#### **BOONE COUNTY SENIOR SERVICES, INC.**

# SENIOR SOUNDS

Volume XLVI Number 3

May/June 2025



Kaitlin Morris, a proud Boone Area Transit System rider, made a special delivery to show her appreciation for our amazing drivers and the care they provide! She is pictured with Susan Hodgdon, Co-Director of Transportation.

Thank you Kaitlin!

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BCSSI Spotlight... Sandy Whybrew

...And More!

765-482-5220







317-873-8939

## **Boone County Senior Services, Inc.**

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#### Mission Statement:

To promote independence and provide enriching opportunities for older adults in Boone County.

#### Services include:

Homemaker & Personal Service
Guardianship
Respite
Transportation
Information & Assistance
Friendly Visitor & Volunteers
Activities & Workshops
Insurance Information
Legal Assistance
Prescription Counseling
Computer Classes
Caregiver Support & More!

#### **Boone County Senior Services, Inc.**

515 CrownPointe Dr., Lebanon, IN 46052 Monday-Friday, 8:00AM-4:30PM

#### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 206 Open Wednesday & Friday 9:00AM-4:00PM or by appointment. 765-482-5220 or 317-873-8939 www.booneseniors.org







#### From the desk of our Executive Director Anita Bowen



Thanks to many of you who have noticed and commented on my new hairstyle – a work in progress as I have had very short hair for decades. You might ask why am I challenging myself to

grow it out and fighting the "in between" stages on most days? The answer is that I simply was bored with the old style and wanted a change, plus I am determined to be able to put it up in a ponytail and wear it with a baseball cap sometime maybe later this year. So, if you see me randomly pulling it back, I am just checking to see how close I am getting and encouraging myself to keep at it and NOT cut it off! HA

Is there something that maybe you did in the past that you hadn't done for years - like riding a bike or planting a garden; talking to an old friend or relative; baking or cooking a favorite dish from yesteryear? There are all kinds of activities that come to mind, and I bet it's that way for you, too. Maybe there's an activity that you used to participate in at BCSSI that you wish we still did. If so, we'd love to hear from you. While we are always up for trying new things to bring to Boone County, sometimes it is meaningful to go back in time and re-do a program, activity or event that was memorable, special and fun. I know that many of you have been

a part of the BCSSI Family for years, so I look forward to hearing from you.

As we look ahead to the end of spring 2025 and the beginning of another summer, it's exciting for us to see all of the new people walking through our doors as the weather has been nicer. Although, on some days, people have kind of blown in, rather than walking in our doors with the strong winds that we seem to have in our little corner of Boone County on many days. We love welcoming new people not only to our lobby but to join us at lunch, coffee, crafts, book club, yoga and more. I hope that when you see someone new at these programs, you will invite them to sit with you and take a few minutes to get to know them. There are numerous friendships that have been built through a beginning that started at BCSSI and that sure makes our hearts happy.

This newsletter is, as usual, packed full of good stuff happening over the next two months. We look forward to getting you signed up for all the things and remind you how important an RSVP is so that we can be prepared. We are also grateful when you call us to cancel if your plans change. If nothing else, stop in often to see if I am still hanging in there with the commitment to growing my hair out!

Until Next Time,

Anita

#### What's Happening at BCSSI...



We celebrated spring by Crafting After Hours with Lana from Mount's Flowers and Gifts featuring beautiful bouquets and good company. These ladies each personally created their own fresh floral arrangement. Thank you Lana!

We had a note-worthy time at Lunch & Laugh with String It On String in Zionsville recently! Good food, great company, and music that really struck a chord! A huge thank you to our sponsors, Community Foundation of Boone County and Psi Iota Xi, Omega Chapter for making this event possible! And...a special thanks to Grand Brook Memory Care for providing a delicious lunch!





Our line dance crew hit the floor with the Cupid Shuffle and brought the energy to BCSSI! Nothing gets the party started like some classic line dancing moves and good company. Don't miss out...line dancing will be offered May 14 and 28 and June 11 and 25 at 10:30am. Come join the fun!

BCSSI had a fantastic visit with United Way of Central Indiana, sharing our mission and impact in the community. We're honored to be an accredited United Way Partner, working together to serve Boone County! Thank you, United Way, for your support and commitment to making a difference! Anita Bowen is pictured with Priti Tailor, Manager of Community Engagement & Aaron Gore, Director of Local Government Relations.



