BOONE COUNTY SENIOR SERVICES, INC. SENIOR SOUNDS

Volume XLV Number 1

Jan./Feb. 2024



What a treat it was to receive a site visit from, Fred Payne, President & CEO of United Way of Central Indiana. BCSSI is an Accredited Partner of United Way. UWCI is giving BCSSI \$60,000 toward Transportation & Personal Services for this current funding period. We are truly grateful for their support.





What's Inside:

Page 7

BCSSI Annual Celebration

Page 8-10

Classes & Activities

Page 12

Making A Dream Come True

Page 14

Dear Interested Parties....

...And More!

Boone County Senior Services, Inc.

2024 Board of Directors

Angie Caldwell Sara Crew Maili Davis Veronique Duprey Jody Durham Zoe Farrow Mary Grabianowski Roger Henry Eric Imboden Bonnie Klingler Marilyn Neese Alan Quick Tami Richardson Dave Rusie

Anita Bowen Executive Director

Sonya Shoup Newsletter Editor, Director of Development



Mission Statement: To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service Guardianship Respite Transportation Information & Assistance Friendly Visitor & Volunteers Activities & Workshops Insurance Information Legal Assistance Prescription Counseling Computer Classes Caregiver Support & More!

Boone County Senior Services, Inc. 515 CrownPointe Dr., Lebanon, IN 46052

Monday-Friday, 8:00AM-4:30PM BCSSI Satellite Office

Zionsville Town Hall, Rm. 206 Open Wednesday & Friday 9:00AM-4:00PM or by appointment. **765-482-5220 or 317-873-8939** www.booneseniors.org







From the desk of our Executive Director Anita Bowen



As I wrap up my 10th year at BCSSI, I decided to look back on the very first column that I wrote back in February 2013 to see what my thoughts were at that time and whether much had

changed in ten years. Indeed, I was able to locate the column and...here's what I found:

- BCSSI team members all still like their work, and you can see and feel it in the way they take care of their customers and other community members, not to mention, the way they care for others on the team, too.
- Partnerships are still the way to do business. We can simply do more together when we have like goals and ultimately all want to take care of Boone County individuals and families to give them the best quality of life.
- We are still listening to what the community wants and needs. As of January 2024, BCSSI has a new Strategic Plan. That Plan will go through 2028 and has several items included that have come from input from the BCSSI Family, including customers. More details about the Plan will be shared in future Senior Sound newsletters.
- Volunteers are still a key to our success.
 We believe that BCSSI offers volunteer opportunities that include good variety and

are rewarding for all. If you are looking for a way to step up your involvement in this New Year, please contact us.

- All of us are still aging. If you are reading this newsletter, you've been given the chance to celebrate another year and we look forward to engaging with you in some way – or many ways during 2024.
- I still LOVE my "job" and am so very grateful to have the opportunity to help connect the generations through Boone County Senior Services, Inc. (BCSSI). Each year, there are peers from other counties and states who comment on how fortunate we are to have an organization like BCSSI here and I sure agree! So MANY people have poured into this organization through the decades to make sure we are strong and remain that way for the future. We have much to be thankful for.

Bottomline after my column comparison is that while many things in Boone County have changed including the great growth in population and rebounding from a global pandemic, our mission is still the same: to promote independence and provide enriching opportunities for older adults in Boone County, and to provide safe and reliable transportation for people of all ages through Boone Area Transit System. Other than that, I'm simply 10 years older and still enjoying writing this little column. Thank you for reading.

Until Next Time, Anita

What's happening at BCSSI...

We were honored with the Boone County Indiana Sheriff's Office, Sheriff Tony Harris Star Award, for our assistance with the Thanksgiving Meals. We are grateful for the recognition and even more grateful for their partnership & support.





We are thankful for all kinds of community partners, including the relationship we have with the Boone County Commissioners! As the grant recipient for the INDOT Public Transit Program for riders of all ages,



we wouldn't be able to operate Boone Area Transit System (BATS) without them. Thank you to Commissioner Beyer for visiting and learning about the latest updates on all things transit!

Thank you to ALL who contributed to our Holiday Silent Auction fundraiser! We offered more than 90 items and profited nearly \$7,000 to support our mission at BCSSI. THANK YOU!





BCSSI welcomes new Personal Service attendant Tammy Tallar to our team! Congratulations on your recent certification from the Indiana Association of Home & Hospice Care.



