

BOONE COUNTY SENIOR SERVICES, INC.

SENIOR SOUNDS

Volume XLV Number 3

May/June 2024



We are walking on sunshine after our North End Rocks Eclipse Party! We love how this epic event connected us to the people within our community, those outside of our state line & our borders. Witham Family YMCA, BCSSI staff members & all of our volunteers; you were the rock stars of this watch party!
THANK YOU! Check out more event pictures on page 4!

What's Inside:

- Page 6 A Special Thank You to Terry Barnett!
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- Page 12 BCSSI Spotlight, Rue Flanders *...And More!*

765-482-5220



317-873-8939

@bocoseniors

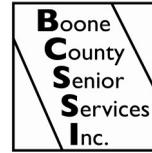
Boone County Senior Services, Inc.

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Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.

515 CrownPointe Dr.,
Lebanon, IN 46052
Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office

Zionsville Town Hall, Rm. 206
Open Wednesday & Friday
9:00AM-4:00PM or by appointment.
765-482-5220 or 317-873-8939
www.booneseniors.org



@Bocoseniors

Instagram 
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From the desk of our Executive Director Anita Bowen



I was awakened abruptly one morning this spring by what I thought was the biggest bolt of lightning and loudest roll of thunder that I'd ever seen and heard! After I made sure I was still breathing and settled down a bit, my next thought was that I shouldn't take a shower in the storm. It was one of the things that I remember vividly learning as a child – it was unsafe. My parents were watching out for me and by-golly if you Google it today, you'll see that it's true. That got me to thinking about some of the other things that I remember to this day that I was told as a child like:

- If I sang at the dinner table, I would cry before I went to bed.
- If I saw a penny heads up, I MUST pick it up for luck. (I really think my Mom picked them **ALL** up!)
- If I made a frown, my face was going to get stuck like that forever.
- If I opened an umbrella inside the house, I would have bad luck.

Now, some of these are more superstitions than true guidance but they have stuck with me for decades now. What old adages still ring loud and clear in your mind? I find it fun to reminisce and think of those individuals who shared these with me and maybe you will, too.

Perhaps you believe (and I hope you do) that "laughter is good medicine". Now that is one adage that I like to always keep in the back of my mind and have found it to be so, so true in my life. One of the best places to experience laughter is at BCSSI. There's not a day that goes by that, amid the crazy schedules and hectic work that we have going on around us, that you can't hear team members laughing in their offices and/or hallways and it just carries through the building. I have caught myself smiling many times just listening to others laughing. It really is a spirit-lifter.

And then, there are those times at BCSSI when we are intentional about bringing laughter into the building for all of us to experience. Thanks to a grant from the Community Foundation of Boone County and Psi Iota Xi – Omega Chapter, we are looking forward to more music, art and laughter this year. There is a special Lunch & Laugh highlighted in this issue of Senior Sounds and we expect that you will be joining us for some light-hearted time together this spring and summer. Whatever comes our way, we love doing it together at BCSSI and laughter (even on the really hard days) sure helps. Thanks for being a part of the BCSSI Family.

Until Next Time, *Anita*

A Once In A Lifetime Event...Eclipse Party 2024



What's happening at BCSSI...

The first Lunch & Learn on the Road for 2024 traveled to the Fowler House Mansion. Both the meal and the setting were amazing and the group learned so much about the Fowler Family. After dinner, the group traveled to the Elliott Hall of Music to watch *Come From Away*. Thank you to our sponsors, SouthernCare Hospice and Home Instead - Lebanon for making the trip possible. Turn to page 11 for details regarding our next trip.



There's always room in your jewelry box for one more necklace. Especially when it's handcrafted! Thank you Wendy Davis for a great afternoon of jewelry making!

Thank you to the Zionsville Fire Department for speaking at a recent Lebanon, Lunch and Learn about traditions and ceremonies. Pictured is Mark Wills (left) and Brett Havlin (right) wearing their traditional kilts. Mark also played the bagpipes for the group. Thank you as well to Vincent Randolph who also attended and coordinated a delicious meal from Chick-fil-A.

