BOONE COUNTY SENIOR SERVICES, INC.

SENIOR SOUNDS

Volume XLV Number 4

July/August 2024



BATS (Boone Area Transit System) helping Catch the WAVE: Thorntown. We loved getting these young ones to & from the Lebanon Seashore Water Park!!!

What's Inside:

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765-482-5220







317-873-8939

Boone County Senior Services, Inc.

2024 Board of Directors

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Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

Boone County Senior Services, Inc.

515 CrownPointe Dr., Lebanon, IN 46052 Monday-Friday, 8:00AM-4:30PM

BCSSI Satellite Office

Zionsville Town Hall, Rm. 206 Open Wednesday & Friday 9:00AM-4:00PM or by appointment. 765-482-5220 or 317-873-8939 www.booneseniors.org







From the desk of our Executive Director Anita Bowen



I love having an office with a window...or two! When I can't be outside, at least I can see what's up with the weather, neighbors & the crazy "fowl" play from the always present geese...plus, I can

bask in the light around my desk while I work. When I was younger, I know I never thought about the presence of light ... especially sunlight and how much of a positive impact it has on all of us, but at that time in my life, I know I sure did enjoying playing outside.

So, just to confirm what I have learned through the years as an adult, I looked up the benefits of natural light. Natural light can:

- Improve the natural patterns that your body goes through in a 24-hour period
- Improve your sleep
- Help you to focus
- Enable you to get more done
- Improve your mental wellbeing make you happier
- Is your fundamental source for Vitamin D

This is my favorite time of year for light because we have an opportunity for more of it even before and especially after the workday has ended. One of my favorite places to soak up some light is in my sunroom early in the morning. Do you

have a special place that you like to go to 'catch some rays' as they say? Maybe you have a front porch, a back patio, a favorite chair just out in your yard or a garden? If you don't have a spot, you are certainly invited to the garden/pergola area at BCSSI to enjoy a chat with friends, read a book, have a picnic, and just simply enjoy our outdoor space. If you let us know you're coming, we might even join you!

There are certainly some other opportunities with BCSSI to get light therapy this summer whether it be through the BCSSI Olympics coming in August, through our van and bus trips that go to all kinds of places (see the list of upcoming ones in this issue), or through groups like the Coffee Connection and Games that may choose to meet outside. And, don't forget that, with the Olympics coming up, there's plenty of space around our Lebanon office to practice cornhole and Bocce Ball. Since we have the space (and the equipment), all we need is YOU and a few friends!

At BCSSI, we love summer and hope to see you out & about in Lebanon, Zionsville and other wonderful places within Boone County the next two months. We'll be wearing our shades, but I bet you'll still recognize us.

Until Next Time, *Anita*

Winners Announced in 10th Annual BCSSI Art & Photography Contest

Twenty-Seven (27) individuals had their paintings and photography pieces on display at the Lebanon Public Library during the month of May as part of the 10th Annual BCSSI *Art & Photography Contest* which was held in celebration of Older Americans' Month, a tradition of recognizing the contributions and achievements of older Americans since 1963.



Winning entries this year included:



Amateur Painting:

1st – Jill Bowers, Lebanon 2nd – Cathy VanArsdall, Lebanon 3rd – Lisa Foster, Lebanon Honorable Mention – Cathy Davis, Lebanon



Advanced Painting:

1st – Annette Knox, Jamestown 2nd – Beth Hullinger, Lebanon 3rd – Shirley Luttrell, Zionsville Honorable Mention – Janet Cohen, Zionsville



Photography:

1st – Mary Deater, Lebanon 2nd – Rex Bowman, Lebanon 3rd – Mervyn Cohen, Zionsville Honorable Mention – Penny Dunbar, Lebanon



BEST OF SHOW
was awarded to
Dorothea
Mickschl of
Lebanon for her
Advanced
Painting titled
"My Purple Iris in
Cut Glass"

Artists participating in this Contest/ Exhibition are over age 60 and reside in Boone County.

BCSSI also offers art classes at both the Lebanon and Zionsville locations. For more information, contact Anita Bowen or Barb Carrell at (765)482-5220 or (317)873-8939, or by e-mail bcssi@booneseniors.org. You can also turn to pages 9 & 10 for details.

