

**Boone County Senior Services, Inc.**

# SENIOR SOUNDS

Volume XLVII Number 6

Nov./Dec. 2026



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The Lebanon Reporter



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**Senior Expo 2026...Thank you for another memorable year!**

## What's Inside:

Pages 5      Holiday Silent Auction  
Page 12-14      National Family Caregiver's Month  
Page 19      Helpful Resources

*...And More!*

765-482-5220



317-873-8939

@bocoseniors

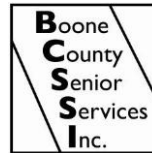
# Boone County Senior Services, Inc.

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### ***Mission Statement:***

*To promote independence and  
provide enriching opportunities for  
older adults in Boone County.*

### ***Services include:***

Homemaker & Personal Service  
Guardianship  
Respite  
Transportation  
Information & Assistance  
Friendly Visitor & Volunteers  
Activities & Workshops  
Insurance Information  
Legal Assistance  
Prescription Counseling  
Computer Classes  
Caregiver Support & More!

### **Boone County Senior Services, Inc.**

515 CrownPointe Dr.,  
Lebanon, IN 46052  
Monday-Friday, 8:00AM-4:30PM

### **BCSSI Satellite Office**

Zionsville Town Hall, Rm. 206  
Open Wednesday & Friday  
9:00AM-4:00PM or by appointment.

**765-482-5220 or 317-873-8939**

**[www.booneseniors.org](http://www.booneseniors.org)**



@Bocoseniors

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## From the desk of Executive Director Anita Bowen



I went to a transit conference recently. It was in Fort Wayne, IN at Parkview Field. This field is home to the minor league baseball team called the Fort Wayne TinCaps. The TinCaps are the High-A affiliate of the San Diego Padres of the MLB. For this baseball

-loving girl, it was simply the best conference venue ever! Despite that it wasn't in season for the TinCaps so we couldn't attend a game, it was awesome to have the opportunity to explore their fabulous facilities, and to watch them start to transform the field for their annual Holiday Lights walk-thru experience featuring more than two million lights!!

In addition to the opportunity to listen to presentations from a suite overlooking Parkview for three beautiful weather days, my favorite speaker was a TinCaps management team member on Inspirational Leadership. Jennifer "hit it out of the park" with her presentation that shined with passion, energy, and love for her career + people in general. I smiled from beginning to end as she shared about her twelve years serving in different roles for the team but always being focused on the relationships in her path no matter what the position. After the conference, I learned that that Jennifer was named the General Manager for the TinCaps – the first female GM in Fort Wayne professional baseball history. It was her goal to become a GM and I know she will be incredibly successful in this position.

My greatest takeaway from this presentation is a challenge to spend five minutes each day getting to know someone better. Not talking to them about work, business or anything related to a community hot topic. How about talking to them about their family, pets, hobbies, favorite vacations, upcoming travel, or stay-at-home project adventures? Perhaps those of you reading this column are better at this, or maybe you need the challenge, too...to pick up the phone, set a coffee/lunch date, to stay after a BCSSI activity and visit for five more minutes; some of you are even still awesome at sending informative "pen pal" type cards and letters. I love it!

I hope to spend five minutes talking to you sometime soon. I would love to hear about your hobbies -- maybe you even have something extraordinary that might be a fun topic for a BCSSI program in 2027. If you do, please spill the beans sooner rather than later.

Thinking of each of you as we journey into the holiday season and hope that you will enjoy making new memories with those who mean the most to you. Who knows, maybe someone who's reading this newsletter will even make it to Parkview Field for their Holiday Lights event and you will send me a photo or two so that I can see how it all turned out.

Until next time, **Anita**



Our Fall Mystery Trip travelers took a step back in time at the historic Howard Schoolhouse, where Miss Kelley and Miss Elaine were ready to teach a lesson or two! The afternoon began with a little old-fashioned discipline for arriving late, followed by reading lessons, drawing, paper cup folding, and a good old-fashioned spelling bee! A BIG thank you to our wonderful teachers and everyone at the Howard Schoolhouse!



Marian's Monarchs fluttered into BCSSI for two wonderful programs during September. Sip & Learn in Zionsville and Brunch & Learn in Lebanon! Thank you to Marian for sharing her knowledge and passion for monarch butterflies with us, to the Zionsville Fire Department for the breakfast bites, and to Just Love Coffee Cafe - Lebanon for providing brunch. We loved learning together!



Adventure, beautiful views and exciting travels! The BCSSI Travel Group recently visited Niagara Falls! Turn to page 11 to find out more about the next exciting trip to South Carolina in 2027 and when you can sign-up!