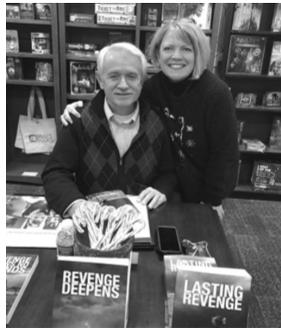


We enjoyed hosting a Saturday morning cake decorating class with Stacy Parnell. The group had so much fun decorating cookies and cupcakes. Thank you Stacy!!!

Congratulations and thank you to Terry Barnett for 7 years of service as the BCSSI Director of Finance.

Terry is officially retiring for the second time and is looking forward to spending more time with family, writing another novel and maybe taking a few more naps! We will miss your kindness and sense of humor but we are so excited for the next chapter in your life.

THANK YOU TERRY!!!!



Congratulations to Lorrie Brehmer who was recently hired as the new Director of Finance. Thank you to Terry Barnett for sharing your knowledge and training Lorrie! Check back in the July/August Senior Sounds newsletter to learn a little more about Lorrie!

BCSSI

In-Home Care • Transportation
Friendly Visitor Program • Recreational Activities



promoting
Independence
providing
Enriching Services

Connecting Generations
since 1978

A tax deductible gift to the Agency or Foundation will ensure that these services can be continued into the future.



Call 765-482-5220 or 317-873-8939 • www.booneseniors.org

BCSSI 2024 Theater Thursdays!

Join us at the
Lebanon 7 Theater
1600 N. Lebanon St., Lebanon

9:00AM – Breakfast Snack
9:30AM – Special Movie

**Special movie shown for
those age 60 and over for
only \$2!
(NEW price for 2024)**

**Featured movies to be
announced soon!**

***All movies are either
rated PG or PG-13
Review at www.imdb.com**

May 16

June 20

July 18

August 15

September 19

October 17

**For Transit call (765)482-5220
or (317)873-8939**

**Sponsored By:
Better Hearing Centers
Homewood Health Campus
Guardian Angel Hospice
Subject to change.**

Thank you to our 10th Annual BCSSI Art & Photography Contest Participants!



Winners will be highlighted in the July/August Senior Sounds. Artwork will be on display at the library from through May 31



Participant artwork must be picked up on Friday, May 31 from



A special thank you to our very own Director of Outreach, Jessica Evans for designing our Eclipse Party Logo and t-shirts. Pictured is, staff member Kelly Martin, Rockin her party shirt!

T-shirts were not only sold to Boone County residents but many out of town and out of state Eclipse enthusiasts could not wait to get their very own party shirt to remember the special day!

***We still have a few Eclipse
souvenirs for sale!***

May/June Classes & Activities
Call 482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon

An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Classy Crafters

Classy Crafters meets each month at **1:00PM**. On **May 15** make a memo board w/Rue Flanders Cost is \$5. **June 19** make a bracelet w/Wendy Davis. Cost is \$5.
Call BCSSI to register.

Legal Assistance

Free legal assistance will be offered on **May 21 & June 18**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give the other options.**
Call BCSSI for an appointment.

New! Genealogy 101

Thursday, May 16 at 1:00PM with Lisa Lanier. **Call BCSSI to Register.**

Line Dancing

Wednesday, May 8 & 22 and June 12 & 26 from 10:30-11:30AM with Rue Flanders.
Call BCSSI to register.

Lunch & Learn

Join us for a **FREE** program on current topics that affect seniors and their caregivers. The luncheon is the **first & third Wednesday of the month at noon and space is limited.**
For reservations call BCSSI.



- | | |
|---------|---|
| May 1 | Banking Scams & lunch by State Bank. |
| May 15 | Food Labeling: What's in there anyway? w/Purdue Extension. Lunch by Homewood Health Campus. |
| June 5 | Lunch & Laugh: Sing along with Jeff Bowen. Lunch by Home Instead. |
| June 19 | Cooking Under Pressure w/Purdue Extension. Lunch by Homewood Health Campus. |

Lebanon Games

Come join the fun on **Thursday, May 2 & June 6 from 1:00-2:00PM.**
Call BCSSI to register.