What's happening at BCSSI...

It's a great day when you hear singing & laughing coming from our community room. Thank you Jeffrey Bowen for sharing your talents with us & sharing the spotlight with our very own Gladys Dickey. Special thank you to Home Instead for the great lunch. Lunch

& Laugh is sponsored in part by the Community Foundation of Boone County &

Psi lota Xi-Omega Chapter.

1st Fridays are our favorite! Zionsville Parks and Recreation, we had a hoot at Sip & Learn...thank you! Special thanks to Zionsville Fire Department for making this program fun & interesting for older adults in Boone County!! Pictured is Molly, Zionsville Parks & Rec Naturalist.





Happy 60th Birthday to our very special friend, Brenda. Recently Cindy Hickson, Director of Personal Services, and Kelly Martin, Asst. Director, delivered a special birthday cake to celebrate!

How do we celebrate the World's Greatest Volunteers...with a carnival themed party! We're incredibly lucky to work alongside our wonderful volunteers who have dedicated their time to helping us with events, office support, & our friendly visitor program. Thanks for all you do! Special thanks to the Lebanon Maurice's & Walmart for prizes & party supplies!





We love our clients & they love us right back. Annie has been a Personal Services Client for over 10 years. Recently Cindy Hickson, Director of Personal Services, and Kelly Martin, Asst. Director, paid her a visit to deliver a sweet treat to thank her for her continued use of our services!!! Thanks for being an awesome client Annie!!

Recently INDOT (Indiana Department of Transportation) conducted a site visit at BCSSI with their project manager, Shruti Shrivastava. We look forward to a long working relationship with Shruti and everryone at INDOT!!



Nothing is better than eating a good meal under blue skies with your work family! Thank you Tom Volbrect for grilling the porkburgers & hotdogs to perfection for our Annual Staff Cookout! And special thanks to Riley Bennett, Triple B's Catering, for the outstanding side dishes!!

We are so PROUD of transit driver, Doug McDonald on placing 7th at the INCOST - Indiana Council on Specialized Transportation Transit Roadeo Competition!!! Several members of the

BCSSI family were there to cheer Doug on, including Stacie McQuern, Co-Director of Transportation & husband Tanner. Tanner walked away with a prize for best dressed beach theme. We look forward to bringing more drivers in 2025!

BCSSI 2024 Theater Thursdays!

Join us at the Lebanon 7 Theater 1600 N. Lebanon St., Lebanon

9:00AM – Breakfast Snack 9:30AM - Special Movie

Special movie shown for those age 60 and over for only \$2! (NEW price for 2024)

Featured movies to be announced soon!

*All movies are either rated PG or PG-13 Review at www.imdb.com

> July 18 Heart of A Champion

> > August 15 About My Father

September 19 Flv Me to the Moon

> October 17 80 for Brady

For Transit call (765)482-5220 or (317)873-8939

Sponsored By: **Better Hearing Clinics Homewood Health Campus Guardian Angel Hospice**

Subject to change.

Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact: Jessica Evans at 765-482-5220 or 317-873-8939 or jevans@booneseniors.org

* ************* The Caregiver Navigator

Coming Soon...

The Caregiver Navigator will be available in a fillable format so you can easily input your



information electronically!

Caregiving is paper intensive...important documents, prescriptions, notebooks, receipts, and schedules related to illness. treatment, and appointments. As a



caregiver, your binder is your mobile caregiving center. Use the Caregiver Navigator to organize your loved one's caregiving journey!

Go to www.booneseniors.org/resources to download a copy or for a FREE hard copy contact our office.

SAVE THE DATE

Boone County Senior Health & Wellness Expo Saturday, October 5th 9am-Noon Boone County 4-H Fairgrounds FREE!!!

July/August Classes & Activities

Call 765-482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Classy Crafters

Classy Crafters meets each month at 1:00PM. On July 17 make Diamond Art w/Kathy Jedwabny. Cost is \$5. August 21 make a card designed by Shirley Luttrell. Cost is \$5. Call BCSSI to register.

Legal Assistance

Free legal assistance will be offered on July 16 & August 20. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. For more in-depth assistance, the attorney can make a referral or give the other options. Call BCSSI for an appointment.