Thank you very much, Lilly! Our landscaping got some love during Eli Lilly and Company Global Day of Service! Lilly volunteers dug in, spread mulch, and gave the grounds at BCSSI a beautiful refresh. We're grateful you chose to spend your day with us...and we love the results!





# 7<sup>TH</sup> Annual Holiday SILENT AUCTION

**Bids made in person**

**BCSSI Community Room**

**515 CrownPointe Dr  
Lebanon, IN 46052**

**Nov 12 8:30am-4:30pm**

**Nov 16-17 8:30am-4:30pm**

**Nov 18 8:30am-5:30pm (Bidding Closes)**

**Holiday Treats**

**EVENT SUBJECT TO CHANGE**

**Something for everyone on  
your Christmas List!**

Handbags • Jewelry • Gift Certificates  
• Gift Baskets • Holiday Décor

**All proceeds support the mission of BCSSI!**

For more information or to make a donation  
to the silent auction contact: BCSSI at  
765-482-5220 or 317-873-8939  
or email [sshoup@booneseniors.org](mailto:sshoup@booneseniors.org)

[www.booneseniors.org](http://www.booneseniors.org)



**Join us for the Living Well with Dementia FREE EVENT!**



**Thursday,  
November 5th, 2026**



**2:00 PM-3:30 PM**



**Boone County Senior  
Services, Inc**

515 Crown Pointe Dr,  
Lebanon, IN 46052

**Registration Required**

**(765)-482-5220 or (317)-873-8939**

**Join Pat and Rafik Bishara, Ph.D., as  
they share how their lives have  
changed since Pat's diagnosis.**

Their story will help us as we strive to understand and assist our family members and friends as they learn to live with this condition. Joining them will be Madison Pattin, CICOA Outreach Specialist and a representative from the Alzheimer's Association, who will share what their organizations are doing to help individuals like Pat and Rafik.



**Dementia  
Friendly  
Indianapolis**



*Connecting Generations  
since 1978*



## 2026 BCSSI Olympics MEDAL RESULTS

**229**  
**Participants!**

### **EUCHRE:**

GOLD: Fred & Denise Chitwood  
SILVER: Becky Ottinger &  
Vickie Smith  
BRONZE: Debbie Maxwell &  
Barb Moore

### **BOCCE:**

GOLD: Judy Martineau &  
Tom Martineau  
SILVER: Russ Handlon &  
Cindy Aguirre  
BRONZE: Vicky Deckard &  
Penny O'Conner

### **TABLE TENNIS:**

#### **WOMEN:**

GOLD: Donna McDaniel  
SILVER: Karynn Seppel  
BRONZE: Angie Brown

#### **MEN:**

GOLD: Noel Bewley  
SILVER: Chuck Trupe  
BORNZE: Albert Hendrix

### **BOWLING:**

#### **WOMEN:**

60-69  
GOLD: Karynn Seppel  
SILVER: Judy Martineau  
BRONZE: Deanne Kreakie  
70-79  
GOLD: Donna McDaniel  
SILVER: Diane Williams  
BRONZE: Debbie Maxwell  
80-89  
GOLD: Lois Baker  
SILVER: Janie Briggs  
BRONZE: Sandy Jeffers

#### **MEN:**

60-69  
GOLD: Glenn Hicks  
SILVER: Duane Fortune  
BRONZE: Paul Seppel  
70-79  
GOLD: Ed Goon  
SILVER: Chuck Trupe  
BRONZE: Michael Williams  
80-89  
GOLD: Glenn Andrew  
SILVER: Mark Reagan  
BRONZE: Jerry Mitchell  
90-99  
GOLD: Jack Robinson  
SILVER: Sam Vickrey

### **TRACK & FIELD**

#### **SOFTBALL THROW**

#### **WOMEN**

60-69  
GOLD: Laurie Durham  
SILVER: Debbie Sharp  
BRONZE: Maria Shepherd  
70-79  
GOLD: Donna McDaniel  
SILVER: Kathy VanHorn  
BRONZE: Vicky Deckard  
80-89

GOLD: Vera Doll

SILVER: Lois Gramlin  
BRONZE: Mary Brown

#### **MEN**

60-69  
GOLD: Tim Christenson  
SILVER: Kevin VanHorn  
BRONZE: Duane Fortune  
70-79