Lunch and Learn on the Road traveled just over the state line to love on the reindeer...and enjoy the amazing Reindeer Ranch! Everything was top notch from the reindeer, to the home cooked food, fabulous entertainment, delightful decor and cozy gift shop. Big thanks to Homewood Health Campus for this special, festive day, and to Imperial Travel for the great new bus! The 2024 Lunch and Learn schedule is coming soon!!!

There was a whole lot of JOLLY going down at the Zionsville Town Hall at our Lunch & Laugh with entertainer Jennifer Johnson in December! Great crowd!! Thanks to The Stratford for sponsoring the lunch. Lunch and Learns (and sometimes special Lunch and Laughs) take place on the second Friday at noon at the Zionsville Town Hall. Turn to pages 8 and 10 for more info!





No this isn't the Hallmark Channel... Just our BCSSI Travel Group starring in their own version of "A Biltmore Christmas." Turn to page 11 for more details on the next Travel Group trip.



Muffins & Masterpieces participants Ulrike Smith and Sam Vickery proudly display their adorable snowman water color paintings; just in time for the winter season! Thank you to artist Shirley Luttrell for leading the class and CrownPointe of Lebanon for sponsoring this special holiday activity.



Happy New Year from BCSSI!

Our team wishes you health and happiness in the new year ahead! We hope you will make it a goal this year to join us for one of our many activities or programs. We have an amazing year planned!



Having this much fun at an office Christmas Party should be a crime.....We would like to thank our Board of Directors for hosting a Christmas Mystery Luncheon for us & for helping us do what we do EVEN better! We value each & every member of our Board of Directors. Our agency benefits from their expertise, leadership, compassion, & generosity.









515 CrownPointe Dr, Lebanon, IN 46052

Your Name:

Street Address:

City & Zip:_

Save \$5 and receive your newsletter by email:

Thank you!

Jan/Feb. Classes & Activities Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Classy Crafters

Classy Crafters meets each month at 1:00PM. On January 17 make a Kissing Booth with Diana Miller. Cost is \$5. February 21 make a Bottoms Up Bunny with Diana Miller. Cost is \$5. Call BCSSI to register.

Legal Assistance

Free legal assistance will be offered on January 16 & February 20. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. For more in-depth assistance, the attorney can make a referral or give the other options. Call BCSSI for an appointment.

Join us and Deidra Rausch, Executive Director of the Cabin for a special Lunch & Learn on **February 21**. *Only Kindness Matters: Cultivating Kindness in a Hard World* Together we will explore the state of kindness in our world, how kindness offered and received affects your physical and mental health and how to be kind with healthy boundaries. **Call BCSSI to register.**

Lunch & Learn

Join us for a **FREE** program on current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the n**



third Wednesday of the month at noon and space is limited. For reservations call BCSSI.

Jan. 3No Lunch & LearnJan. 17Thinking Ahead w/ BCSSI. Lunch by
BCSSIFeb. 7CPR w/ZFD's Benni. Lunch by ZFDFeb. 21Cultivating Kindness in a Hard World
w/ The Cabin. Lunch by Homewood
Health Campus

Line Dancing

Wednesday, January 10 & 24 and February 14 & 28 from 10:30-11:30AM. Call BCSSI to register.

Mystery Games & Goodies

Come join the fun on Thursday, January 4 & February 1 from 1:00-2:00PM. Call BCSSI to register.

Jan./Feb. Classes & Activities Call 482-5220 for Registration and Information

All Classes & Activities held at BCSSI. Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday, January 24 & February 28. Call BCSSI for an appointment.

Art Class

Every Thursday, 9:30AM-12:00PM

with instructor Shirley Luttrell. Cost is **\$7** per class. Shirley will work with beginner or intermediate students and any medium.

Coffee Connection to the Community

Join us for coffee and conversation on January 11 & February 8 at 10:30AM. Call BCSSI to register.

Tech Time

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction. Appointments available on Tuesday afternoons.

There will be no Tech Time from January 9-February 20. Call BCSSI to register.

Cover to Cover Book Club

Book club will resume on **Tuesday**, **March 5 at 1:00.** Please call BCSSI for more information.



BCSSI's Book Club celebrated with a pitch-in at their December meeting. Join us in March for our next meeting!