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday, July 24 & August 28. Call BCSSI for an appointment.

Lunch & Learn

Join us for a FREE program on current topics that affect seniors and their caregivers. The luncheon is the **first &**



third Wednesday of the month at noon and space is limited. For reservations call BCSSI.

July 3	Art of Wellness w/Allison Phillips.							
- , -	Lunch by Autumn Trace							

July 17 Art Journaling w/Allison Phillips. Lunch by Homewood Health Campus

August 7 Boone County Sheriff Department Questions & Answers. Lunch by Boone County Sheriff Department

August 29 Pharmacy & What's New w/Bruce from Walmart. Lunch by the Waters

<u>Lebanon Games</u>

Come join the fun on Thursday, August 1 from 1:00-2:00PM. With Donna Newman & Shirley Hester. Games on July 4 is CANCELLED. Call BCSSI to register.

Needlepoint

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.**

July/August Classes & Activities

Call 765-482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Line Dancing

Wednesday, July 10 & 24 and August 14 from 10:30-11:30AM with Rue Flanders. Line Dancing on August 29 is CANCELLED. Call BCSSI to register.

Art Class

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$8 per class. Shirley will work with beginner or intermediate students and any medium. *Art class will be CANCELLED on July 4 & August 29.* Call BCSSI to Register.

Tech Time

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get **free** independent instruction. Appointments available on Tuesday afternoons. Call BCSSI to register.



Pictured is Tech Time Instructor Dave Rusie!

Cover to Cover Book Club

Book club will meet on Tuesday, July 2 at 1:00 to discuss "Overkill" by Sandra Brown. The book for August 6 will be announced at the July meeting.



BROWN

OVERKILI

Thank you to Hachette for donating our book club books!

Coffee Connection to the Community

Join us for coffee and conversation on July 11 & August 8 at 10:30AM. Call BCSSI to register. Thank you to our Coffee Connection sponsors Cowan Drugs & Parkside Pharmacy.

Life Moves On

A meeting place for widows and widowers. The group will meet on Thursday, July 25 & August 22 from 10:30-11:30AM. Call BCSSI to register.

July/August Activities Zionsville

Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities



An RSVP is required for all activities as space will be limited to facilitate social distancing. All events are subject to postponement or cancellation.

Our Zionsville office is open Wednesday & Friday 9:00AM-4:00PM

Caregiver Support Group

Caregiver Support Group will meet on July 10 & August 14 at 6:00PM. Support group meets at Independence Village West, 6800 Central Blvd, Zionsville (behind Meijer). Facilitated by Jessica Evans. Call BCSSI to register.

Sip & Learn

Join us on the first Friday of the month at 10:00AM in the Zionsville Town Hall.
July 5: Meet Chief Deputy Coroner Shane Daugherty & his furry friend Tate August 2: What's new at the Zionsville & Whitestown Libraries?
Call BCSSI to register. Thank you to the Zionsville Fire Department for sponsoring Sip & Learn!

SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday, July 3 & August 7. Call BCSSI for an appointment.

Lunch and Learn at the Town Hall second Friday of the month at noon. Space is limited. Call BCSSI to register.

July 12 Cooking Under Pressure w/Purdue Extension. Lunch by The Stratford

August 9 Surprise Topic and lunch by Grand Brook

Zionsville Crafts at the Town Hall

Join us monthly on the second Friday at 1:00PM. On July 12 make Diamond Art w/Cathy Jedwabny. Cost is \$5. August 9 make a card designed by Shirley Luttrell. Cost is \$5. Call BCSSI to register.

New! Zionsville Games

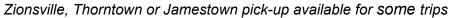
Join us for fun and games on July 24 at 1:00PM in room #205 at the Zionsville Town Hall. Games will be CANCELLED on August 28. Call BCSSI to register.

Art Class

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. *This class is currently full, call BCSSI to be placed on the waiting list.*

Get Out and Go with BCSSI!

Trips depart from: BCSSI Lebanon





Join us **Friday, July 19** to visit Aspasia Coffee and Bake Shop and Anne-Marie's Flower Farm. Pick your own bouquet for \$20! Trip

leaves BCSSI Lebanon at **9:00AM. Cost is \$10**.

Breakfast and flowers are not included. Call BCSSI to register.