GOLD: Aaron Smith  
SILVER: David Pfeiffer  
BRONZE: Bill Fogle  
80-89

GOLD: Joe Klemme  
SILVER: Phil Brown  
BRONZE: Jerry Mitchell  
90-99

GOLD: Sam Vickrey

### **SHOTPUT**

#### **WOMEN**

60-69  
GOLD: Mary Hicks  
SILVER: Debbie Sharp  
BRONZE: Cathy Adams  
70-79  
GOLD: Donna McDaniel  
SILVER: Vicky Deckard  
BRONZE: Shirley Hester  
80-89  
GOLD: Janet Pickering  
SILVER: Patty Golladay  
BRONZE: Sandy Jeffers

#### **MEN**

60-69  
GOLD: Kevin VanHorn  
SILVER: Duane Fortune  
70-79  
GOLD: Chuck Trupe  
SILVER: Aaron Smith  
BRONZE: Raymond McCaffrey  
80-89  
GOLD: Joe Klemme  
SILVER: Jerry Mitchell  
90-99

GOLD: Sam Vickrey

### **200 METER RUN**

#### **WOMEN**

60-69  
GOLD: Laurie Durham  
SILVER: Debbie Sharp  
BRONZE: Cathy Adams

#### **MEN**

70-79  
GOLD: Chuck Trupe  
SILVER: David Pfeiffer  
BRONZE: Bill Fogle

### **400 METER RUN**

#### **WOMEN**

60-69  
GOLD: Laurie Durham  
SILVER: Cathy Adams  
BRONZE: Debbie Sharp

#### **MEN**

60-69  
GOLD: Tim Christenson  
SILVER: Kevin VanHorn  
70-79  
GOLD: David Pfeiffer  
SILVER: Chuck Trupe

## **800 METER RUN**

### **WOMEN**

60-69

GOLD: Christine Hedge

SILVER: Mary Hicks

BRONZE: Mary Zigler

### **MEN**

60-69

GOLD: Tim Christenson

70-79

GOLD: David Pfeiffer

SILVER: Chuck Trupe

## **1600 METER FAST WALK WOMEN**

60-69

GOLD: Laurie Durham

SILVER: Cathy Adams

BRONZE: Debbie Sharp

70-79

GOLD: Jessica Smith

### **MEN**

60-69

GOLD: Kevin VanHorn

SILVER: Eric Garr

70-79

GOLD: Chuck Trupe

SILVER: David Pfeiffer

BRONZE: Bill Fogle

80-89

GOLD: John Douglass

## **CORNHOLE**

### **23 FEET**

GOLD: Charles Stathers &

Randy Swails

SILVER: Chuck & Debbie Trupe

BRONZE: Glenn & Karen Andrew

### **18 FEET**

GOLD: Joe Klemme & John Irwin

SILVER: Dennis Putnoff & Glenn

Andrew

BRONZE: Nancy Goldsberry &

Rex Goldsberry

## **BASKETBALL SHOOT**

### **8 FOOT**

#### **WOMEN**

60-69

GOLD: Jackie Morris

SILVER: Kathy Lowder &

Mary Hicks (tie)

BRONZE: Deanne Kreakie

70-79

GOLD: Shirley Hester

80-89

GOLD: Sandy Jeffers

SILVER: Patty Golladay

90-99

GOLD: Grace Rowe

### **MEN**

80-89

GOLD: Joe Klemme

SILVER: Jerry Mitchell

### **10 FOOT**

#### **WOMEN**

60-69

GOLD: Marie Shepherd

70-79

GOLD: Karen Metzger

### **MEN**

60-69

GOLD: Kevin VanHorn

SILVER: Duane Fortune

70-79

GOLD: Randy Swails

SILVER: Charles Stathers

BRONZE: Dan Warkentien

80-89

GOLD: David Means

SILVER: Glenn Andrew

BRONZE: Glenn Allen

Andrew

90-99

GOLD: Sam Vickrey

SILVER: Jack Robinson

### **WHEELCHAIR**

GOLD: Gale Cripe

SILVER: Eric Garr

## **GOLF**

### **9 HOLES**

#### **WOMEN**

60-69

GOLD: Cindy Aguirre

70-79

GOLD: Carolyn Koontz

SILVER: Cathy McHargue

BRONZE: Lona Lucas

80-89

GOLD: Evelyn Huser

### **MEN**

60-69

GOLD: Kevin VanHorn

70-79

GOLD: Mark Vickrey

SILVER: Chuck Trupe

BRONZE: Fred Chitwood

80-89

GOLD: Donald Crawford

90-99

GOLD: Sam Vickrey

### **18 HOLES**

#### **WOMEN**

60-69

GOLD: Mary Hicks

### **MEN**

60-69

GOLD: Scott Swisher

SILVER: Glenn Hicks

BRONZE: Jeff Evans

70-79

GOLD: Charlie Acton &

Doug Vawter (tie)