Needlepoint

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.**

Life Moves On

A meeting place for widows and widowers. The group will meet on Thursday, January 25 & February 22 from 10:30-11:30AM. Call BCSSI to register.

Jan./Feb. Activities Zionsville Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

BCSSI Zionsville Office

Our Zionsville office is open Wednesday and Friday 9:00AM-4:00PM

Caregiver Support Group

Caregiver Support Group will meet on January 10 & February 14. Support group meets at Independence Village West, 6800 Central Blvd, Zionsville (behind Meijer). Facilitated by Jessica Evans. Call BCSSI to register.

Art Class Holiday

Every Tuesday, 9:30AM-12:00PM

with instructor Shirley Luttrell. This class is currently full, call BCSSI to be placed on the waiting list.

Sip & Learn

Join us on the first Friday of the month at **10:00AM** in the Zionsville Town Hall. January 5: Cancelled February 2: Meet Mayor Stehr Call BCSSI to register.

Lunch and Learn at the Town Hall second Friday of the month at noon. Space is limited. Call BCSSI to register.

- Jan. 12 Thinking Ahead w/BCSSI. Lunch by BCSSI
- Feb. 9 Advanced Directives w/Grand Brook. Lunch by Grand Brook

Zionsville Crafts at the Town Hall

Join us monthly on the second Friday at **1:00PM.** On **January 9** make a Kissing Booth with Diana Miller. Cost is \$5. **February 9** Make a Bottoms Up Bunny with Diana Miller. Cost is \$5. **Call BCSSI to register.**

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday, January 3 & February 7. Call BCSSI for an appointment.

Get Out and Go with BCSSI! Trips depart from: BCSSI Lebanon



Zionsville, Thorntown or Jamestown pick-up available for some trips

BCSSI Travel Group Bus Trip The Ark Encounter & Creation Museum June 25-27

Williamstown, Kentucky \$512 Based on Double-Occupancy

Registration: Thursday, January 25 at 3:00PM BCSSI Lebanon, 515 CrownPointe Dr.



THANK YOU!

Thank you to the following organizations and individuals who helped make our BCSSI activities possible in 2023!

Lunch and Learn Wesley Manor Grand Brook The Waters of Lebanon Homewood Health Campus Glasswater Creek CrownPointe of Lebanon Zionsville Meadows Clinton House Autumn Trace Signature Healthcare at Parkwood Fox Rehab The Stratford The 1920 Vault Witham Health Services

Maurices of Lebanon John Cowan Attorney General's office Casey Klippel & Janice McHenry Witham Family YMCA Herd of Hope Boone County Sherriff's Office Lunch & Learn on the Road Homewood Health Campus Signature Healthcare at Parkwood The Waters of Lebanon Theater Thursdays Homewood Health Campus **Guardian Angel Hospice** Heritage Home Health Muffins and Masterpiece Zionsville Meadows CrownPointe of Lebanon Mystery Games Heritage Home Health Tech Time Dave Rusie Ship Counseling CICOA Stephanie Fultz **Book Club** Kay Martin

Ask The Attorney Alex Kruse Roger Burrus Keenan Wilson Audrea Racine Kate Engel Katie Moore Amy Nooning Art Shirley Luttrell Zionsville American Legion **Classy Crafters** Brenda Burkholder Rue Flanders Shirley Luttrell Kathy Jedwabny Diana Miller **Coffee Connection** Cowan's/Parkside Pharmacy Sip 'N Learn Vincent Randolph Zionsville Fire Department Zionsville Police Department Line Dancing Heidi Watson Rue Flanders **Caregiver Support Group** Independence Village West

Making A Dream Come True.... Luther Ray's story with Boone Area Transit

Just before noon on Tuesday, October 17, Luther and Sandra Ray waited anxiously for the arrival of the BCSSI van that would be integral in making a long-awaited trip become a reality.

Luther had long desired to visit the Indianapolis Motor Speedway (IMS) and view the improvements Roger Penske implemented since purchasing the property in 2019. Luther was employed by the IMS for 37 years, having retired in 1997. At 93, he is confined to a wheelchair and needed a transport van that handles wheelchairs.

After many months of research, they could not locate a van that could transport Luther. Then one day, a copy of the Senior Sounds was discovered with information about BATS, Boone Area Transit System. Contact was made with Stacie Boyer, Co-Director of Transportation and a plan was put into place and Mr. Mark Farris would be the driver for the special trip to the IMS.