Lunch & Learn on the Road Travels to...



Minnetrista Museum & Gardens & the Bob Ross Experience



Wed., August 14
Buffet lunch
on-site at the Museum.
Cost is \$62.
Registration begins

Monday, July 8 at 8:00AM Sponsored By Homewood Health Campus

Baseball

Indianapolis Indians vs the St. Paul Saints Buy your ticket at the gate Weds. Aug. 14 12:00PM \$10.00

New! Mystery Trips

Travel with us to a mystery location in Boone County.

Trips will be July 25 & August 22

Cost is \$10.

Departs BCSSI at 1:00PM and returns

by 4PM. Call BCSSI to register.



These two new transit vehicles recently came home to Boone County! We can't wait to get them branded as Boone Area Transit System (BATS) and add them to our public fleet. BATS has a variety of vehicles and 23 drivers to help get people of all ages where





9th Annual



Connecting Generations since 1978

BCSSI OLYMPICS







August 26 - August 29, 2024

Schedule Subject to Change

Open to all individuals age 60 and over in Boone County (Individuals outside of Boone County may participate but are not eligible to win medals)

12 events to choose from, including indoor and outdoor activities...something for everyone!

Opening Keynote Speaker: Harley Sheets, Author & Storyteller.

Deadline to Register is August 16th!

\$15 COST INCLUDES 4 DAYS OF FUN AND A COLLECTIBLE OLYMPICS T-SHIRT!



















Edward Jones



Transportation is FREE to BCSSI Olympic Events Please Call... (765)482-5220 or (317)873-8939 by 8/16!

Thank you Minute Print It-Olympic print sponsor



It makes us so happy at BCSSI to receive such kind comments from our clients, participants and community

members! Thank you Mike for your letter and stopping in for a recent visit! We hope you and others will continue to enjoy our many offerings!

Hello BCSSI:

My \$5 for the newsletter is enclosed. A couple of points, not that you necessarily need me to mention but...

- I found out about you from Tami Richardson when I was doing therapy, glad to have her for a friend by the way.
- 2. I received the first newsletter for this year before sending my money, thanks!
- I'm very disabled due to a stroke, but I am quite anxious to drop in, find something I can do there, also find something where I can give back. I'm trying to get back to driving, but either way...
- 4. It amazes me that you have such a valuable resource as the Senior Sounds newsletter for such a modest cost, kudos! Not to mention the organization and people and activities, it really blows me away.
- 5. Introducing myself a bit, I moved here from Fishers in 2022 because my daughter (with whom I live) moved here. My wife has Alzheimer's and is at Homewood. Love living in Lebanon! (See #4, that and a ton of other reasons.)

Look forward to meeting you. Best Regards, Micheal A. Baymon (Mike), Lebanon Are you looking for a PART-TIME JOB that will make a positive difference in the life of an older adult? Then you should join our Personal Services team!



Interested individuals with experience in homemaking/personal care, should **contact Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI.

Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer.

Background check required. **Contact 765-482-5220 or 317-873-8939 or**

chickson@booneseniors.org



We LOVE our Personal Services Team and so do our clients!

- So happy with services. Everyone is very surprised to see a male widow's home so clean!
- She is a jewel. I love her, she does what I need and she has become a friend.
- She takes care of everything when she comes, instant relief when she arrives.
- So grateful for Respite, it has been such a blessing.

BCSSI Staff Spotlight Welcomes Lorrie Brehmer



What is your responsibility at BCSSI?:

I am the Director of Finance at BCSSI and took Terry

Barnett's place when he retired. My job in a nutshell? I pay the bills and make the bank deposits and prepare the financial reports for BCSSI.

When did you start with BCSSI? I started with BCSSI in mid-March of this year.

What did you do before coming to BCSSI?: I was a stay-at-home mom with my 4 kids for 14 years, and then when my youngest son started first grade (2000) I went back to work. I worked as the Human Resource Coordinator at Hachette Book Group here in Lebanon for 23 years before retiring last spring. I also was Trinity Lutheran Church's principal organist for 20 years playing for services, weddings, funerals and other occasions.