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We had a fantastic visit and tour with Boone County Commissioner, Scott Pell. We're incredibly thankful for our partnership in providing public transportation for neighbors of all ages. A big shoutout to Mark Farris for sharing his invaluable BATS knowledge with Scott. Together, we're making a difference!



We are thrilled to announce that we have added two new Personal Service attendants to our team! Angie Bascom, pictured with Cindy Hickson and Laura Esslinger. They have been extremely busy working on their certifications and getting to know our clients and their needs.



We had an incredible time learning life-saving skills at our Lunch & Learn. Thank you to Bennii Shore from the Zionsville Fire Department, who shared essential tips on CPR and choking response.



Host Your Next Event with Us!
Our Community Room is perfect for graduation parties, bridal/baby showers, birthdays, holiday gatherings, or any special occasion! You will help support our mission while enjoying a wonderful venue for your event! Contact BCSSI and ask for Jenny regarding costs and availability 765-482-5220 or jlemen@booneseniors.org.







The 10th Annual BCSSI Olympics is back and will involve competition for those age 60+ during August 25-28, 2025, with several activities throughout Boone County!

Events will include golf, bowling, track and field, basketball shoot, euchre, nature walk or fitness walk, swimming, line dancing, cornhole, bocce ball, pickleball

and table tennis. Proceeds from the Olympics support the mission of BCSSI which promotes independence and provides enriching opportunities for older adults in Boone County.

Watch for registration information and a timeline of events in the next Senior Sounds and at www.booneseniors.org!

Thank you to Witham Health Services and Homewood Health Campus for serving as the presenting sponsors.



Al & You: Enhancing Your Everyday Life

Join BCSSI & ByteCafe for this FREE evening workshop!
Thursday, May 22 from 5:30-7:00PM
BCSSI Lebanon Community Room

Free boxed dinner for the first 35 participants.
Registration is required. Deadline to sign up is May 16.
All are welcome! Invite your children and grandchildren to attend!
Call BCSSI to register.

Artificial Intelligence (AI) refers to the ability of computer systems to perform tasks that typically require human intelligence, such as learning, problem-solving, and decision-making.

"BCSSI is a jewel of an organization; there is something for everyone." ~Sandy Whybrew, BCSSI Art Student (Turn to page 10 to read about Sandy)

#### **BCSSI CORE VALUES:**

- Offer choices for older adults and their families
- Provide safe & affordable transportation for all ages
- Enhance, protect and preserve the dignity of all
- Maintain fiscal responsibility
- Cooperate with other agencies



Thank you to our 11th Annual BCSSI **Art & Photography Contest Participants!** 



Winners will be highlighted in the July/August Senior Sounds. Artwork will be on display at the library from now through May 28



Participant artwork must be picked up on Thursday, May 29 from Noon-1:30 PM.

SAVE THE DATE!!! Boone County Senior Expo SATURDAY, OCT. 4, 2025 Boone County 4-H Fairgrounds

#### **BCSSI 2025** Theater Thursdays!

Join us at the Lebanon 7 Theater 1600 N. Lebanon St., Lebanon

9:00AM – Breakfast Snack 9:30AM - Special Movie

Special movie shown for those age 60 and over for only \$2!

Featured movies to be announced soon!

\*All movies are either rated PG or PG-13 Review at www.imdb.com

May 15 - You Gotta Believe

June 19 - Triple Six Eight

July 17 - Summer Camp

August 21 - The Boys in the Boat

September 18 - A Big Bold Beautiful Journey

October 16 - Ordinary Angels

For Transit call (765)482-5220 or (317)873-8939

Sponsored By: **Better Hearing Clinics Boone County Extension Homemakers Guardian Angel Hospice Homewood Health Campus** 

#### **May/June Classes & Activities** Call 765-482-5220 for Registration and Information

All Classes & Activities held at BCSSI. Lebanon



An RSVP is required for all activities as space is limited. All events are subject to postponement or cancellation.

On the first Wednesday of each month we will have Brunch and Learn from 10:00-11:00AM and on the third Wednesday we will have Lunch and Learn from 12:00-1:00PM. Seating is limited and reservations are required for both programs.



#### Brunch and Learn 10:00-11:00AM

#### May 7

**CASOA** (Community Assessment Survey for Older Adults) results by CICOA & brunch by Zionsville Meadows



Don't miss this opportunity to explore ways to create a more agefriendly community!