In the meantime, arrangements were made with the IMS for the memorable visit and tour.



Mr. Farris was very punctual upon arrival in the BCSSI van and Luther and his wife, Sandra, also a former IMS employee, were

settled into the van. After a short drive to the Speedway, the Rays were met by former co-workers and friends who joined them on the tour. They loaded into an IMS van with



an IMS Tour Bus Guide. They enjoyed a "Kiss The Bricks" tour with a lap around the track and a stop at the yard of bricks.

Mr. Ray shared many memories of his time at the IMS including a memory of A.J Foyt helping him when he had an encounter with rowdy track fans. This act of kindness etched in his mind still today. Mr. Ray learned about many of the improvements that Mr. Penske has made and noticed many



changes on his trip. He toured the backstretch of the maintenance building he used to frequent, the new oval dirt track and the new performance building and the removal of the old scoring tower just to name a few. Mr. Ray was also treated to a free tour

of the museum at the

end of his trip.

Pictured is Sandra and Luther Ray with IMS Tour Guide Gary Wilkerson, Terry Gunter, Micheal Kessler and Maurice Kessler.

As the BATS van departed through the tunnel exiting the track, all agreed it would be a day long remembered by everyone present. A special thank you to Stacie Boyer and Mark Farris of BCSSI for making a 93

Thank you to Luther's friend Maurice Kessler for journaling the details above of this memorable day and capturing such beautiful pictures. Thank you for your support of BCSSI and BATS and it is our honor to help Luther's dream come true!

year old man's dream come true.



BCSSI offers a variety of **FREE personal equipment** such as walkers, canes, wheel chairs, shower benches, toilet seats & more.

We welcome donations! *We are in need of rollators and wheelchairs only!



Meal Vouchers Offered For Witham Health Services Cafeteria

BCSSI has applications for meal voucher cards that can be used at the Witham Cafeteria for breakfast and lunch. The meals are valued at \$6.75 and will be offered to ages 60+ for a \$1, \$2 or \$3 donation, based on income. Contact BCSSI with questions: 765-482-5220 or 317-873-8939

Sponsored by: CICOA Aging & In-Home Solutions and Witham Health Services

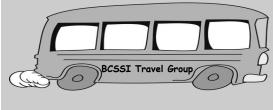


During National Family Caregivers Month we honored our caregivers who attend our monthly support group with a special dinner party.

"The connections they have made through this group have been incredible to witness. They lift each other up inside & outside of our support group. My hope is their bond/ friendships will continue through their caregiving journey and beyond.... If you asked me what I'm most proud of from my career here at BCSSI it would be THIS....group right here!"

~Jessica Evans BCSSI Director of Outreach

A big thank you to all caregivers for the time spent caring for family, neighbors, & friends!



SAVE THE DATE BCSSI TRAVEL GROUP Travels to New Hampshire October 6-12, 2024 Trip details to come in Senior Sounds!



Dear Interested Parties:

I wanted to thank you for the October 7, 2023 shindig.



d W b f f f f f a t

I came early, around 9:30ish (a.m.) and had fun visiting all the booths, seeing the freebees and taking something at several booths. At the very last, I decided to spin the wheel for the \$2.00 bill, and I got one! I felt like a kid with a prize! I enjoyed the candy, Kleenex and all other prizes gifted to us. What a lot of

fun...and I have enough ball point pens to last me until next year!!!

I sat in the very front row (near the Expo stage) and listened to music. That Greg Anderson is so very, very talented, but I



was amazed that when he would start playing the music on the keyboard, I remembered most of the words! Amazing—

especially after years and years of not hearing it.

But, my older sisters, who were 5 and 7 years older than me, were always playing the phonograph, the old kind where you picked up "arm" and set it to the correct groove to play the music. And, you wound it up so it would cause the record (holder) table to go around and around.

And, so I lived in yesteryear, and enjoyed each piece Greg Anderson played. I didn't try for any of the vaccines since I had them all except Covid, and my husband and I will go for that this Monday.

What a wonderful time I had living in yester-year — the music wasn't too loud or too soft—just right for a sing-along.

Ahhh! Memories! I am 82 years old and my older sisters, 87 and 89 are both in heaven and have been for several years. Also my parents, but Oh, Oh, I find myself singing some of those oldies as I do dishes or sweeping floors, etc. Who would have thought I would remember the words and music to those oldies???!!!