80-89

GOLD: Glenn Andrew

SILVER: David Means

BRONZE: Frank Hensley

## **PICKLEBALL**

GOLD:

John Goodwin & Max Allen

SILVER:

Albert & Judi Hendrix

BRONZE:

Jim Guerin & Kevin Cole

## **\*\*\*\*SPECIAL AWARDS\*\*\*\***

### **Oldest Female Participant**

Betty Meeker, age 103

### **Oldest Male Participant**

Lawson (Bill) Alexander and

Walter Andrews, age 95

### **Most Events (male)**

Chuck Trupe (9)

### **Most Events (female)**

Sandy Jeffers and Christine

Hedge (8)

### **Most Medals (male)**

Chuck Trupe (8)

### **Most Medals (female)**

Debbie Sharp (5)

### **Spirit Award**

**Male** – Kevin VanHorn

**Female** – Patty Golladay

### **Outstanding Group**

#### **Participation Award**

CrownPointe of Lebanon

## **November/December Classes & Activities**

**Call 765-482-5220 for Registration and Information**

*All Classes & Activities held at BCSSI, Lebanon*



**An RSVP is required for all activities as space is limited.  
All events are subject to postponement or cancellation.**

On the first Wednesday of each month we will have Brunch and Learn from 10:00 -11:00AM and on the third Wednesday we will have Lunch and Learn from 12:00-1:00PM. Seating is limited and reservations are required for both programs.



### **Brunch and Learn 10:00-11:00AM**

Nov. 4 Holistic Doctoring w/ Beth Bartlett.  
Lunch by CrownPointe of Lebanon.

Dec. 2 CANCELLED

### **Lunch and Learn 12:00-1:00PM**

Nov. 18 Silent Auction bidding and visiting with friends. Lunch by Home National Bank and Smoke Show Catering.

Dec. 16 Music for the Jennerations! Lunch by Homewood Health Campus.

### **Legal Assistance**

Free legal assistance will be offered on **Tuesday, November 17 and December 15**. BCSSI Legal Assistance is an opportunity for older adults to ask questions of a legal nature and for the attorney to give simple legal advice. **For more in-depth assistance, the attorney can make a referral or give other options. Call BCSSI for an appointment.**

### **Life Moves On**

A meeting place for widows and widowers. ***The group will not meet in November or December.***

### **Lebanon Games**

Come join the fun with Donna Newman & Shirley Hester from 1:00-2:00PM on the first Thursday of the month.

**November 5: Yahtzee and December 3: Cornhole inside, and a grab bag exchange (grab bags will be provided). Call BCSSI to register.**

### **Line Dancing**

**Wednesday, November 11 and December 9 from 10:30-11:30AM** with Rue Flanders. ***Line Dancing will not meet November 25 and December 23. Call BCSSI to register.***

## **November/December Classes & Activities**

**Call 765-482-5220 for Registration and Information**

*All Classes & Activities held at BCSSI, Lebanon*



**An RSVP is required for all activities as space is limited.  
All events are subject to postponement or cancellation.**



**Chair Yoga  
with Kelly**

Join us on  
**November 9 and  
December 14 & 23 from 10:30-  
11:30AM. Yoga will not meet  
November 23.**

**Call BCSSI to register.**

### **Tech Time**

Bring in your phones, tablets, eReaders, cameras or laptops, or use one of our computers, and get free independent instruction. Appointments available on **Tuesday afternoons.**

***\*Due to high demand, clients can register for one appointment a month and we will only schedule for the current two months.\****

### **Classy Crafters**

Classy Crafters meets each month on the third Wednesday at **1:00PM.**

**November 18:** Sophisticated Ornament w/Rue. **December:** CANCELLED. Cost is \$5 per class. **Call BCSSI to register.**

### **Medicare Open Enrollment**

**Appointments are available on November 12. Contact BCSSI to register.**

### **Cover to Cover Book Club**

Book club will meet on **Tuesday, November 3 at 1:00** to discuss **"The Dictionary of Lost Words"** by Pip Williams. The book for **December 1** will be announced at the September meeting. **Call BCSSI to register.**

### **Needlepoint**

Meets at BCSSI on the **first Monday** of the month at **1:00PM** to work on your own projects. **Call BCSSI to register.**

## **Muffins & Masterpieces**

Join us to  
create your  
own  
masterpiece on  
**December 10**  
**from**  
**1:00-2:30PM.**

**Sponsored by  
CrownPointe  
of Lebanon.**



## **November/December Activities Zionsville**

**Call 317-873-8939 for Registration and Information**

*Zionsville activities are held in various facilities*



**An RSVP is required for all activities as space is limited.  
All events are subject to postponement or cancellation.**