June 4

TBD & brunch by Clinton House

#### Lunch and Learn 12:00-1:00PM

May 21 Lunch & Laugh with the Continetti's ladies dance group. Sponsored by the Community Foundation of Boone County and Psi-lota Xi Omega Chapter. Lunch by Clinton House.





Field Trip to the new BCSO (Boone County Sheriff's Office) Jail & lunch by BCSO. You must RSVP to BCSSI, if you are not on the list you will not be admitted. No entry before 11:45. Parking at the Lebanon Bowling Center.

#### SHIP Counseling & CICOA Benefits

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on Wednesday, May 28 & June 25. Call BCSSI for an appointment.



Wilma Miller works on a painting at a recent Brunch & Learn.

#### Legal Assistance

Free legal assistance will be offered on May 20 & June 17. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. For more in-depth assistance, the attorney can make a referral or give other options. Call BCSSI for an appointment.

#### Lebanon Games

Come join the fun on Thursday, May 1 & June 5 from 1:00-2:00PM. With Donna Newman & Shirley Hester. Call BCSSI to register.

#### **May/June Classes & Activities**

#### Call 765-482-5220 for Registration and Information

All Classes & Activities held at BCSSI, Lebanon



An RSVP is required for all activities as space is limited. All events are subject to postponement or cancellation.



Chair Yoga with Kelly Join us for a Chair Yoga Practice with

Kelly on May 2 and June 9 & 23 from 10:30-11:30AM.

There will be no Yoga on May 26.
Call BCSSI to register.

#### **Tech Time**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get *free* independent instruction.

Appointments available on **Tuesday afternoons**. **Call BCSSI to register**.

#### Line Dancing

Wednesday, May 14 & 28 and June 11 & 25 from 10:30-11:30AM with Rue Flanders. Call BCSSI to register.

#### **Art Class**

Every Thursday, 9:30AM-12:00PM with instructor Shirley Luttrell. Cost is \$8 per class. Shirley will work with beginner or intermediate students and any medium.

Call BCSSI to Register.

#### **Cover to Cover Book Club**

Book Club will meet Tuesday, May 6 at 1:00PM to discuss "One Moment" by Becky Hunter. The book for June 3 will be announced at the May meeting. Call BCSSI to register. Thank you to Hachette for donating our book club books!

#### **Needlepoint**

Meet at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.** 

#### **Classy Crafters**

Classy Crafters meets each month at 1:00PM. On May 21 make a wreath w/Barb. On June 18 create memories on canvas w/Betty Henry. Please bring 2-3 regular sized pictures. Cost is \$5 per class. This event will start at 1:30PM on June 18 only. Cost \$5.Call BCSSI to register.

#### Life Moves On

A meeting place for widows and widowers. The group will meet on Thursday, May 22 & June 26 from 10:30-11:30AM. Call BCSSI to register.

#### **May/June Activities Zionsville**

Call 317-873-8939 for Registration and Information

Zionsville activities are held in various facilities



An RSVP is required for all activities as space is limited. All events are subject to postponement or cancellation.

Our Zionsville office is open Wednesday & Friday 9:00AM-4:00PM

#### **Caregiver Support Group**

Caregiver Support Group will meet on May 14 & June 11 at 6:00PM. Support group meets at Independence Village West, 6800 Central Blvd, Zionsville (behind Meijer). Facilitated by Jessica Evans. Call BCSSI to register.

#### Zionsville Crafts at the Town Hall

Join us monthly on the second Friday at **1:00PM.** On **May 9** make a wreath w/Barb. On **June 13** create memories on canvas w/Betty Henry. Please bring 2-3 regular sized pictures. Cost is \$5 per class. **Call BCSSI to register.** 

#### **Zionsville Games**

Join us in Room #205 at the Zionsville Town Hall from 1:00-2:00PM on Wednesday, **May 28** for Trivia w/Kathy & Brenda and **April 23** for Jeopardy w/ Neal from the Stratford

#### Sip & Learn

Join us on the first Friday of the month at 10:00AM in the Zionsville Town Hall. March 7: Talk With a Fireman. June 6: TBD. Call BCSSI to register. Thank you to the Zionsville Fire Department for sponsoring Sip & Learn!

Lunch and Learn at the Town Hall second Friday of the month at noon. Space is limited. Call BCSSI to register.

May 9



Questions and Answers w/ BCSO (Boone County Sheriff's Office) & lunch by BCSO

June 13

"Remember When" a Story Time Game & lunch by Senior Helpers

#### **Art Class**

Every Tuesday, 9:30AM-12:00PM with instructor Shirley Luttrell. This class is currently full, call BCSSI to be placed on the waiting list.