Thank you for a wonderful, wonderful yesteryear time. I so love it and cherish it. ~Bev Shoemaker

Thank you Bev for your sweet note and attending our 15th Annual Boone County Senior Health & Wellness Expo. We are thrilled you enjoyed a "yesteryear time".

SAVE THE DATE: Boone County Senior Health & Wellness Expo Saturday, October 5, 2024 Boone County 4-H Fairgrounds



For more information about leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc. 515 CrownPointe Dr., Lebanon, IN 46052 sshoup@booneseniors.org 765-482-5220 or 317-873-8939

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.



"Boone County Senior Services lives up to its name in spades. It offers so many opportunities to the seniors in

our community. Our community is uniquely blessed to have this facility, and the staff is outstandingly compassionate and helpful. Any donations are gratefully accepted and applied to the ongoing work of BCSSI and the Foundation."

~Russ & Helen Roberts, Lebanon



A special thank you to Edward Jones Advisor, Rick Elsbury and Attorney, Katherine Moore for leading our Estate Planning Workshop this fall. Watch for dates for our 2024 workshops that will be held both in Lebanon and Zionsville.

SAVE THE DATE: BCSS Foundation Legacy Dinner Saturday, April 27th, 2024, Moontown, Whitestown A night of fellowship and good food with a fun disco theme! Proceeds support the efforts of the Foundation. Details in the next Senior Sounds or contact Sonya Shoup at 765-482-5220 or sshoup@booneseniors.org.





Call 765-482-5220 or 317-873-8939 • www.booneseniors.org



BCSSI Offices are closed on the following dates:

Jan. 1 New Year's Day Jan. 15 Martin Luther King Jr. Day Feb. 19 President's Day

This includes all personal services and transportation services. We apologize for any Inconvenience.



Are you looking for a *PART-TIME JOB* that will make a positive difference in the life of an older adult? Then you should join our Personal Services team!



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI. Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer. Background check required. **Contact 765-482-5220 or 317-873-8939 or chickson@booneseniors.org**

Gleaner's Boone County Senior Mobile Food Pantry 3rd Tuesday of each month 11:00AM-1:00PM



Drive Thru Pick Up at the Boone County 4-H Fairgrounds

Must be 55 years of age or older, one per household.



BCSSI Memorial & Honorarium Gifts

In Memory of Carol J. Dull Ken & Vicki Carr In Memory of Debbie Reger Ron & Marilyn Neese In Memory of Dennis Hester Shirley Hester In Memory of Don Quick Sharon McKellan Roland Kesler In Memory of Gail Pitts Shirley Hester In Memory of George Morton Bill & Linda Stuteville Rod & Jean Rose George & Georgia Kreil In Memory of Herschel Lewis John Quinn In Memory of Jess Martin Ida Janine Ball In Memory of Joyce Somers Martha & Jeffrey Beck In Memory of Margaret Brandenburg **Margaret Walters** Bill & Linda Stuteville Andy & Debbie Padgett, Aaron & Kathy Padgett Jane Hammock, Kate & Brett Brandenburg

In Memory of Phyllis White Bill & Linda Stuteville Diana Martin

In Honor of Kevin & Ginny Logan Nancy Sonntag In Honor of Virginia Lewis Wendy Sloman

BCSS Foundation Honorarium In Honor of Ron Neese's Birthday Marilyn Neese

In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Jim Limp, WWII Veteran
- Marvin Bishop, Battle of the Bulge/ early arrival liberation of Aachen, Germany
- Floyd Newkirk, Mediterranean/ European Theaters
- Phil Thrine, USN
- Note Truelock, USN Caribbean
- Odette Chase, Child in France under occupation
- Irwin Martin, Combat Infantry Korea
- Terry Bayles, Combat Infantry, Tet Offensive, Vietnam
- Charlie Acton, USN Korean War Era
- Doc Hardin, WWII Service

Donation, Memorial and Honorarium Form
I would like my donation to be used for (select one below):
A donation to the AgencyA donation to the Foundation
A memorial in memory of:
An honorarium in honor of:
Please send notification card to: Street Address:
City, State, Zip:
Thank you for your gift. Please mail form with payment to: BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