Needlepoint

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.**

May/June Classes & Activities
Call 482-5220 for Registration and Information
All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **Wednesday, May 22 & June 26**. **Call BCSSI for an appointment.**

Tech Time

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction. Appointments available on Tuesday afternoons. **Call BCSSI to register.**

Lunch & Laugh

Come sing along with Jeff Bowen on **Wednesday, June 5 at 12:00!**

Presented with support from the Community Foundation of Boone County and Psi Iota Xi - Omega Chapter. Space is limited. **Call BCSSI to register.**



Cover to Cover Book Club

Book club will meet on **Tuesday, May 7 at 1:00** to discuss "The Keeper of Small Things", by Ruth Hogan. The book for **June 4** will be announced at the May meeting. **Call BCSSI to register.**

Coffee Connection to the Community

Join us for coffee and conversation on **May 9 & June 13 at 10:30AM**. **Call BCSSI to register.**

Thank you to our Coffee Connection sponsors Cowan Drugs & Parkside Pharmacy.

Life Moves On

A meeting place for widows and widowers. The group will meet on **Thursday, May 23 & June 27 from 10:30-11:30AM**. **Call BCSSI to register.**

Art Class

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is **\$8** per class. Shirley will work with beginner or intermediate students and any medium. **Call BCSSI to Register.**

May/June Activities Zionsville
Call 317-873-8939 for Registration and Information
Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Our Zionsville office is open Wednesday & Friday 9:00AM-4:00PM

Caregiver Support Group

Caregiver Support Group will meet on **May 8 & June 12 at 6:00PM. Support group meets at Independence Village West, 6800 Central Blvd, Zionsville (behind Meijer). Facilitated by Jessica Evans. Call BCSSI to register.**

Sip & Learn

Join us on the first Friday of the month at **10:00AM** in the Zionsville Town Hall.
May 3: All About Parks!
June 7: Parks Activities Just for You
Call BCSSI to register. Thank you to the Zionsville Fire Department for sponsoring Sip & Learn!

New! Zionsville Games

Join us for fun and games on **May 22 & June 26 at 1:00PM** in room #205 of the Zionsville Town Hall.
Call BCSSI to register.

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on **Wednesday, May 1 & June 5 Call BCSSI for an appointment.**

Lunch and Learn at the Town Hall
second Friday of the month at noon. Space is limited. **Call BCSSI to register.**

May 10 Jeopardy & lunch w/Stratford

June 14 Freezer Meals w/Purdue Extension.
Lunch by Grand Brook

Art Class

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. *This class is currently full, call BCSSI to be placed on the waiting list.*

Zionsville Crafts at the Town Hall

Join us monthly on the second Friday at **1:00PM.** On **May 10** make a memo board w/Rue Flanders Cost is \$5. **June 14** make a bracelet w/Wendy Davis. Cost is \$5. **Call BCSSI to register.**



These beautiful ladies created bows at a recent Zionsville Crafts. Thank you Rue Flanders for sharing one of your many talents with the group.



BCSSI Spotlight Rue Flanders Volunteer

Meet volunteer
extraordinaire and the
amazingly creative Rue
Flanders from
Zionsville. There is

hardly anything this special volunteer can't do or accomplish in life!

How did you first get involved with BCSSI? I went to line dancing to learn to dance and when the teacher did not show up I ended up teaching the class as I already knew two dances and have been teaching ever since.

How many years have you volunteered at BCSSI? I started volunteering about a year and a half ago.

What is your favorite activity to help with at BCSSI? Craft classes! I really enjoy seeing the look of their faces when they have a finished a project.

How many years have you lived in Boone County? About 14 years.

What makes Boone County special?
The great friends I've made.

Your Family: I have an older brother and one niece on my side and a sister in law and niece of my husband's side. Every one but my sister in law lives on the west coast.

Profession or past profession if retired:
I was an account executive at WRTV.

Hobbies and special interests:

My hobbies are anything art related and sports. I've designed and built art furniture and done contemporary sculptures in wood which have been in gallery shows, books, and magazines. I now love to work with paper to create wild and colorful pictures. On the sports side, besides teaching line dancing, I play pickleball, do yoga, and my absolute favorite is skating ice dance which I do twice a week. I am currently working on gold level dances which I have to admit, are very challenging. And last but not least, I love training puppies and working with my fur baby in various activities like scent work, tracking, obedience. She's a German Shepherd and truly needs a job.

What is something unique about you?