Special hobbies/interests: I've been a musician most of my life, starting piano at age 8 and French horn when I entered grade school. I am a HUGE nature lover; have been all of my life, even snakes! My husband Bob and I raise monarch

butterflies every summer because we plant milkweed in our yard. I also sew and quilt, mostly during winter when I am cooped up indoors.

What do you feel makes BCSSI special?: The number one thing that makes BCSSI special are the people! BCSSI employs the nicest people you'd ever want to meet. Love them all!

Any interesting info about you:

I have 4 kids: Derek (age 38) is married to Melissa and they have 2 children, Silas (6) and Zoey (9 months). Tara (age 36), Craig (age 33), and Nathan (age 31). My husband Bob and I have

been married almost 13 vears! I graduated in 1982 from Augustana College, Rock Island, IL with 2 Bachelor Degrees. My father Gary Mezger lives at Crown Pointe here in Lebanon and I get to spend time with him a few times a week. He is 91 and doing great!





Congratulations & Welcome Lorrie to BCSSI!



Thank you to attendees, sponsors, donors & committee members for A Groovy Success at the 15th Annual BCSS Foundation Legacy Dinner!

The Foundation stepped back in time to the 1970's at Moontown Brewing Company in Whitestown for their annual Foundation Legacy Dinner. Guests enjoyed a delicious meal, silent auction, personal testimonies, & musical entertainment by Greg Anderson. Thank you to presenting sponsor Edward Jones as well as event sponsors Witham Health Services, Herr Farms/DM Stump Grinding and Bill & Sharon Walker. The Legacy Dinner brings awareness to the Foundation & raises funds to support it's mission of building a fund so BCSSI can continue serving older adults in Boone County. Want to learn more about the Legacy Program? Contact Sonya Shoup at 765-482-5220 or sshoup@booneseniors.org.

The Foundation board recently dedicated an engraved leaf on our beautiful Legacy Tree in honor of Leo "Bud" Falke for his generous support of the agency and Foundation over many years. Estate Trustee and friend, Pete Obremskey and his wife, Sandy, accepted the leaf and placed it on the tree. Leo's donations to the Legacy program will impact Boone County's growing senior population and make certain BCSSI can continue its services well into the future. Pictured are Pete and Sandy with board members and staff members.



For more information about leaving a Legacy or to mail a donation, honorarium or memorial please contact:

Boone County Senior Services Foundation, Inc. 515 CrownPointe Dr., Lebanon, IN 46052 sshoup@booneseniors.org 765-482-5220 or 317-873-8939

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.







BCSSI Offices are closed on July 4th for Independence Day

This includes all personal services and transportation services. We apologize for any Inconvenience.



Gleaner's Boone County Mobile Food Pantry 3rd Tuesday of each month 11:00AM-1:00PM Drive Thru Pick Up at the Boone County 4-H Fairgrounds









BCSSI staff members, Stacie & Cindy making meaningful connections with our fellow Boone County non-profits at the *Connect for Impact Retreat* for Non-Profits recently. Thank you Community Foundation of Boone County for this opportunity!!

BCSSI Memorial & Honorarium Gifts

In Memory of Bill Padgett

Cheryl Miller Anita Padgett

In Memory of Connie Boatright Barbara Anderson

In Memory of Donald DeVol Joy Reeves

In Memory of Dot Beyrouty

Ken & Vicki Carr In Memory of Fern Miner

Cindy Hickson

In Memory of James Fenters

The Wiegand Family Donna Eastman Fred Graf Randall Fenters

In Memory of Jean Kalski

Ron & Marilyn Neese, Doug & Tammi Woodward Judy Cunningham

In Memory of Joan Steelsmith

Barbara Anderson

In Memory of Julia Chinn

Katheryn Sparks Barbara Anderson

In Memory of Leila Peters

Judy Cunningham

In Memory of Martha Westfall

Vickie Daupert Linda Jones Judy Cunningham Bob & Phyllis Duff

In Memory of Neysa Searles

Patrick & Susan Norman Kim Searles Sheldon & Mary Marrs Alloise Cooper Richard & Carolyn Koontz McNutt & Kennedy Families

In Memory of Norma Noland Katheryn Sparks

In Memory of Robert Pickering Kenneth & Vicki Carr

In Memory of Rosa De La Rosa

Dixie Caldwell
Kathie Bowen Ginn
Mrs. Kathleen Servies
Pogas & Kostikas Family
Valaree Messenger
Rita Crane

In Memory of Rosa McDaniel King

Gladys Dickey Cindy Hickson

In Memory of Winnie Steiner

Cindy Hickson

In Honor of Dr. Michael

Hornbecker

Barbara Anderson

In Honor of Terry Barnett

Susan Hodgdon

In Honor of BCSSI friends Anita, Sonya, Cindy & Jenny for caring!