Let BATS take you	Attention!!!	
this winte	VERIDA	
Cour	Boone Area Fransit System Inty Wide, All Ages 765-482-5220 317-873-8939 Monday-Friday 7:30AM-4:30PM	Standard Medicaid Transportation Trip Reservation Line: 1-855-325-7586 Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2024									
Due to increasing demand please allow 2 weeks notice to book your next transit appointment.									
SENIOR SUGGESTED DONATIONS									
Inside city limits (unlimited stops) Outside city limits in Boone Co. (unlimited stops)	\$5.00 \$10.00								
ALL TRIPS OUTSIDE COUNTY COSTS	Cost:								
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone round trip	\$20.00								
Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone round trip	\$15.00								
Airport one-way mandatory pay per person Airport one-way mandatory pay for couple, each person pays Any trip over 30 miles or more add \$5.00									
PUBLIC TRANSIT COSTS	Cost:								
Charge each time client boards Drive-thru to <u>drop off</u> prescriptions only, food banks	\$4.00 N/C								
Drive-thru to pick up medicine, bank Outside city limits in Boone Co.	\$3.00 \$6.00								

Greek Style Ravioli From: tasteofhome.com

12 frozen cheese ravioli

oregano & garlic

1/3 lb. lean ground beef

1 c. canned diced tomatoes with basil,

1 c. fresh baby spinach 1/4 c. sliced ripe olives 1/4 c. crumbled feta cheese

Cook ravioli according to package directions and drain. Meanwhile, brown the ground beef, drain. Stir in the tomatoes and bring to a boil. Reduce heat to a simmer and cook for 10 minutes, stirring occasionally. Stir in ravioli, spinach and olives. Top with cheese. Serves 2

n t e r	W o n d r l a n d	L F D E I C E F I S H I N G A V A L	T N I F R Z Y H O O Q T O B C H Y G R	Z C R N X A F R N T B A Y C R H I C X	R U E A E P Z R E V M U I S K J X B U	H H P M X B A Z A P E Z W C F Y A E F	O I L W E K O C I O P Y S Q E F K C F	T G A O O R A V L L S I M N S S U X	C E C N P T A P E T B W L L O A K M T	H T E S I B L G V E J S I S F W M A R	M O H D C K D K J J	C R N B M I T J H C H D M L A T J L S	G W A G T D S S A Z Y S	L I E L L T E S N J X N Y Q C L S F H	M O S B V F J L O O Y K	T O S L U S H G D W K J R Z E A M M	E Y C A Z R Y E B M S S G X E Q A B C	W X A R I J C A B V S W T Z K W Z K V	M H R M J E L L C T Y K E O U M N Y .	A I F B M L A L E F A B I A R N A S E	0 X T B P N K E H K D I A B T M W D K	K B E T K A L S D B I G C C M E K I	N R J E E S V J E L L K S G U S R H .	QWTQWNAFLQOFHGLOVES	Q J N M X E S P S J H M K I C I C L E	
	3-9-9-	Α	J	U	м	F	R	U	F	L	Α	Е	T	К	S	к	Î.	I.	Ν	G	Ν	U	0	D	S	
		N	K	W	Z	V	M	N	н	R	1	E	S	R	E	Z	ĸ	K	E	E	R	M	w	0	c	
		С Н	M W	E R	E	Т	G	J E	A H	J T	0 F	U S	L Q	U V	H R	x c	F D	U U	V A	U	l Q	X	l G	С Н	L	Ale .
ÊQ.		E	B	M		י D			С	0			0.00	M			н		A I	^ E	L L	r S	F	п 1	C	a server
vacation slush shovel kwanzaa ice fishing hail cold Avalanche					sweater slippery scarf jacket hot chocolate gloves coat			sı sl q ja fr	snowstorm sleigh quilt jack frost holidays freeze christmas				snowman sleet mittens igloo hibernate fireplace chimney 19				snowflake sled migrate icicles hocky earmuffs blizzard				snowball skiing melt ice skates heater December Blanket					
														19												



Connecting Generations since 1978

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

BOONE COUNTY SENIOR SERVICES, INC. 515 CROWNPOINTE DRIVE, LEBANON, IN 46052

To receive electronic copies of this newsletter email us at bcssi@booneseniors.org www.booneseniors.org Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.



BOONE COUNTY SENIOR SERVICES, INC. 515 CrownPointe Drive Lebanon, IN 46052

ADDRESS SERVICE REQUESTED

Non-Profit Org. U.S. Postage PAID Lebanon, IN Permit # 205