**Our Zionsville office is open Wednesday & Friday 9:00AM-4:00PM**

### **Caregiver Support Group**

Caregiver Support Group will meet on **November 11 and December 9 at 6:00PM. Support group meets at Independence Village West, 6800 Central Blvd, Zionsville (behind Meijer). Facilitated by Kelly Martin. Call BCSSI to register.**

### **Zionsville Crafts at the Town Hall**

Join us monthly on the second Friday at **1:00PM. November 13:** Sophisticated Ornament w/ Rue Flanders. **December: CANCELLED** Cost is \$5 per class. **Call BCSSI to register.**

### **Zionsville Games**

Join us in Room #205 at the Zionsville Town Hall from **1:00-2:00PM** on the fourth Wednesday of the month. **Games will not meet in November and December.**

### **Crafty Cards with Christy Kulwicki**

Friday **November 20 from 10:00-12:00** in Room 204 at the Zionsville Town Hall. Cost if \$5 per class. **Crafty Cards will not meet in December. Call BCSSI to register.**

**Lunch and Learn at the Town Hall**  
**second Friday of the month**  
**12:00PM to 1:00PM.** Space is limited. **Call BCSSI to register.**

Nov. 13      Chair yoga w/Gretchen. Lunch by Zionsville Meadows.

Dec. 11      Music for the Jennerations! Lunch by Homewood Health Campus.

### **Art Class**

**Every Tuesday, 9:30AM-12:00PM at the Zionsville American Legion** with instructor Shirley Luttrell. Cost is \$10. Shirley will work with beginner or intermediate students and any medium. **\*Class on Dec. 8 will meet in the St. Vincent Community Room at the Zionsville Town Hall.\***  
**Call BCSSI to register.**

### **Sip & Learn**

Join us on the first Friday of the month at **10:00AM** in the Zionsville Town Hall. **November 6:** TBD **December: CANCELLED.** Snacks provided by the Zionsville Fire Department. **Call BCSSI to register.**



*"Boone County Senior Services,*

*I recently witnessed the very service BCSSI provides when I was in need of transportation to two eye surgery appointments. Both drivers were friendly and very professional. Thank you to your staff for arranging the transportation. I will continue to support BCSSI.*

*Sincerely, Wanda Deal"*

**BCSSI Travel Group  
CHARLESTON  
SOUTH CAROLINA  
April 12-17, 2027**

**\$966 Per Person  
Double Occupancy**

**SIGN-UP:**

**Nov. 16 @ 1pm, In Person  
BCSSI Lebanon Office  
&**

**Nov. 17 Phone Calls Begin**



**Congratulations to Kelly Martin!**

We are always excited and thankful when someone in the BCSSI family wants to try something new for us, and that is the case with Kelly Martin. **Kelly will be the new Director of Outreach and Caregiver Support** upon the retirement of Jessica Evans this fall. We believe that Kelly will pick right up where Jessica leaves off with her unique skills and attention to detail.

## Caregiver's Corner

A bi-monthly newsletter filled with information and resources for people caring for others. If you would like to be placed on the mailing list, contact:

Kelly Martin at 765-482-5220 or 317-873-8939 or

[kmartin@booneseniors.org](mailto:kmartin@booneseniors.org)

**The Caregiver Navigator is available as a fillable PDF or you can still get a FREE hard copy at our office!**

- The PDF can be filled out right on your computer
- Save your progress anytime
- Print when you're ready



## Caregiver Support Group

People caring for people need help & support. Our caregiver support group will provide a safe & nurturing space for caregivers in our community to build relationships, share information & resources, vent frustrations & gain emotional support. You don't have to do it alone! **Turn to page 10 for upcoming dates and location.**



Download available at [www.booneseniors.org](http://www.booneseniors.org)

*Organizing your loved one's healthcare journey.*

Funded in part by:



**National Family Caregivers Month** is celebrated each November and is a time to recognize and honor family caregivers across the country. This year's theme is **Care Connects Us**. Across every condition, every stage and every journey care connects us to our loved ones, to vital information and to one another. Find support, inspiring stories and resources throughout the month.

**Visit [NFCmonth.org](http://NFCmonth.org) to learn more! #CareConnectsUs**

Celebrating Family Caregivers during National Family Caregivers Month enables all of us to:

- Raise awareness of family caregiver issues
- Celebrate the efforts of family caregivers
- Educate family caregivers about self-identification
- Increase support for family caregivers
- Reduce feelings of isolation



Caregiver Action Network is the organization that chooses how to celebrate National Family Caregivers. Go to [www.caregiveraction.org](http://www.caregiveraction.org) for more information.