#### **SHIP Counseling & CICOA Benefits**

A CICOA representative will be available by appointment to provide seniors with unbiased information about Medicare, Nursing Facilities, Emergency Response Systems, Public Benefits, Nutrition, and more on May 7 and June 4.

Call BCSSI for an appointment.

#### **Get Out and Go with BCSSI!**

**Trips depart from:** BCSSI Lebanon

Zionsville. Thorntown or Jamestown pick-up available for some trips



## Lunch and Learn on the Road to the Bridgeton/Rockville area Wednesday, June 25

Cost: \$50

Guided tour of the Bridgeton Mill, visit to the Bridgeton covered bridge, BBQ lunch at Thirty Six Bar & Grill and shopping in Rockville.

Sign up begins Friday, May 2 at 8:00AM

Sponsored by Signature Healthcare at Parkwood



#### **Mystery Trips Return!**

These trips are great for men and women age 60 and over. The first dates are Thursday May 22 and June 26 from 1:00-4:00PM. Trips depart from BCSSI Lebanon. Cost is \$10 per trip. On some trips there is an opportunity to purchase items, please plan accordingly. Registration required.



Save the Date!
BCSSI Travel Group
Branson Holiday Show trip.
November 10-14, 2025
Single \$1030 & Double \$875
Registration is:
Wednesday, June 25 from 5-6PM,
BCSSI Lebanon



#### Note from Jessica Evans, BCSSI Director of Outreach/ Caregiver Support...

If you were to ask me what it's like to attend our caregiver support group, I'd say this information below describes it perfectly. We are a community of caregivers offering support, understanding, and encouragement through shared experiences. I encourage you to join us and see the difference it can make.

(Check out page 10 the upcoming dates and times for Caregiver Support Group.)

**Emotional Support** – A safe space to share feelings and experiences with others who truly understand the challenges of caregiving.

**Reduced Isolation** – Connect with fellow caregivers who remind you that you're not alone in this journey.

**Practical Advice** – Gain valuable insights, tips, and strategies from those who have walked a similar path.

Encouragement & Empowerment – Receive motivation and reassurance from others who understand your struggles.

**Stress Relief** – Talking things through with others can ease the emotional burden of caregiving.

**Increased Resilience** – Learn new coping strategies and ways to navigate the challenges of caregiving more effectively.

**Hope & Inspiration** – Hear stories of perseverance and find comfort in knowing that progress is possible.

**Bonds & Friendships** – Build meaningful relationships with others who share your experiences and can offer ongoing support.

Hope to see you at our next support group.~**Jessica** 



## Get Organized & Pick Up a FREE Caregiver Navigator

Caregiving is paper intensive...important documents,

prescriptions, notebooks, receipts, and schedules related to illness, treatment, and appointments. As a caregiver, your binder is your mobile caregiving center. Use the Caregiver Navigator to organize your loved one's caregiving journey!

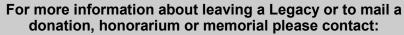
Go to www.booneseniors.org/resources to download a copy or for a FREE hard copy contact our office.

#### Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact: Jessica Evans at 765-482-5220 or 317-873-8939 or jevans@booneseniors.org







Boone County Senior Services Foundation, Inc. 515 CrownPointe Dr., Lebanon, IN 46052 sshoup@booneseniors.org, 765-482-5220 or 317-873-8939

The mission of the Boone County Senior Services Foundation, Inc. is to grow a fund so BCSSI can continue serving older adults in Boone County.



Like it or not, we are doing more and more of our shopping, investing, banking and bill paying through the internet.

But, security breaches, fishing and targeting make our information and, worse, our assets at risk!

Join the BCSS Foundation and special guest, Perry Hammock for a **FREE** overview of the problem areas and what you can do to keep safe in this electronic world!

FREE boxed meal for the first 25 to RSVP....
Invite your grandchildren to attend, all ages welcome!

RSVP to sshoup@booneseniors.org or 765-482-5220 or 317-873-8939



Perry and his wife Chris have traveled extensively during retirement and have experienced first hand the importance of online safety.

"We consider BCSSI and the BCSS Foundation as one entity serving the seniors of Boone County. While BSCCI supplies daily services to seniors, the Foundation stands behind them providing a financial safety net in the time of monetary shortfalls and annual support. We feel these organizations are a valuable part of the growing senior population in Boone County and we encourage everyone to support them with a financial contribution."

