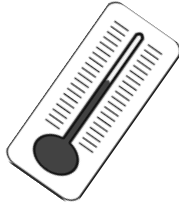
Attorney, Parr Richey Frandsen

Patterson Kruse

Boxed meal provided, RSVP
765-482-5220 or 317-873-8939

Do you need Energy Assistance this Winter?

Contact Area IV
Agency on Aging and
Community Action
Programs, Inc.
765-447-7683 ext. 232



Or, Dial 2-1-1 for Information
and Assistance

Meals on Wheels



Lebanon
317-946-2911
765-894-0010
765-482-4563
Zionsville
317-258-9853
Central Indiana
317-252-5558

Need HELP with your Medicare
plan comparisons for open
enrollment?



317-803-6131
[www.cicoa.org/
adrc/ship](http://www.cicoa.org/adrc/ship)

Or, contact: Crystal Cole
Senior Insurance Solutions
765-891-0537
cdcole333@yahoo.com

The Boone County Health Department Flu Vaccines



FREE Flu Vaccines
Ages 6 months and older
Monday-Friday 8a.m. - 4p.m.

Covid Vaccines available by
appointment only.

Boone County Office Bldg. Ste B202
116 W. Washington St., Lebanon
765-482-3942 option 3

*Home visits are available by
appointment for homebound residents.*



Gleaner's Boone County Senior Mobile Food Pantry

3rd Tuesday of each month
11:00AM-1:00PM

Drive Thru Pick Up at the
Boone County 4-H Fairgrounds
Must be 55 years of age or older,
one per household.



BCSSI Memorial & Honorarium Gifts

In Memory of Al McConaha

Chuck & Cindy Hickson

In Memory of Barbara Quellhorst

Jon & Sandra Robinson

In Memory of Carol J. Belcher

Jon & Sandra Robinson

In Memory of David Summers

Charlene Hackett

In Memory of Dwight Bridge

Jane & Jon McKee

Jon & Sandra Robinson

In Memory of John D. King

Pamela Carney

In Memory of Joyce Luse

Steve & Sandy Martin & Family

In Memory of Lucille Brunas

Jon & Sandra Robinson

In Memory of Meredith Sloan

Chuck & Cindy Hickson & Family

In Memory of Sandra McCormack

Diana Kohn, Jane Kerwin, & Sue Scott

Polly Schyvinck

Dawn Kempen

In Honor of Chuck Ritz

Kenny Kincaid

Chris Hedge

Donald Gollither

In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Benny Campbell, U.S. Air Force
- Charles Slaughter, Philippines/Okinawa/Purple Heart & Bronze Star medal
- Jim Evans, Battle of the Bulge
- Marion Adams, Italy/France
- Russell Swisher, Marched in Paris Liberation Parade/Huertgen Forest/Battle of the Bulge
- George Cox, Channel Crossing torpedo survivor/France
- Dr. Robert Coons, combat medic ETO/Purple Heart & Silver Star medals
- Alvin Ping, WWII Submarine crewman

Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

_____ A donation to the Agency

_____ A donation to the Foundation

_____ A memorial in memory of: _____

_____ An honorarium in honor of: _____

Please send notification card to: _____

Street Address: _____

City, State, Zip: _____

Thank you for your gift. Please mail form with payment to:

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052



Do you need a larger room & kitchen for your upcoming holiday event or family gathering?

Our Community is available for rent!

Rental includes the use of our room, tables and chairs, catering kitchen and restrooms. Contact BCSSI for more information.

Completed rental agreement and deposit required to reserve the room.

Let BATS take you door to door this winter!



**Boone Area
Transit System**
County Wide, All Ages

765-482-5220
317-873-8939
Monday-Friday
7:30AM-4:30PM

**Attention!!!
VERIDA
Standard Medicaid
Transportation Trip
Reservation Line:
1-855-325-7586**

Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

**Contact our office for
Boone Area Transit pricing.
2024 pricing will be listed in the
Jan/Feb Senior Sounds!**



Even our BATS drivers love a little friendly competition!
Driver Doug McDonald proudly wears his Olympic medals!
Congrats Doug!



BCSSI

**In-Home Care • Transportation
Friendly Visitor Program • Recreational Activities**



promoting
Independence
providing
Enriching Services

Connecting Generations since 1978

A tax deductible gift to the Agency or Foundation will ensure that these services can be continued into the future.



Call 765-482-5220 or 317-873-8939 • www.booneseniors.org

Butternut Squash Soup

From: gimmesomeoven.com

1 Tbsp. olive oil
1 onion, peeled & diced
4 cloves garlic, peeled & minced
2 c. vegetable broth
1 carrot, peeled & chopped
1 Granny Smith apple, cored & chopped
1 3-4lb. butternut squash, peeled & diced

1 sprig fresh sage
1/8 tsp. cayenne
Pinch of cinnamon & nutmeg
1/2 c. unsweetened coconut milk
Salt & pepper to taste
Optional toppings: nuts, crumbled
bacon, parmesan cheese, and/or greens

Heat oil in a large stockpot over med-high heat. Sauté onion until soft, add garlic and sauté for 1-2 more minutes. Add broth, carrot, apple, squash, sage, cayenne, cinnamon & nutmeg. Cook until soup reaches a simmer. Reduce heat to med-low, cover and cook 20-30 minutes until vegetables are tender and mash easily with a fork. Remove sage. Stir in coconut milk. Puree soup with an immersion blender until smooth. Serve with optional toppings if desired.





*Connecting Generations
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

**BOONE COUNTY SENIOR SERVICES, INC.
515 CROWNPOINTE DRIVE, LEBANON, IN 46052**

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www.booneseniors.org
Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.



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