**#NationalFamilyCaregiversMonth #NFCMonth #familycaregivers**



**Some caregivers  
find themselves  
caring for one  
loved one.  
Amy Bigler has  
cared for many!**

*As an Activities Director in a senior living community, caring for others is part of both her professional*

*and personal life. From her parents to her husband and brother-in-law, caregiving has been a constant thread throughout her journey. In this Heart of a Caregiver, Amy shares the lessons, challenges, and rewards she has discovered along the way.*

**How did you become a caregiver for your loved one?** I have always been a caregiver for my parents...my mom was 40 when I was born so as soon as I graduated college. I became a long-distance caregiver, but when my mom passed suddenly, I became a full-time caregiver for my dad...until his death. I also am currently a caregiver for my husband who has Parkinson's and my brother-in-law that is disabled.

**What advice or tip would you give a fellow caregiver?** You have to make a boundary and stick to it...for instance...I do not go to see my brother-in-law every day, if he needs me, he is to text me. I need time to rest when I am home also.

**What has caregiving taught you?** Life is very short. Take care of yourself, too. If something happens to me, who will take care of them?

**What has been your greatest challenge as a caregiver?** Greatest challenge is being upset with my parents and my sister for dying.

I think it is ok to grieve them and that grief is natural, but many times I am frustrated with my sister for dying and leaving me to care for my brother-in-law. I am not my sister, so sometimes he says things that she would have taken naturally, but it hurts my feelings...and I know sometimes I look just like her and when he sees me it makes him sad to think about her.

**What has been the most rewarding part of caregiving?** Being with my dad when he passed. It was during Covid...no one was allowed to be in CrownPointe because of restrictions. But because I worked there, I could be there when he passed. Also, when my brother-in-law has had health issues and I was able to help him heal. Or when he accomplishes something, he has not been able to do for a while due to his health conditions.

**Would you like to be featured in our next Heart of a Caregiver?** *Caregivers have so much wisdom to share. Your story might be exactly what another caregiver needs to hear.*

**Thanks for all you do...seen & unseen!**  
Jessica Evans, BCSSI Director of Outreach/Caregiver Support

***If you would like to share your caregiver story go to:***

***<https://form.jotform.com/251415037821147>  
or use this QR Code below or contact our office at 765-482-5220.***





## Caregiving is a Lot Like... Doing The Hustle

By: Jessica Evans,  
BCSSI Director of  
Outreach/Caregiver  
Support

I love disco music. I mean, I **LOVE** disco! I own more than one disco ball...that should tell you something. Give me the Bee Gees and the Saturday Night Fever soundtrack...with the volume turned up! There's just something about that music that makes me happy. It's fun. It's a little over the top. And for me, it's impossible to listen to without breaking out my best John Travolta moves.

Maybe for you as a caregiver it isn't disco. Maybe it's gardening, reading, walking, baking, anything to do with old trains, fishing or watching a favorite television show. Whatever it is, you're allowed to enjoy it. You're allowed to laugh, be silly and have fun...**even** when life is difficult.

Having a good moment doesn't mean the hard stuff isn't still there. It just means the hard stuff doesn't get every moment. For me, sometimes all it takes is the opening beat of Stayin Alive.

The worries are still there. The to-do list is still there. But for a little while, I've got my Boogie Shoes on, and if caregiving insists on making me do The Hustle...I might as well pick the music.

## *A Holiday Message of Hope & Gratitude for Caregivers...*

The holidays are a time for love, joy, and togetherness but for caregivers, they can bring extra responsibilities and emotions. As you give so much of yourself to care for others, remember that **you deserve care, kindness, and a little holiday magic, too!**

May this season bring moments of peace, reminders of how much you matter, and the comfort of knowing that the love you share makes a difference every single day. Even the smallest acts of care can create the biggest blessings.

From all of us at **BCSSI**, thank you for the compassion, patience, and love you give to others. You are appreciated more than you know!

**This holiday season, give yourself permission to pause, breathe, and receive a little care, too.** You don't have to do it alone. BCSSI is here to support caregivers in our community throughout the holidays and all year long.

*Wishing you a holiday season  
filled with hope, comfort, and joy—  
you deserve it!*

*~Your friends at BCSSI*



## The Boone County Senior Services Foundation recently added a new leaf to our beautiful Legacy Tree in honor of Valerie Erskine.

Thank you, Valerie, for your commitment to our Legacy Program and trusting the Foundation to use your future donation wisely so we can continue to serve older adults in our community for years to come.