~Dave & Linda Rusie, Zionsville





Thank you to Foundation board member and attorney, Troy Thompson (pictured in the center) for speaking at a recent BCSSI Lunch and Learn hosted by the Foundation. Troy spoke about "Power of Attorney, Your Own Superhero".

Continue to watch for information on future financial programs hosted by the Foundation.



#### FLIP THE SCRIPT ON AGING: MAY 2025

Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month (OAM), a time to recognize older Americans' contributions, highlight aging trends, and reaffirm our commitment to serving older adults.

The 2025 theme, Flip the Script on Aging, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, join us in honoring older adults' contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging.

For more information go to: www.acl.gov

## Thank you ALZHEIMER'S ASSOCIATION

for hosting two workshops this spring at BCSSI.

For more information and a variety of resources go to:
Alz.org/Indiana
24/7 Helpline 800-272-3900

The Alzheimer's Association is the leading health organization in Alzheimer's care, support and research.

#### SAVE THE DATE:

The 10 Signs of Alzheimer's Workshop Nov. 13 at 5:30pm at BCSSI! Watch for more info to come!

#### The Shalom

House is a dine-in facility and offers a free hot meal program on Tuesday evenings.



Saturdays at noon and the last Thursday evening of the month. All are welcome! Meals are also delivered to those who have physical limitations. Shalom also offers a Kid's Sack Lunch Program during the summer.

For more information contact:
Shalom House
304 W. Green St., Lebanon
765-891-9065
www.theshalomhouse.org

## BCSSI Spotlight Sandy Whybrew BCSSI Art Student



## How long have you lived in Boone County and what do you enjoy?

Sixteen years ago, as my husband Gordon and I were anticipating our retirement years, we bought four acres west of Lebanon and moved here from Indy

Northside. We wanted a place where we could enjoy quiet country living and raise as much of the food we eat as possible.

We love gardening and cooking, being home, and having friends and family in. We rarely eat out, don't vacation, and don't even leave Boone County very often. It is a life of contentment and being with people we love, exactly what we always wanted for this time of our lives.

#### Family...

Gordon and I have been married 57 years and have 2 sons, 6 grandchildren, and 2 great grandchildren. Life is good!

#### Profession or career...

For almost 18 years I was the Executive Assistant to the Lead Pastor of Traders Point Christian Church.

## When did you first learn about BCSSI and Shirley Luttrell's watercolor class?

After retiring 10 years ago, a friend told

me about BCSSI and Shirley Luttrell's watercolor class. I loved it from day one. People who know me know that Thursdays are strictly reserved for this class! (Turn to pages 9 and 10 for class info.)

### What do you enjoy most about the class?

I had never used watercolors so I had everything to learn about painting! But, more important than that are the friendships I've made through 10 years in this class. When I retired, I assumed my life might become smaller somehow, but the people I've met and the friends I've made through BCSSI make my life vibrant in ways I didn't expect.

### Have you participated in other BCSSI activities?

At one time or another I have taken advantage of informative lectures, short day trips, craft times, tech time, been a Friendly Visitor, and I always love the annual Silent Auction. BCSSI is a jewel of an organization; there is something for everyone.



Pictured are a couple of Sandy's beautiful hand painted notecards. BCSSI and the Foundation love to send these unique works of

art to our donors & friends.

Thank you Sandy for sharing your talent with us and supporting BCSSI!



### Would you like to become a Sustaining Donor?

If you would like the convenience of making a donation, of any amount, on a regular basis, such as monthly, bi-monthly, or even quarterly, we can set up your payment information so an electronic donation can be facilitated without you having to remember to contact us. We can also send you a receipt of payment for your records.

To learn more, contact:

Lorrie Brehmer, Director of Finance, 765-482-5220 or Ibrehmer@booneseniors.org.

Thank you for your support!







We also welcome donations of used and new equipment!