I don't think I'm very unique but I guess I would have to say that if I'm interested in something I just dive in and do my very best to learn it and maybe even get good at it.



Rue is pictured teaching a recent craft class in Zionsville. Rue will be teaching how to make a memo board during crafts in Lebanon and Zionsville in May. Turn to page 8 & 10 for details.

Thank you Rue for sharing your time and talent with BCSSI and our community!

Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact: Jessica Evans at 765-482-5220 or 317-873-8939 or jevans@booneseniors.org

The Caregiver Navigator

Coming Soon...

The Caregiver Navigator will be available in a fillable format so you can easily input your information electronically!



Caregiving is paper intensive...important documents, prescriptions, notebooks, receipts, and schedules related to illness, treatment, and appointments. As a caregiver, your binder is your mobile caregiving center. Use the Caregiver Navigator to organize your loved one's caregiving journey!



Go to www.booneseniors.org/resources to download a copy or for a FREE hard copy contact our office.

Want to learn more about BCSSI?

If you are a service group, club, church, etc. give us a call! We are more than welcome to come and speak to your group about the mission of BCSSI and the services we provide to our Boone County residents!

Are you looking for a PART-TIME JOB that will make a positive difference in the life of an older adult? Then you should join our Personal Services team!



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI.

Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer.

Background check required.

Contact 765-482-5220 or 317-873-8939 or chickson@booneseniors.org



A special thank you to financial advisor Rick Elsbury and attorney Katherine Moore for speaking at a recent Lunch & Learn about Estate Planning. The

luncheon was hosted by the BCSS Foundation. Rick is with Edward Jones and Katie is with Parr Richey Frandsen Patterson Kruse, LLP.

OLDER AMERICANS MONTH



POWERED BY CONNECTION: MAY 2024

Every year, ACL (Administration for Community Living) leads the nation's observance of Older Americans Month (OAM) in May. The theme for 2024 is *Powered by Connection*, which recognizes the profound impact that meaningful relationships and social connections have on our health and well-being. We will explore the vital role that connectedness plays in supporting independence and aging in place by combatting isolation, loneliness, and other issues.

To help you plan for OAM, here are some ideas for how you can participate.

- Share facts about the mental, physical, and

emotional health benefits of social connection and how it contributes to overall well-being.

- Promote resources that help older adults engage, like community events, social clubs, and volunteer opportunities.
- Connect older adults with local services, such as transportation, that can help them overcome obstacles to achieving or maintaining meaningful relationships.
- Encourage partners to host a connection-centric event or program focused on older adult mentors to youth, peer-to-peer support, or similar efforts.
- Challenge professional and personal networks to prioritize meaningful social connections and share the benefits.
- Inspire older adults to share what connection means to them on social media using the hashtag #PoweredByConnection.

For more information to go:
www.acl.gov



The 9th Annual BCSSI Olympics is back and will involve competition for those age 60+ during August 26-29, 2024, with several activities throughout Boone County! Events will include golf, bowling, track and field, basketball shoot, euchre, nature walk or fitness walk, swimming, line dancing, horseshoes, bocce ball, pickleball and table tennis. Proceeds from the Olympics support the mission of BCSSI which promotes independence and provides enriching opportunities for older adults in Boone County.

Watch for registration information and a timeline of events in the next issue of the Senior Sounds newsletter.

Event details and the registration form will be available at www.booneseniors.org in the near future!

Thank you to Witham Health Services and Homewood Health Campus for serving as the presenting sponsors.



Script Your Family's Future: Why You Need An Estate Plan



When it comes to your estate plan, even if you've taken no action at all, you have an estate plan. Your "default plan" may be determined by the laws of your state. We'll discuss strategies you may want to consider when planning your estate.