**The BCSSI Friendly Visitor Program is seeking older adults who would enjoy the companionship, conversation, and friendship of a volunteer visitor.**

**For more information contact:**  
Stacie McQuern at 765-482-5220  
sboyer@booneseniors.org



**The BCSSI offices  
will be closed  
Nov. 26-27  
Dec. 4, 23-25, 31  
Jan. 1**



*This includes all personal services  
and transportation services.  
We apologize for any  
inconvenience.*



**Are you a stay at home mom or a retiree looking for a part-time job that will make a positive difference in the life of an older adult?...Then you should join our Personal Services team!**

Interested individuals with experience in homemaking/personal care, should contact **Cindy Hickson**, Director of Personal Services, for more information, or drop off a resume/complete an application at BCSSI.

Openings are for personal service attendants. BCSSI is certified as a Personal Services Agency by the Indiana State Department of Health and is an Equal Opportunity Employer. Background check required.

**Cindy Hickson, Director of Personal Services, 765-482-5220 or 317-873-8939 or [chickson@booneseniors.org](mailto:chickson@booneseniors.org)**

### **Holiday Safety**

Holiday decorations and cooking can quickly become fire hazards if not monitored carefully. Keep candles away from decorations, inspect lights for damage, and never leave cooking unattended. Thank you to the Zionsville Fire Dept. for keeping us informed!

**GIVING  
TUESDAY**



**Help us fill our loaner closet  
with rollators & shower chairs!!!**

**December 1, 2026**

[www.booneseniors.org](http://www.booneseniors.org)

**Can you make our wish come true of having more rollators and shower chairs in our loaner closet by donating through our Amazon Wishlist?**

You can make the purchase through your account and have it shipped directly to us by selecting BCSSI's address before checking out. Or, feel free to contact us and we can help you order it from Amazon. Thank you!!!

*We also welcome donations of used medical equipment.*

# BCSSI Memorial & Honorarium Gifts

## **In Memory of Nancy Reiss**

Barbara Anderson  
Rod & Jean Rose  
Ken & Margie Keene

## **In Memory of Becky Cook**

Barbara Anderson

## **In Memory of Helen Smith**

Carol Duncan

## **In Memory of Dale Dickerson**

Ken & Margie Keene

## **In Memory of Cynthia Merrill**

Judy Cunningham

## **In Memory of Frederick Fritz Faust**

Ron & Marilyn Neese

## **In Memory of Sheldon & Mary Marrs**

Brenda Burkholder

## **In Memory of Linda Napton**

The Ron Neese Family

## **BCSS Foundation Memorials**

### **In Memory of Elmer Parks**

Helen Parks

**In Memory of: Whitney Coons, Norm Smiley,  
Sheldon & Mary Marrs, Dr. Gary French,  
Marianne Werry & Richard Nester**

Hank & Cindy Walters

## **In Memory of Ernie Pyle Chapter of the WWII Roundtable Members:**

- Benny Campbell, U.S. Air Force
- Charles Slaughter, Philippines/Okinawa/  
Purple Heart & Bronze Star medal
- Jim Evans, Battle of the Bulge
- Marion Adams, Italy/France
- Russell Swisher, Marched in Paris Liberation  
Parade/Huertgen Forest/Battle of the Bulge
- George Cox, Channel Crossing torpedo  
survivor/France
- Dr. Robert Coons, combat medic ETO/Purple  
Heart & Silver Star medals
- Alvin Ping, WWII Submarine crewman

*When you donate in memory or honor  
of an individual you are helping  
support the mission of BCSSI. We will  
send an acknowledgement letter to  
the individual or family making them  
aware of your donation in their  
memory/honor.*

## **Donation, Memorial and Honorarium Form**

I would like my donation to be used for (select one below):

\_\_\_\_\_A donation to the Agency \_\_\_\_\_A donation to the Foundation

\_\_\_\_\_A memorial in memory of:\_\_\_\_\_

\_\_\_\_\_An honorarium in honor of: \_\_\_\_\_

Please send notification card to:\_\_\_\_\_

Street Address:\_\_\_\_\_

City, State, Zip:\_\_\_\_\_

**Thank you for your gift. Please mail form with payment to:**

BCSSI, 515 CrownPointe Dr., Lebanon, IN 46052



BOONE COUNTY  
**Transit System**

BOONE COUNTY SENIOR SERVICES

County Wide **ALL** Ages  
**765-482-5220 or 317-873-8939**

Monday-Friday  
 7:30am-4:30pm



*Connecting Generations  
 since 1978*

**Boone Area Transit System Pricing**

*Due to increasing demand please allow 2 weeks notice  
 to book your next transit appointment*