#### Gleaner's Boone County Mobile Food Pantry

3rd Tuesday of each month 11:00AM-1:00PM Drive Thru Pick Up at the Boone County 4-H Fairgrounds



#### **BCSSI Memorial & Honorarium Gifts**

#### In Memory of Jane Quick

Christine Foreman
Doug & Barbara Vawter
Michael & Jo Flinn
Tamien & Michael Zeller
Pat Martin Bell & Mike Bell
Peggy Bailey

In Memory of Melanie Turner Ron & Marilyn Neese

In Memory of Karen Pierce Anita Padgett

In Memory of Ruthalice Watson
Bill & Linda Stuteville

In Memory of Virginia Hussong Eric & Cynthia Goodnight

In Memory of Robert K. Duncan
Carol Duncan

In Honor of Maria Shepherd Kay Martin

In Honor of Kay Martin's 84th Birthday

Jessica Evans

### In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:

- Jim Limp, WWII Veteran
- Marvin Bishop, Battle of the Bulge/early arrival liberation of Aachen, Germany
- Floyd Newkirk, Mediterranean/ European Theaters
- Phil Thrine, USN
- Note Truelock, USN Caribbean
- Odette Chase, Child in France under occupation
- Irwin Martin, Combat Infantry Korea
- Terry Bayles, Combat Infantry, Tet Offensive, Vietnam
- Charlie Acton, USN Korean War Era
- Doc Hardin, WWII Service

When you make a donation in memory or honor of an individual you are helping support the mission of BCSSI. We will also send an acknowledgement letter to the individual or family making them aware of your donation in their memory/honor.

#### **Donation, Memorial and Honorarium Form**

I would like my donation	to be used for (select one below):
A donation to the Agency	A donation to the Foundation
A memorial in memory of:	
An honorarium in honor of:	
Please send notification card to:	
Street Address:	
City, State, Zip:	

Thank you for your gift. Please mail form with payment to: BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052

#### Let BATS take you door to door!



Boone Area Transit System County Wide, All Ages

765-482-5220 317-873-8939 Monday-Friday 7:30AM-4:30PM Attention!!!
VERIDA
Standard Medicaid
Transportation Trip
Reservation Line:
1-855-325-7586

Call this number for a reservation, any changes or cancellations and when your appointment is finished. Your preferred provider is Boone County Senior Services/BATS.

Boone Area Transit System operates by appointments made in advance. We welcome calls for LAST MINUTE transportation for non-medical, unscheduled appointments! Please call to check the schedule and hopefully we can help you get where you need to go!

Boone Area Transit Pricing 2025		
Due to increase in demand please allow 2 weeks notice to book your appointment.		
SENIOR SUGGESTED DONATIONS	Cost:	
Inside city limits (unlimited stops)	\$5.00	
Outside city limits in Boone Co. (unlimited stops)	\$10.00	
ALL TRIPS OUTSIDE COUNTY COSTS (Senior & Public)	Cost:	
Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in		
the counties surrounding Boone round trip	\$20.00	
Zionsville, Whitestown to Indy or any other city in the		
counties surrounding Boone round trip	\$15.00	
Airport one-way mandatory pay per person	\$25.00	
Airport one-way mandatory pay for couple, each person pays	\$20.00	
Any trip over 30 miles or more add \$5.00	\$5.00	
PUBLIC TRANSIT COSTS/MISC.	Cost:	
Charge each time client boards	\$4.00	
Drive-thru to <u>drop off</u> prescriptions only, food banks in Boone County	N/C	
Drive-thru to pick up medicine, bank	\$3.00	
Outside city limits in Boone Co.	\$6.00	
Lunch & Learn transportation	No Charge	

#### **Apple Nut Muffins**

Recipe Submitted By: Helen Roberts

1 egg 2/3 c. apple jui

2/3 c. apple juice or milk

sugar. Bake at 400° for 20 minutes.

1/2 c. oil

1 tsp. vanilla

2 c. flour

1 apple, peeled and chopped

1/4c. white or brown sugar

1 Tbsp. baking soda

1/2 tsp. salt

1/2 c. chopped nuts

Beat first four ingredients. Stir in remaining ingredients.

Pour batter into 12 lined muffins tins. Sprinkle with cinnamon and



1. bloom
2. shower
3. butterfly
4. flower
6. tulip
7. seeds
7. seeds
9. umbrella
10. daffodil
11. picnic
11. picnic
13. garden
13. garden

Answers:



Connecting Generations

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$10 annual donation to defray printing and mailing costs to:

BOONE COUNTY SENIOR SERVICES. INC. 515 CrownPointe Drive, Lebanon, IN 46052

To receive electronic copies of this newsletter email us at bcssi@booneseniors.org www.booneseniors.org Boone County Senior Services, Inc. is partially funded by the Boone County Commissioners, UWCI & CICOA.



BOONE COUNTY SENIOR SERVICES, INC. 515 CrownPointe Drive Lebanon, IN 46052

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