Allen Andrews

In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- •Benny Campbell, U.S. Air Force
- Charles Slaughter,
 Philippines/Okinawa/Purple
 Heart & Bronze Star medal
 Jim Evans, Battle of the
- Marion Adams, Italy/France

Bulge

- •Russell Swisher, Marched in Paris Liberation Parade/ Huertgen Forest/Battle of the Bulge
- George Cox, Channel Crossing torpedo survivor/ France
- Dr. Robert Coons, combat medic ETO/Purple Heart & Silver Star medals
- •Alvin Ping, WWII Submarine crewman

Donation, Memorial and Honorarium Form

I would like my donation t	o be used for (select one below):
A donation to the Agency	A donation to the Foundation
A memorial in memory of:	
An honorarium in honor of: _	
Please send notification card to:	
Street Address:	
City State Zin:	

Thank you for your gift. Please mail form with payment to: BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

Let BATS take you door to door!



Boone Area Transit System County Wide, All Ages

765-482-5220 or 317-873-8939 Monday-Friday 7:30AM-4:30PM Attention!!! VERIDA Standard Medicaid Transportation Trip Reservation Line: 1-855-325-7586

Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2024

to book your next transit appointment.								
SENIOR SUGGESTED DONATIONS								
Inside city limits (unlimited stops)	\$5.00							
Outside city limits in Boone Co. (unlimited stops)	\$10.00							
ALL TRIPS OUTSIDE COUNTY COSTS (Senior & Public)	Cost:							
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in								
the counties surrounding Boone round trip	\$20.00							
Zionsville, Whitestown to Indy or any other city in the								
counties surrounding Boone round trip								
Airport one-way mandatory pay per person								
Airport one-way mandatory pay for couple, each person pays								
Any trip over 30 miles or more add \$5.00	\$5.00							
PUBLIC TRANSIT COSTS/MISC.								
Charge each time client boards	\$4.00							
Drive-thru to <u>drop off</u> prescriptions only, food banks in Boone County	N/C							
Drive-thru to pick up medicine, bank								
Outside city limits in Boone Co.								
Lunch & Learn transportation								

Easy Pasta Salad

From: loveandlemons.com

Salad:

3 c. uncooked fusilli pasta

2 heaping cups halved cherry tomatoes

1 can chickpeas, drained & rinsed

2 c. arugula or fresh spinach

1 cucumber, quartered and sliced thin

1 c. crumbled feta cheese

1 c. fresh basil leaves, torn

1/2 c. minced fresh parsley

1/4 c. pine nuts, pepitas, or sunflower seeds

Dressing:

1/4 c. olive oil

3 Tbsp. fresh lemon juice

1 tsp. Dijon mustard

3 cloves garlic, minced

1 tsp. dried Italian seasoning

1/4 tsp. red pepper flakes

3/4 tsp. salt

Bring a large pot of salted water to a boil and cook pasta according to package directions. Whisk together all dressing ingredients in a small bowl. Drain pasta and toss with a little olive oil. Cool to room temp. Add pasta to a large bowl with remaining salad ingredients. Stir in dressing. Add more lemon juice, salt and pepper to taste.

SUMMER FUN WORDSEARCH

Т	Н	U	Ν	D	Ε	R	S	Т	0	R	М	Ι	L	S	0	W
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Р	S	U	Н	Ε	В	Α	S	Ε	В	Α	L	L	Υ	Z	Ν	Р
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WORD LIST

THUNDERSTORM SUNSCREEN SWIMMING CAMPING **PARADES BEACH** SUNGLASSES **POPSICLES** BASEBALL FRIENDS **FAMILY** Z00 WATERMELON **FIREWORKS** VACATION **PICNICS COOLER** GARDENING SLEEPING READING **PLAYING** HIKING



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