| <b>SENIOR DONATION BASED SERVICES</b>                                                                                | <b>Cost:</b> |
|----------------------------------------------------------------------------------------------------------------------|--------------|
| Inside city limits (unlimited <b>scheduled</b> stops)                                                                | Voluntary    |
| Outside city limits in Boone Co. (unlimited <b>scheduled</b> stops)                                                  | Donations    |
| <b>SENIOR OUTSIDE COUNTY FEES</b>                                                                                    |              |
| Thorntown, Lebanon, Jamestown, Advance to Indy or any other city in the counties surrounding Boone <b>round-trip</b> | \$20.00      |
| Zionsville & Whitestown to Indy or any other city in counties surrounding Boone <b>round-trip</b>                    | \$15.00      |
| <b>Note: Exception to Trip Costs</b>                                                                                 | <b>Add:</b>  |
| <b>Any trip over 30 miles or more one way add \$5.00</b>                                                             | \$5.00       |
| Airport <b>one-way</b> mandatory <b>pay for one person</b>                                                           | \$25.00      |
| Airport <b>one-way</b> mandatory <b>pay for couple, each person pays</b>                                             | \$20.00      |
| <b>PUBLIC</b>                                                                                                        | <b>Cost:</b> |
| Charge each time client boards:                                                                                      | \$4.00       |
| Drive-thru to <b>drop off</b> prescriptions only:                                                                    | N/C          |
| Drive-thru to pick up prescriptions or bank:                                                                         | \$4.00       |
| Outside city limits one-way:                                                                                         | \$6.00       |
| To or From School runs:                                                                                              | \$2.00       |
| Children 4 and younger ride free with a parent ( <i>carseat required</i> )                                           | N/C          |
| <b>MEDICAID</b>                                                                                                      |              |
| Contact VERIDA at <b>1-855-325-7586</b> and request BCSSI be your preferred provider.                                |              |
| <b>MISCELLANEOUS</b>                                                                                                 | <b>Cost:</b> |
| Lunch & Learn Transportation round trip:                                                                             | N/C          |
| Boone County Food Pantries round trip:                                                                               | N/C          |

## NEED HELP WITH YOUR ENERGY BILL?



Contact Area IV  
Agency on Aging and  
Community Action  
Programs, Inc.

How to apply: <http://eap.ihcda.in.gov>

Questions: 765-447-7683, Ext. 400

[eap@areaivagency.org](mailto:eap@areaivagency.org)

660 N. 36th St., Lafayette.

[www.areaivagency.org](http://www.areaivagency.org)

## Need HELP with your Medicare plan comparisons for open enrollment?



317-803-6131

[www.cicoa.org/](http://www.cicoa.org/)  
[adrc@ship](mailto:adrc@ship)

Or, contact: Crystal Cole  
Senior Insurance Solutions  
765-891-0537  
[cdcole333@yahoo.com](mailto:cdcole333@yahoo.com)



## Gleaner's Boone County Mobile Food Pantry

3rd Tuesday  
of each month  
11:00AM-1:00PM

Drive Thru Pick Up  
Boone County 4-H  
Fairgrounds



## Meals on Wheels

Lebanon

317-946-2911

765-894-0010

765-482-4563

Zionsville

317-796-8710

Central Indiana

317-252-5558



## Boone County Health Department Flu Vaccines



**FREE** Flu Vaccines

Ages 6 months and older

Monday-Friday

8:00 a.m. - 4:00 p.m.

Boone County Office Bldg.  
Ste B202

116 W. Washington St., Lebanon

765-482-3942 option 3

*Home visits are available by  
appointment for homebound residents.*



The Alzheimer's Association has a  
wealth of resources available in the  
comfort of your home.

- Virtual Support Groups
- Virtual Education Programs
- Watch Education Programs on demand

24/7 HELPLINE  
1-800-272-3900



*Connecting Generations  
since 1978*

We hope you have enjoyed this issue of Senior Sounds. It is a bi-monthly publication for all Boone County residents age 60 or older and family members and is published by Boone County Senior Services, Inc.

To change your address call (765) 482-5220 or (317) 873-8939. To add a name to the mailing list, please send your \$10 annual donation to defray printing and mailing costs to:

Boone County Senior Services, Inc.  
515 CrownPointe Drive, Lebanon, IN 46052

To receive electronic copies of this newsletter email us at [bcssi@booneseniors.org](mailto:bcssi@booneseniors.org)  
[www.booneseniors.org](http://www.booneseniors.org)

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**Boone County Senior Services, Inc.  
515 CrownPointe Drive  
Lebanon, IN 46052**

**Address service requested**

**Non-Profit Org.  
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Lebanon, IN  
Permit # 205**