Join us for a FREE informational meeting & boxed meal
Thursday, May 16, 2024, 5:30pm-7:00pm
Zionsville Town Hall (Room 207), 1100 W. Oak St., Zionsville



Speakers:
Alex Shrewsbury & Paul Anderson
Financial Advisors, Edward Jones
&
Roger Burrus, Attorney
Burrus & Sease, Attorneys At Law

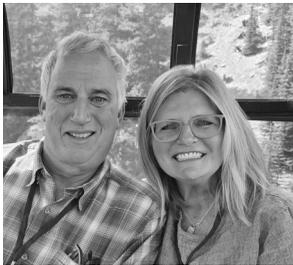
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Please RSVP 765-482-5220 by May 8

Questions contact: Sonya Shoup 765-482-5220 or sshoup@booneseniors.org



While no one knows what the future holds, one thing we have control over is doing our small part to help build and maintain a strong community. So we made the decision to leave a Legacy gift to help BCSSI continue their wonderful work in Boone County. As singer/actress Patti LaBelle said, "You don't have to be an angel, just be someone who can give." ~Dave and Erin Herr, Lebanon

For more information about leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc.
515 CrownPointe Dr., Lebanon, IN 46052
sshoup@booneseniors.org
765-482-5220 or 317-873-8939



The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.



amazon



wishlist



BATS FACTS

**Did you know
the following
about
Boone Area
Transit?!**

Can you make our wish of having more rollators & shower chairs for our loaner closet come true by donating one through our Amazon Wishlist????

You can make the purchase through your account & have it shipped directly to us by selecting BCSSI's address before checking out. Thank you!

Or, feel free to contact us and we can help you order it from Amazon.

- BATS is open to all ages, even children
- 5305 trips were made first quarter of 2024 compared to 4954 last year at this time
- 18 vehicles make up the fleet with about 10-14 in operation daily
- 23 amazing drivers make it all possible
- Transport is available in county and to neighboring counties
- Transport is available to the airport
- Demand response is also available when openings permit

For more information on BATS and pricing turn to page 18 or contact Susan or Stacie at 765-482-5220 or 317-873-8939!



BCSSI Offices are closed on May 27 for Memorial Day

This includes all personal services and transportation services. We apologize for any Inconvenience.



**Gleaner's
Boone County Senior Mobile Food Pantry
3rd Tuesday of each month 11:00AM-1:00PM
Drive Thru Pick Up at the
Boone County 4-H Fairgrounds**

Must be 55 years of age or older, one per household.



BCSSI Memorial & Honorarium Gifts

In Memory of Al Fields

Bill & Linda Stuteville

In Memory of Christina Bush

Beth & Doug Richardson
 Margaret, Jane, Tom, & Mary Kelley
 Marjorie Padgett
 John Hanson
 Jim & Jan McConnaha &
 Margi McConnaha
 LuAnn Cowan Robertson
 Virginia Hussong
 Penny Bridge
 Mary Beth Pauley
 Mark & Elle Starkey
 Allen Milburn
 Ken & Margie Keene
 Barbara Anderson
 Tri Kappa

In Memory of Bob Duncan

Carol Duncan

In Memory of David Henry, Sr.

Betty Henry

In Memory of Don Quick

Cindy Hickson

In Memory of Donald DeVol

Linda Leopard
 Ruth Spear
 Robert N Thompson, Jr.
 Robert Ashley
 Gerald & Donna Newman

In Memory of Gene Ryan

Bonnie Klingler

In Memory of Jack Watts

M. Sharon Powell
 Barbara Anderson

In Memory of Richard Salvatore

Cindy Hickson

In Memory of Winnie Steiner

Senior Citizens, Inc, Lebanon
 Bill & Linda Stuteville

In Honor of Allen Andrews

Cindy Hickson

**In Honor of Judy Cunningham's
 90th Birthday**

Dr. Ruth Landau

**In Memory of Ernie Pyle Chapter of
 the WWII Roundtable Members:**

- Jim Limp, WWII Veteran
- Marvin Bishop, Battle of the Bulge/
 early arrival liberation of Aachen,
 Germany
- Floyd Newkirk, Mediterranean/
 European Theaters
- Phil Thrine, USN
- Note Truelock, USN Caribbean
- Odette Chase, Child in France
 under occupation
- Irwin Martin, Combat Infantry Korea
- Terry Bayles, Combat Infantry, Tet
 Offensive, Vietnam
- Charlie Acton, USN Korean War
 Era
- Doc Hardin, WWII Service

BCSS Foundation, Inc. Memorials & Honorariums

In Memory of Jerry Tanselle

Hank & Cindy Walters

In Memory of Phil Gibbs

Hank & Cindy Walters

In Memory of Marcia Wilhoite

Hank & Cindy Walters

In Memory of Nanci Milam

Hank & Cindy Walters

In Memory of George Morton

Hank & Cindy Walters

In Memory of Alyn McConnaha

Hank & Cindy Walters

In Memory of Jerry Erskine

Hank & Cindy Walters

In Memory of Richard Mott

Hank & Cindy Walters

**In Honor of Judy Cunningham's
 90th Birthday**

Pete & Sandy Obremsky

Donation, Memorial and Honorarium Form

I would like my donation to be used for (select one below):

_____ A donation to the Agency _____ A donation to the Foundation

_____ A memorial in memory of: _____

_____ An honorarium in honor of: _____

Please send notification card to: _____

Street Address: _____

City, State, Zip: _____

Thank you for your gift. Please mail form with payment to:
 BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

Let BATS take you door to door!



**Boone Area
Transit System**
County Wide, All
Ages

765-482-5220 or 317-873-8939
Monday-Friday
7:30AM-4:30PM

**Attention!!!
VERIDA
Standard Medicaid
Transportation Trip
Reservation Line:
1-855-325-7586**

*Call this number for a reservation,
any changes or cancellations and
when your appointment is finished.
Your preferred provider is Boone
County Senior Services/BATS.*

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2024

**Due to increasing demand please allow 2 weeks notice
to book your next transit appointment.**

| SENIOR SUGGESTED DONATIONS | Cost: |
|--|--------------|
| Inside city limits (unlimited stops) | \$5.00 |
| Outside city limits in Boone Co. (unlimited stops) | \$10.00 |
| ALL TRIPS OUTSIDE COUNTY COSTS (Senior & Public) | Cost: |
| Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone round trip | \$20.00 |
| Zionsville, Whitestown to Indy or any other city in the counties surrounding Boone round trip | \$15.00 |
| Airport one-way mandatory pay per person | \$25.00 |
| Airport one-way mandatory pay for couple, each person pays | \$20.00 |
| Any trip over 30 miles or more add \$5.00 | \$5.00 |
| PUBLIC TRANSIT COSTS/MISC. | Cost: |
| Charge each time client boards | \$4.00 |
| Drive-thru to drop off prescriptions only, food banks in Boone County | N/C |
| Drive-thru to pick up medicine, bank | \$3.00 |
| Outside city limits in Boone Co. | \$6.00 |
| Lunch & Learn transportation | No Charge |

Fresh Strawberry Cake

From: One Upon a Chef

1 1/2 c. all-purpose flour
1 1/2 tsp. baking powder
1/2 tsp. salt
6 Tbsp. unsalted butter, softened
1 c. + 2 Tbsp. sugar, divided

1 large egg
1 tsp. vanilla
1/2 c. milk
3/4 lb. strawberries, hulled & halved



Heat oven to 350. Butter a 9 inch deep dish pie pan or 9 inch round cake pan. In a medium bowl, whisk together flour, baking powder & salt. In the bowl of an electric mixer, beat butter and 1 c. sugar until pale and fluffy, about 3 minutes. Add egg & vanilla and beat on low speed until combined. Gradually add flour mixture, alternating with the milk, beating on low speed until combined. (Batter will be thick.) Transfer batter to prepared pan and smooth out the top. Place strawberries on top, cut side down. Sprinkle with remaining 2 Tbsp. of sugar. Bake for 10 minutes, then reduce oven to 325. Continue to bake until lightly golden and tester comes out clean, about 1 hour. Cool in pan on a rack. Serve warm or at room temperature with whipped cream or ice cream, if you desire. Cake can be stored loosely covered at room temperature for several days.

Find 9 Rabbits hidden in the picture





*Connecting Generations
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$5 annual donation to defray printing and mailing costs to:

**BOONE COUNTY SENIOR SERVICES, INC.
515 CROWNPOINTE DRIVE, LEBANON, IN 46052**

To receive electronic copies of this newsletter email us at bcssi@booneseniors.org
www.booneseniors.org
Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.



**BOONE COUNTY SENIOR SERVICES, INC.
515 CrownPointe Drive
Lebanon, IN 46052**

**Non-Profit Org.
U.S. Postage
PAID
Lebanon, IN
Permit # 205**

ADDRESS SERVICE REQUESTED